

# Ambo

ST. THEodosius ORTHODOX CATHEDRAL



JULY 10, 2022

4TH SUNDAY AFTER PENTECOST

SAINT ANTHONY OF  
THE KIEV CAVES

733 Starkweather Avenue  
Cleveland, Ohio 44113

[www.sttheodosius.org](http://www.sttheodosius.org)

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9AM-2PM, please call ahead

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Sacristan

Subdeacon Igor Gajewsky  
Sacristan

Reader Julius Kovach,  
Ecclesiarch & Choirmaster

Denise "Nisi" Pozderac  
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Mary Swit, Parish Secretary  
1(216) 574-4886  
[StTheodosiusCathedral@protonmail.com](mailto:StTheodosiusCathedral@protonmail.com)  
Office Hours MTWTh  
10:00AM-2:00PM

Paul Zawolowycz  
Ambo Editor

## Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule  
for specific days (last page).

Previous Ambos on website.

Articles for publication  
should be submitted to:

[ambo-theodosius@googlegroups.com](mailto:ambo-theodosius@googlegroups.com)



**Saint Anthony of the Kiev Caves** was born in the year 983 at Liubech, not far from Chernigov, and was named Antipas in Baptism. Possessing the fear of God from his youth, he desired to be clothed in the monastic schema. When he reached a mature age, he wandered until he arrived on Mt. Athos, burning with the desire to emulate the deeds of its holy inhabitants. Here he received monastic tonsure, and the young monk pleased God in every aspect of his spiritual struggles on the path of virtue. He particularly excelled in humility and obedience, so that all the monks rejoiced to see his holy life.

The igumen saw in Saint Anthony the great future ascetic, and inspired by God, he sent him back to his native land, saying, "Anthony, it is time for you to guide others in holiness. Return to your own Russian land, and be an example for others. May the blessing of the Holy Mountain be with you."

Returning to the land of Rus, Anthony began to make the rounds of the monasteries about Kiev, but nowhere did he find that strict life

which had drawn him to Mt. Athos.

Through the Providence of God, Anthony came to the hills of Kiev by the banks of the River Dnieper. The forested area near the village of Berestovo reminded him of his beloved Athos.

There he found a cave which had been dug out by the Priest Hilarion, who later became Metropolitan of Kiev (October 21). Since he liked the spot, Anthony prayed with tears, "Lord, let the blessing of Mt. Athos be upon this spot, and strengthen me to remain here." He began to struggle in prayer, fasting, vigil and physical labor. Every other day, or every third day, he would eat only dry bread and a little water. Sometimes he did not eat for a week. People began to come to the ascetic for his blessing and counsel, and some decided to remain with the saint.

Among Anthony's first disciples was Saint Nikon (March 23), who tonsured Saint Theodosius of the Caves (May 3) at the monastery in the year 1032.

The virtuous life of Saint Anthony illumined the Russian land with the beauty of monasticism.

Saint Anthony lovingly received those who yearned for the monastic life. After instructing them how to follow Christ, he asked Saint Nikon to tonsure them. When twelve disciples had gathered about Saint Anthony, the brethren dug a large cave and built a church and cells for the monks within it.



After he appointed Abbot Barlaam to guide the brethren, Saint Anthony withdrew from the monastery. He dug a new cave for himself, then hid himself within it. There too, monks began to settle around him. Afterwards, the saint built a small wooden church in honor of the Dormition of the Mother of God over the Far Caves.

At the insistence of Prince Izyaslav, the igumen Barlaam withdrew to the Dimitriev monastery. With the blessing of Saint Anthony and with the general agreement of the brethren, the meek and humble Theodosius was chosen as igumen. By this time, the number of brethren had already reached a hundred men. The Kiev Great Prince Izyaslav (+ 1078) gave the monks the hill on which the large church and cells were built, with a palisade all around. Thus, the

renowned monastery over the caves was established. Describing this, the chronicler remarks that while many monasteries were built by emperors and nobles, they could not compare with those which are built with holy prayers and tears, and by fasting and vigil. Although Saint Anthony had no gold, he built a monastery which became the first spiritual center of Rus.

