

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL

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Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

ambo-theodosius@googlegroups.com

NOVEMBER 5, 2023

22ST SUNDAY OF PENTECOST

MARTYRS GALACTION AND HIS
WIFE, EPISTEMIS, AT EMESA



The Synaxis of the Chief of the Heavenly Hosts, Archangel Michael and the Other Heavenly Bodiless Powers: Archangels Gabriel, Raphael, Uriel, Selaphiel, Jehudiel, Barachiel, and Jeremiel was established at the beginning of the fourth century at the Council of Laodicea, which met several years before the First Ecumenical Council. The 35th Canon of the Council of Laodicea condemned and denounced as heretical the worship of angels as gods and rulers of the world, but affirmed their proper veneration. A Feastday was established in November, the ninth month after March (with which the year began in

ancient times) since there are Nine Ranks of Angels. The eighth day of the month was chosen for the Synaxis of all the Bodiless Powers of Heaven since the Day of the Dread Last Judgment is called the Eighth Day by the holy Fathers. After the end of this age (characterized by its seven days of Creation) will come the Eighth Day, and then "the Son of Man shall come in His Glory and all the holy Angels with Him" (Mt. 25:31).

The Angelic Ranks are divided into three Hierarchies: highest, middle, and lowest.

The Highest Hierarchy includes: the Seraphim, Cherubim and Thrones.

The six-winged SERAPHIM (Flaming, Fiery) (Is 6:2) stand closest of all to the Most Holy Trinity. They blaze with love for God and kindle such love in others.

The many-eyed CHERUBIM (outpouring of wisdom, enlightenment) (Gen 3:24) stand before the Lord after the Seraphim. They are radiant with the light of knowledge of God, and knowledge of the mysteries of God.

Through them wisdom is poured forth, and people's minds are enlightened so they may know God and behold His glory.

The THRONES (Col 1:16) stand after the Cherubim, mysteriously and incomprehensibly bearing God through the grace given them for their service. They are ministers of God's justice, giving to tribunals, kings, etc. the capacity for righteous judgment.

The Middle Angelic Hierarchy consists of three Ranks: Dominions, Powers, and Authorities:

DOMINIONS (Col 1:16) hold dominion over the angels subject to them. They instruct the earthly authorities, established by God, to rule wisely, and to govern their lands well. The Dominions teach us to subdue sinful impulses, to subject the flesh to the spirit, to master our will, and to conquer temptation.

POWERS (1 Pet 3:22) fulfill the will of God without hesitation. They work great miracles and give the grace of wonderworking and clairvoyance to saints pleasing to God. The Powers assist people in fulfilling obediences. They also encourage them to be patient, and give them spiritual strength and fortitude.

AUTHORITIES (1 Pet 3:22, Col 1:16) have authority over the devil. They protect people from demonic temptations, and prevent demons from harming people as they would wish. They also uphold ascetics and guard them, helping people in the struggle with evil thoughts.

The Lowest Hierarchy includes the three Ranks: Principalities, Archangels, and Angels:

PRINCIPALITIES (Col 1:16) have command over the lower angels, instructing them in the fulfilling of God's commands. They watch over the world and protect lands, nations and peoples. Principalities instruct people to render proper honor to those in authority, as befits their station. They teach those in authority to

use their position, not for personal glory and gain, but to honor God, and to spread word of Him, for the benefit of those under them.

ARCHANGELS (1 Thess 4:16) are messengers of great and wondrous tidings. They reveal prophecies and the mysteries of the faith. They enlighten people to know and understand the will of God, they spread faith in God among the people, illuminating their minds with the light of the Holy Gospel.

ANGELS (1 Pet 3:22) are in the lowest rank of the heavenly hierarchy, and closest to people. They reveal the lesser mysteries of God and His intentions, guiding people to virtuous and holy life. They support those who remain steadfast, and they raise up the fallen. They never abandon us and they are always prepared to help us, if we desire it.

All the Ranks of the Heavenly Powers are called angels, although each has its own name and position by virtue of their service. The Lord reveals His will to the highest ranks of the angels, and they in turn inform the others.

Over all the Nine Ranks, the Lord appointed the Holy Archangel Michael (his name in Hebrew means "who is like unto God"), the faithful servitor of God, as Chief Commander. He cast down from Heaven the arrogantly proud Lucifer and the other fallen spirits when they rebelled against God. Michael summoned the ranks of angels and cried out, "Let us attend! Let us stand aright before our Creator and do not consider doing what is displeasing unto God!"

According to Church Tradition, and in the church services to the Archangel Michael, he participated in many other Old Testament events.

During the Exodus of the Israelites from Egypt he went before them in the form of a pillar of cloud by day and a pillar of fire by night. Through him the power of the Lord was made manifest, annihilating the Egyptians and Pharaoh who were in pursuit of the Israelites. The Archangel Michael defended Israel in all its misfortunes.

He appeared to Joshua Son of Navi and revealed the will of the Lord at the taking of Jericho (Josh 5:13-16). The power of the great Chief Commander of God was manifest in the annihilation of the 185,000 soldiers of the Assyrian emperor Sennacherib (4/2 Kings 19:35);

also in the smiting of the impious leader Heliodorus (2 Macc. 3: 24-26); and in the protection of the Three Holy Youths: Ananias, Azarias and Misail, thrown into the fiery furnace for their refusal to worship an idol (Dan 3:22-25).

Through the will of God, the Chief Commander Michael transported the Prophet Habbakuk (December 2) from Judea to Babylon, to give food to Daniel in the lions' den (Dan. 14:33-37).

The Archangel Michael disputed with the devil over the body of the holy Prophet Moses (Jude 1:9).

The holy Archangel Michael showed his power when he miraculously saved a young man, cast into the sea by robbers with a stone about his neck on the shores of Mt Athos. This story is found in the Athonite Paterikon, and in the Life of Saint Neophytus of Docheiariou (November 9).

From ancient times the Archangel Michael was famed for his miracles in Rus. In the Volokolamsk Paterikon is a narrative of Saint Paphnutius of Borov with an account of Tatar tax-gatherers concerning the miraculous saving of Novgorod the Great: "Therefore Great Novgorod was never taken by the Hagarenes... when... for our sins the godless Hagarene emperor Batu devoured and set the Russian land aflame and came to Novgorod, and God and the Most Holy Theotokos shielded it with an appearance of Michael the Archangel, who forbade him to enter into it. He [Batu] was come to the Lithuanian city and came toward Kiev and saw the stone church, over the doors of which the great Archangel Michael had written and spoken to the prince his allotted fate, 'By this we have forbidden you entry into Great Novgorod'."

Intercession for Russian cities by the Most Holy Queen of Heaven always involved Her appearances with the Heavenly Hosts, under the leadership of the Archangel Michael. Grateful Rus acclaimed the Most Pure Mother of God and the Archangel Michael in church hymns. Many monasteries, cathedrals, court and merchant churches are dedicated to the Chief Commander Michael.

In old Kiev at the time of the accepting of Christianity, a cathedral of the Archangel was built, and a monastery also was named for him. Archangel cathedrals are found at Smolensk, Nizhni Novgorod, Staritsa, at Great

Ustiug (beginning of the thirteenth century), and a cathedral at Sviyazhsk. In Rus there was not a city where there was not a church or chapel dedicated to the Archangel Michael.

One of the chief temples of the city of Moscow, the burial church in the Kremlin, is dedicated to him. Numerous and beautiful icons of the Chief Commander of the Heavenly Hosts are also in his Cathedral. One of these, the Icon "Blessed Soldiery," was painted in the Dormition Cathedral of the Moscow Kremlin. The saintly soldiers, Russian princes, are depicted under the leadership of the Archangel Michael.

We invoke Saint Michael for protection from invasion by enemies and from civil war, and for the defeat of adversaries on the field of battle. He conquers all spiritual enemies.