For his holiness of life, God glorified Saint Anthony with the gift of clairvoyance and wonderworking. One example of this occurred during the construction of the Great Caves church. The Most Holy Theotokos Herself stood before him and Saint Theodosius in the Blachernae church in Constantinople, where they had been miraculously transported without leaving their own

monastery. Actually, two angels appeared in Constantinople in their forms (See May 3, the account of the Kiev Caves Icon of the Most Holy Theotokos). Having received gold from the Mother of God, the saints commissioned master architects, who came from Constantinople to the Russian land on the command of the Queen

of Heaven to build the church at the Monastery of the Caves. During this appearance, the Mother of God foretold the impending death of Saint Anthony, which occurred on July 10, 1073.

Through Divine Providence, the relics of Saint Anthony remain hidden.

## VISITATIONS

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation due to COVID, our absence of a rector, or for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason.

He asks that we use the contact number provided should we need anything from him. His phone number and email address are printed on the front of every Ambo, and are repeated here:

Father Jan Cizmar - 1(440) 732-8182 - [st.theodosiuscathedral@gmail.com](mailto:st.theodosiuscathedral@gmail.com)

**ZOE for Life® needs your help!** If you have a background in Accounting and have a few hours a month to help with some basic Financial Statements, please contact Karen Contoveros, cell ph. 440-759-6215. Please consider sharing your time and talent with this essential ministry.

-Thank you

## Exciting Opportunity for Executive Director of Women's Center

We are seeking a Dedicated Christian and a passionate defender of life to serve as the Executive Director of our Women's Center. She should maintain a consistent life affirming belief, have strong interpersonal communication skills, organizational skills, and be comfortable with public speaking and media relations. The Executive Director will be responsible for efficiently guiding the organization in the successful realization and management of the Women's Center, under the guidance of the Board of Directors and Medical Director, adhering to the Mission Statement and Statements of Faith and Principles.

This is a full time position.

Resumes may be sent to: [paulamk@roadrunner.com](mailto:paulamk@roadrunner.com)

## PARISH SPECIAL MEETING ON JULY 17TH

The Parish Council is calling a Special Meeting on Sunday, July 17th.

The two topics are the cemetery road repair plan and the window replacement in the Parish Hall (the one adjacent to the cathedral). As required by the Parish Bylaws, full details have been sent. Please contact the Parish Council if you have not received the information.

Please make whatever arrangements can be made so that you can attend this meeting to guarantee a quorum. Thank you!

## INCOMPLETE RECORDS ISSUE

Fr. Jan has found that there are probably some missing records for Baptisms, Christmations, Marriages, or Funerals from January 2020 until April 2021. Please if you know about any performed sacrament during that time, contact him to record it in the Parish Metric Book. Thankyou.

## PRAYER REQUESTS

as of 7/10/2022

### **Departed:**

**Peter** Petkac

### **Special Intentions:**

**Deacon Paul** Mitchell (*Tom Mitchell's father*)

**Subdeacon Theodore** Lentz

**Reader Paul** Pangrace

**Reader Frank** Tkacz

**Reader Ron** Latre (*cousin of Felons*)

**Dan** Boerio

**Jennifer** Boerio

**Horia** Dascalescu (*Lavinia's brother*)

**Diane** Kearsey (*Janice Tkacz's Sister*)

**Janice** Tkacz

**Eleanor** Wachovec (*friend of Karen Felon*)

**Rachel** Ohlin (*relative of Tatiana*)

**Erin** Zawolowycz

**Mickey** O'Brien (*friend of Arlene*)

**Joe** Czajkowski (*son of Jerry*)

**Carol** Nielsen (*Paul Pangrace's sister*)

**Matthew** Ponomarenko

**Virginia** Medvec

**Stephen** Chwalyk

**Child Benjamin** Udell (*son of Michael and Lacey*)

**Jeffrey** Parhamovich (*brother of Karen Felon*)

**Maggie** Parhamovich (*sister-in-law of Karen Felon*)

**Margaret** "Peg" Peyton (*Cathy's aunt*)

**Kristin** Robinson (*friend of Nicholas Kozak*)

**Jean** Woycitzky Thompson (*Frank's cousin*)

**Child Anna Marie** Luvison (*daughter of Matthew & Katie (Ellis) Luvison*)

**Martha** Musil (*mother of Linda Kovach*)

**Michael** Bowman (*Lydia Mytrohovich's neighbor*)

**Debra** Parhamovich (*sister of Karen Felon*)

**Grace Mary** Parhamovich (*mother of Karen Felon*)

**Peter**

**Andrew** Mytrohovich

**Robbie** Prock

**Gayle** Vidovich

**Phyllis** Gindlesperger

**Jeremy & Yvonne & unborn child**

**Alex** Medvec (*nephew of Virginia Medvec*)

**Lisa** Theodore

**Arlene** Czajkowski

**Athina**

**Betty** Balasz (*friend of Karen Felon*)

**Constantinos**

**David** Dunn

**Bryony** Stroud-Watson

**Amelia**

Please submit names to the Prayer List by  
emailing them to  
[ambo-theodosius@googlegroups.com](mailto:ambo-theodosius@googlegroups.com)

Names remain on the list for 30 days unless  
requested otherwise.

## BIBLE READINGS FOR THE WEEK

### Sunday, July 10

Wisdom of Solomon 3:1-9  
 Wisdom of Solomon 5:15-6:3  
 Wisdom of Solomon 4:7-15  
 Luke 24:1-12  
 Galatians 5:22-6:2  
 Matthew 4:25-5:12  
 Romans 6:18-23  
 Matthew 8:5-13

### Monday, July 11

Romans 12:4-5, 15-21  
 Matthew 12:9-13

### Tuesday, July 12

Romans 14:9-18  
 Matthew 12:14-16, 22-30

### Wednesday, July 13

Romans 15:7-16  
 Matthew 12:38-45

### Thursday, July 14

Romans 15:17-29  
 Matthew 12:46-13:3

### Friday, July 15

3[1] Kings 8:22-23, 27-30  
 Isaiah 61:10-62:5  
 Isaiah 60:1-16  
 John 10:9-16  
 Galatians 1:11-19  
 John 10:1-9  
 Romans 16:1-16  
 Matthew 13:4-9

### Saturday, July 16

Romans 8:14-21  
 Matthew 9:9-13

### Sunday, July 17

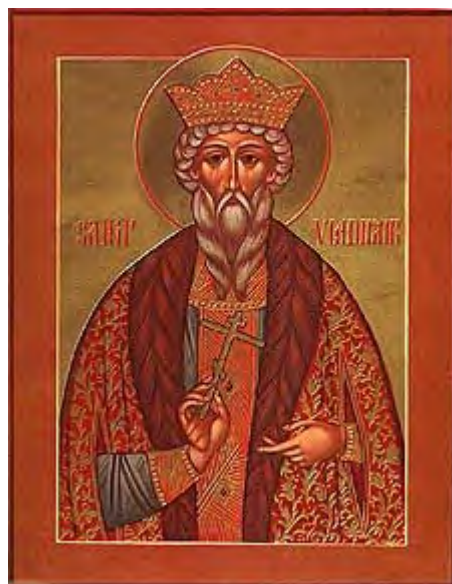
Genesis 14:14-20  
 Deuteronomy 1:8-11, 15-17  
 Deuteronomy 10:14-21  
 Luke 24:12-35  
 Hebrews 13:7-16  
 John 17:1-13  
 Romans 10:1-10  
 Matthew 8:28-9:1

## ST. THEodosius IS NOW A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



## WEEKLY SCHEDULE 2022



### **Sunday, July 10**

Venerable Anthony of the Kiev Far Caves, Founder of Monasticism in Russia  
 8:40 AM 3rd and 6th Hours read  
 9:00 AM Divine Liturgy  
 Coffee Hour

### **Monday, July 11**

Finding of the Relics of Saint Hilarion, Archbishop of Verey (1998)

### **Tuesday, July 12**

Martyrs Proclus and Hilary of Ancyra (2nd c.)

### **Wednesday, July 13**

Synaxis of the Archangel Gabriel. Ven. Stephen of St. Savva Monastery (794)

**Thursday, July 14**  
 Apostle Aquila of the Seventy (1st c.)

**Friday, July 15**  
 Holy Great Prince Vladimir (Basil in Baptism), Equal of the Apostles, and Enlightener of Rus' (1015)  
**9:00 AM Divine Liturgy**

**Saturday, July 16**  
 Hieromartyr Athenogenes, Bishop of Heracleopolis, and his ten disciples (ca. 311)  
 6:00 PM Great Vespers

**Sunday, July 17**  
**Fathers of the 1st Six Ecumenical Councils**  
 8:40 AM 3rd and 6th Hours read  
 9:00 AM Divine Liturgy  
**Special Parish Meeting**  
 Coffee Hour to follow