Holy Scripture and Tradition give us the names of the Archangels:

Gabriel: strength (power) of God, herald and servitor of Divine omnipotence (Dan 8:16, Luke 1:26). He announces the mysteries of God.

Raphael: the healing of God, the curer of human infirmities (Tobit 3:16, 12:15)

Uriel: the fire or light of God, enlightener (2 Esdras 5:20). We pray for him to enlighten those with darkened minds.

Selaphiel: the prayer of God, impelling to prayer (2 Esdras 5:15). He prays to God for mankind.

Jehudiel: the glorifying of God, encouraging exertion for the glory of the Lord and interceding for the reward of efforts.

Barachiel: distributor of the blessings of God for good deeds, entreats the mercy of God for people.

Jeremiel: the raising up to God (2 Esdras 4:36)

On icons the Archangels are depicted in according to the character of their service:

Michael tramples the devil underfoot, and in his left hand holds a green date-tree branch, and in his right hand a spear with a white banner on which is outlined a scarlet cross, or sometimes a fiery sword.

Gabriel with a branch from Paradise, presented by him to the Most Holy Virgin, or with a shining lantern in his right hand and with a mirror made of jasper in his left.

Raphael holds a vessel with healing medications in his left hand, and with his right hand leads Tobias, carrying a fish for healing (Tobit 5-8).

Uriel in his raised right hand holds a naked sword at the level of his chest, and in his lowered left hand "a fiery flame."

Selaphiel in a prayerful posture, gazing downwards,

hands folded on the chest.

Jehudiel holds a golden crown in his right hand, in his left, a whip of three red (or black) thongs.

Barachiel is shown with a white rose on his breast.

Jeremiel holds balance-scales in his hand.

Each person has a guardian angel (Matt 18:10), and every nation also receives its own guardian angel from God (Dan. 10:13). When a church is consecrated, it also receives a guardian angel (Palladius, Dial. Ch. 10).

VISITATIONS

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason. His phone number and email address are printed on the front of every Ambo, and are repeated here:

Father Jan Cizmar - 1(440) 732-8182 - st.theodosiuscathedral@gmail.com

ST. THEODOSIUS ORTHODOX CHRISTIAN CATHEDRAL

THE CHRISTIAN WAY OF LIFE ACCORDING TO OUR CHURCH FATHERS

November 1 Fear of God

November 15 Obedience

November 20 Despondency

November 29 Struggle

December 12 Stillness

Each class will follow a worship service beginning
at 6:00 PM

Boys' Night Out

Gents, it's once again time for the pre-Nativity fast Boys' Night Out!

Mark your calendars **for Sunday November 12, 5PM, at**

The Treehouse in Tremont

820 College Ave., at the corner of College and Professor, just a short walk from the Cathedral.

PLEASE let Dan Morris know if you plan to make it - we do need a headcount!



THE ALTAR SOCIETY CHRISTMAS COOKIE WALK WILL BE HERE BEFORE WE KNOW IT!

Can you help make it a success? Our group baking sessions held in the Parish

Center will begin at 9:30A.M. on

Monday, October 23rd

Friday, October 27th

Monday, November 6th

Friday, November 10.

Call Susan Lentz 216-258-8048, Joyce Tabeling 216-408-7187 or LaVerne Jacobson 440-845-5115 to say YES!

The list for Individual parish bakers will be posted in the Parish Center on November 5th.



Consider Sponsoring Coffee Hour!

For those who would like to HELP with Coffee Hour but don't cook, you can now sponsor a Coffee Hour! By donating \$65 you can sponsor a Coffee Hour, just put it in a white envelope marked "coffee hour" and place it in the collection basket or coffee hour basket in the Hall.

Q4 2023 Coffee Hour Sign-Up

Questions/Concerns: Cathy Weber (412-215-1928)

Oct 29 Cathy and Tammy

Nov 5 CHILI COOKOFF

(Sponsored by event committee)

Nov 12 Sarah and Mike Brennan

Nov 19 (Fast Week) M.Jana

Nov 26 (Fast Week) Dan & Lavinia

Dec 3 (Fast Week) Joyce and Judy

Dec 10 (Fast Week) Nikol and M.Cindy

Dec 17 (Fast Week) Gayle/Wayne/Shawna

Dec 24 (Fast Week) Sponsored by: Una Alexandrovic

Dec 31 M.Jana



Theotokos of Vladimir

**EASTERN ORTHODOX WOMEN'S GUILD
OF GREATER CLEVELAND
UNITY THROUGH PARTICIPATION**

*"O give thanks to the Lord, for he is good, for his steadfast
love endures forever!" Psalm 107:1*



**Saturday, November 11, 2023
10:00 A.M.**

**St. Demetrios Greek Orthodox Church
22909 Center Ridge Road
Rocky River, OH 44116**

- ♥ **Fellowship and Refreshments**
- ♥ **Distribute gifts** for Nursing Home and shut-in parishioners
- ♥ **Speaker and Topic – Joanne Stoyka – Touring the Eastern Orthodox Churches in Eastern Europe**



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Middle / Senior HS girls
fellowship and devotional group

Material: *Woven: An Interactive Book for the Modern Teenage Girl on Orthodox Christianity*

By the Metropolis of Atlanta's Family Life Ministry,
available through Ancient Faith

Starting November, 2023

1st sessions Nov 13 and Nov 27, 6:30-7:30pm

Remaining dates TBD

Location: Holy Trinity Orthodox Church

6822 Broadview Rd, Parma, OH

Contact: Mat Jen Moore

Jenlewis82@hotmail.com

765 480 8801

Lots & lots of upcoming opportunities for Orthodox fellowship!

Please be informed of the following:

- 1) This Weekend (Away) - Spots are still available at the 2023 Young Adult Retreat @ Camp Nazareth! Visit tinyurl.com/vafall2023 for details.
- 2) This Saturday (Local) - Fellowship dinner at the Farage Home in Fairlawn @ 4:30 p.m. Contact Fr. Nick at nmanuel@annunciationakron.org for the address and more details.
- 3) This Monday, October 30th - Movie Monday and YAL (Young Adult League) ally their Forces in a belated "OXI Day" celebration in the Cultural Hall to screen *The Guns of Navarone* (1961, 2 hours & 38 minutes.) A team of Allied soldiers, disguised as Greek fishermen, must infiltrate a Nazi-occupied Greek island to destroy two enormous field guns that prevent the rescue of POWs. Filmed on location on the island of Rhodes. This Oscar-winning film stars Gregory Peck, Anthony Quinn, and Irini Pappas. Enjoy Greek meze & 'shots during shots'. This event is at St. Demetrios Church (22909 Center Ridge Rd, Rocky River, 44116).
- 4) Monday, November 6th - Orthodoxy on Tap at The Chop House, 9519 E Market St, Warren, OH 44484 at 7:30 p.m.
- 5) Wednesday, November 8th - Man of God (St. Nektarios Biopic) showing at Sts. Constantine & Helen, Cleveland Heights. Potluck at 6PM, movie at 6:45 PM. Special Note: Courtesy of our friends at Annunciation, Cleveland, a relic of the saint will be available for veneration. Questions? Contact tcherpas@stsconstantine.com
- 6) Saturday, November 11th - St. Kyranna Cooking Class at Sts. Constantine & Helen, Cleveland Heights. Vespers @ 5pm; class @ 6pm.
- 7) Saturday, December 2nd (North) - Taverna Night at Sts. Constantine & Helen, Cleveland Heights. Visit <https://form.jotform.com/232823569991167> for details.
- 8) Saturday, December 2nd (South) - St. Kyranna Cooking Class at Annunciation, Akron. Vespers @ 4pm; class @ 5pm.

Cheers,

REAL Cleveland

PRAYER REQUESTS

as of 11/5/2023

Deceased

George (cousin of N. Cambouris)

Irene Hrywko

Special Intentions:

Fr. Micah Chisholm

Subdeacon Theodore Lentz

Subdeacon Roger Pinta

Subdeacon Leon Felon

Reader Paul Pangrace

Reader Frank Tkacz

Stephan Chwalyk

Horia Dascalescu (Lavinia's brother)

Diane Kearsey (Janice Tkacz's Sister)

Janice Tkacz

Eleanor Wachovec (friend of Karen Felon)

Rachel Ohlin (relative of Tatiana)

Erin Zawolowycz

Carol Nielsen (Paul Pangrace's sister)

Virginia Medvec

Jeffrey Parhamovich (brother of Karen Felon)

Margaret Parhamovich (sister-in-law of Karen Felon)

Margaret Peyton (Cathy's aunt)

Jean Woycitzky Thompson (Frank's cousin)

Anna Marie Luvison (daughter of Matthew & Katie (Ellis) Luvison)

Debra Parhamovich (sister of Karen Felon)

Grace Mary Parhamovich (mother of Karen Felon)

Gayle Vidovich

Elizabeth Balasz

Christina Hile (Nisi & Cindy's sister)

Lonnie Ellis (Husband to Debra Ellis)

Robert Martin Prock

Valentina Zawolowycz (mother of Paul Z)

Mark

Michael Kapeluck (friend of Cathy)

Jack Zimmerman (Uncle to Cindy Zdinak, Nisi Pozdarec and Father John Zdinak)

Robert McKay (friend of Andrew Myrtrohovic)

Gwyneth Seddon (daughter of Eric and Elisa)

Paul Eppelle (father-in-law of Lauren Eppelle)

Elena Rich (Jerry Czajkowski's daughter)

Aaron and Nadine Drummond (Ellis) & unborn child

Wasył Miroewski (Uncle of Tim Closs)

Amelia Thombs (Sister of Ethan)

Milan Shumkaroff (friend of Cindy Zdinak)

Bernadette Seddon (daughter of Eric and Elisa)

Jeanine

Martha (friend of Linda Kovach)

Please submit names to the Prayer List by emailing them to **Fr. Jan Cizmar**

st.theodosiuscathedral@gmail.com

Or calling at 1(440) 732-8182

Names remain on the list for 30 days unless requested otherwise.

ST. THEODOSIUS IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



UPCOMING SOCIAL EVENTS

- November 5th—Chili Cook Off
- December 17th—Annual Christmas Choir Concert



REMINDER: FAITH ENRICHMENT BOOK STUDY

Faith Enrichment is covering the book *Orthodox Christian Reflections on the Wisdom of Sirach*
Thursdays at the Parish Hall at 11:00 AM. Two days remaining: 11/2, 11/9

Fr. Emilian Hutnyan from St. Andrew Orthodox Church invites all to join them in celebrating the Patronal Feast Day of the **Holy Apostle Andrew, the First-Called** on November 30 at 10am. Fasting meal will be provided in the parish hall. If you plan to attend please sign up in the parish hall, or notify Fr. Jan.

Sunday, November 5

22nd Sunday after Pentecost
Martyrs Galaction and his wife, Epistemis, at Emesa (3rd c.)
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour

Monday, November 6

St. Paul the Confessor, Archbishop of Constantinople (350)

Tuesday, November 7

Holy 33 Martyrs of Melitene
6:00 PM Great Vespers

Wednesday, November 8

Synaxis of the Archangel Michael and the other Bodiless Powers: Archangels Gabriel, Raphael, Uriel, Selaphiel, Jegudiel, and Barachiel
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy

**WEEKLY
SCHEDULE
2023**



Thursday, November 9

Martyrs Onesiphorus and Porphyrius of Ephesus (3rd-4th c.)
11:00 AM Faith Enrichment

Friday, November 10

Apostles of the Seventy: Erastus, Olympas, Herodion, Sosipater, Quartus, and Tertius (1st c.)

Saturday, November 11

Martyrs Menas of Egypt (304)
4:45 PM Church School
6:00 PM Great Vespers

Sunday, November 12

Saint Varnava (Nastic) (1964)
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour