

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL

733 Starkweather Avenue
Cleveland, Ohio 44113

www.sttheodosius.org

Father Jan Cizmar
1(440) 732-8182
st.theodosiuscathedral@gmail.com

Office Hours TWTh
9AM-2PM, please call ahead

Subdeacon Michael Tabeling,
Sacristan

Subdeacon Igor Gajewsky
Sacristan

Reader Julius Kovach,
Ecclesiarch & Choirmaster

Denise "Nisi" Pozderac
dpozderac.tlc@gmail.com
Parish Council President

Mary Swit, Parish Secretary
1(216) 574-4886
StTheodosiusCathedral@protonmail.com
Office Hours MTWTh
10:00AM-2:00PM

Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

ambo-theodosius@googlegroups.com

NOVEMBER 26, 2023

25TH SUNDAY OF PENTECOST

VENERABLE ALYPIUS



Saint Alypius the Stylite was born in the city of Adrianopolis in Paphlagonia. His mother, a Christian, was widowed early, and she sent her son to be educated by Bishop Theodore. She distributed her substance to the poor, then began to live an ascetic life near the church as a deaconess.

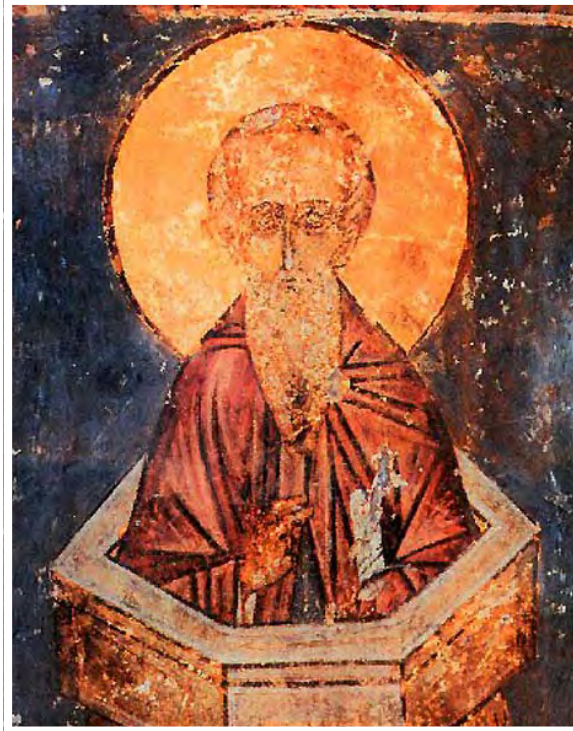
Saint Alypius, from his early years, wanted to devote his life to God and yearned for the solitary life, although Bishop Theodore

would not give him permission to do so. Once, when Saint Alypius was accompanying his bishop to Constantinople, the holy Martyr Euphemia (September 16) appeared to him in a vision, summoning Saint Alypius to return to Adrianopolis and found a church in her name.

With contributions offered by believers in Adrianopolis, Saint Alypius did build a church in the name of the holy Martyr Euphemia, on the site of a dilapidated pagan temple infested by legions of devils. Beside the church, under the open sky, the saint erected a pillar over a pagan tomb. For fifty-three years Saint Alypius struggled upon the pillar, praying to God and teaching those who came to him.

The demons which infested the pagan cemetery fell upon the ascetic by night and pelted him with stones. Saint Alypius, wanted nothing to stand in the way of the attacks of the spirits of darkness, then even took down the boards that served him as a roof, protecting him from the rain and wind. In the face of the saint's conquering steadfastness, the demons forever fled the

place, which had been sanctified by his deed of voluntary martyrdom.



Fourteen years before his death, Saint Alypius was no longer able to stand. He was compelled to lie on his side because of the weakness of his legs, and endured grievous sufferings with humble gratitude. Around the saint's pillar two monasteries sprang up: a men's monastery on the one side, and a women's monastery on the other. Saint Alypius introduced strict monastic rules for both monasteries and he directed both monasteries until his death. Saint Alypius reposed in the year 640, at age 118. The body

of the venerable stylite was buried in the church he founded in honor of the holy Martyr Euphemia. The relics of the saint of God healed many of those who came in faith.

VISITATIONS

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason. His phone number and email address are printed on the front of every Ambo, and are repeated here:

Father Jan Cizmar - 1(440) 732-8182 - st.theodosiuscathedral@gmail.com

Time to Bake for the Annual Christmas Cookie Walk

The sign-up sheet for all bakers is posted in the Parish Hall.

Add your name and the cookies you will make to the list.

Bake early and put your cookies in the freezer, OR bring them before **noon on December 8th.**

If you have any questions, call Susan Lentz 216-258-8048,

Joyce Tabeling 216-408-7187,

or LaVerne Jacobson 440-845-5115.





Theotokos of Vladimir

**EASTERN ORTHODOX WOMEN'S GUILD
OF GREATER CLEVELAND**

UNITY THROUGH PARTICIPATION

"Make ready, O Bethlehem, for Eden hath been opened."

Saturday, December 9, 2023

@ 10:00 A.M.

**St. Innocent Church
8526 Usher Road
Olmsted Falls, OH 44138**



- Fellowship and refreshments
- **Presentation by Father Peter Simko**
- **Understanding the roles of Deacons, Subdeacons, and Readers**

ST. THEODOSIUS ORTHODOX CHRISTIAN CATHEDRAL

**THE CHRISTIAN WAY OF LIFE
ACCORDING TO OUR CHURCH FATHERS**

November 1 Fear of God

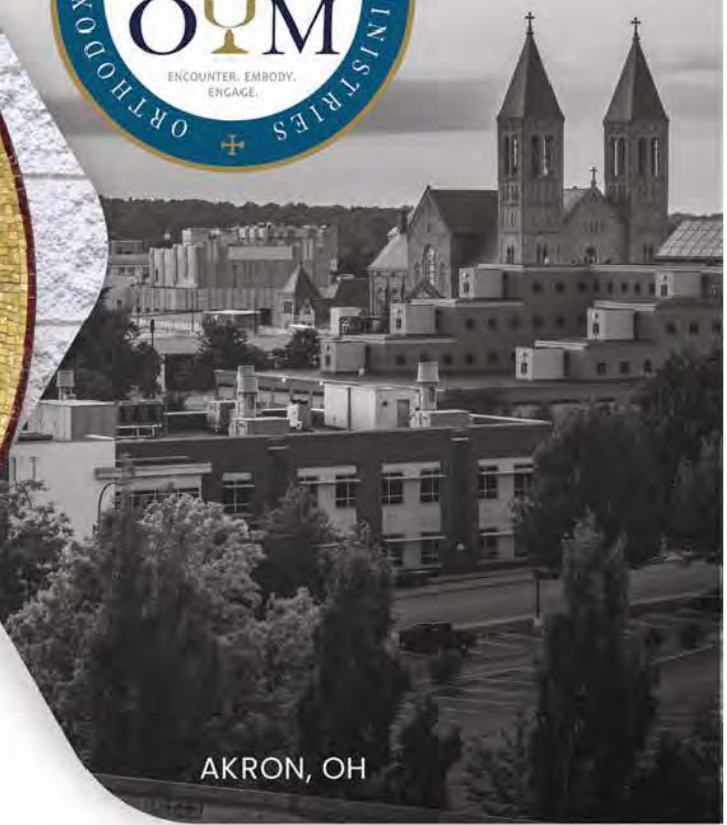
November 15 Obedience

November 20 Despondency

November 29 Struggle

December 12 Stillness

**Each class will follow a worship service beginning
at 6:00 PM**



AKRON, OH

3ETREAT

A Pan-Orthodox Retreat **ENCOUNTER. EMBODY. ENGAGE.**

JOIN US FOR OUR AKRON, OH 3ETREAT!

Join us for a Pan-Orthodox retreat and learn what it means to come home to the self, come home to the household of God and be ambassadors of Christ's love in the world.



LOCATION

St. Nicholas Orthodox Church
755 S. Cleveland Ave.
Mogadore, OH 44260



DATES

Dec. 9, 2023



WHO'S INVITED

Adults: Parents, youth workers, clergy, young adults
Youth: Grades 6-12

REGISTRATION CLOSING DEC. 4. REGISTER TODAY!

TO REGISTER VISIT WWW.THEOYM.ORG/EVENTS OR SCAN HERE



Middle / Senior HS girls
fellowship and devotional group

Material: *Woven: An Interactive Book for the Modern Teenage Girl on Orthodox Christianity*

By the Metropolis of Atlanta's Family Life Ministry,
available through Ancient Faith

Starting November, 2023

1st sessions Nov 13 and Nov 27, 6:30-7:30pm

Remaining dates TBD

Location: Holy Trinity Orthodox Church

6822 Broadview Rd, Parma, OH

Contact: Mat Jen Moore

Jenlewis82@hotmail.com

765 480 8801

**Upcoming Opportunities for
Orthodox fellowship!**

*Saturday, December 2nd (North) -
Taverna Night at Sts. Constantine &
Helen, Cleveland Heights. Visit

<https://>

form.jotform.com/232823569991167

for details.

*Saturday, December 2nd (South) - St.
Kyranna Cooking Class at Annuncia-
tion, Akron. Vespers @ 4pm; class @
5pm.

Cheers,

REAL Cleveland

THE MERRICK HOUSE ANGEL TREE IS UP!

Once again, we will be giving to children who are not as well off as many others. We ask that you take a tag, sign the sheet, purchase a gift (\$40 or more), and **bring them all to church NO later than Sunday 12/10**. More tags have been added.

Gift distribution will be Wednesday, 12/13 at 6:00 PM at 1050 Starkweather Ave. All are welcome to attend the distribution. Any questions, please see Dan Morris. Thank you, and may God bless you for your love!



Consider Sponsoring Coffee Hour!

For those who would like to HELP with Coffee Hour but don't cook, you can now *sponsor* a Coffee Hour! By donating **\$65** you can sponsor a Coffee Hour, just put it in a white envelope marked "coffee hour" and place it in the collection basket or coffee hour basket in the Hall.

Q4 2023 Coffee Hour Sign-Up

Questions/Concerns: Cathy Weber (412-215-1928)

Nov 26 Dan & Lavinia

Dec 3 Joyce and Judy

Dec 10 Nikol and M.Cindy

Dec 17 Gayle/Shawna

Dec 24 M. Jana

Dec 31 Gayle (Sponsored by Una & John)

Sponsored by the
Fellowship of Orthodox Christians in America



ST. NICHOLAS WISH LIST PROGRAM

For over 24 years the FOCA has gathered wish lists from married students at St. Tikhon's and St. Vladimir's Seminaries (gift card donations are sent to St. Herman's of Alaska). These lists are filled by parishes, chapters, or individuals from around the country. In those 24 years, we have fulfilled the wishes of over 1,000 seminarian families and have donated over \$120,000 to the married seminarians families at St. Herman's seminary.

HOW CAN YOU HELP?

Parish/Chapter

- Hold a fundraiser to purchase items on the list
- Make a paper tree and place ornaments of the wanted items for parishioners to take, they purchase and return items by a given date
- Hold a gift card collection - ask for donations from the list below

OBTAIN A LIST by emailing michaelsteffaro@comcast.net

Monetary donations should be made payable to the FOCA
Gift card donations should be sent to Barb and Leon Sheean

733 Starkweather Ave. Cleveland, OH
sheean@att.net 216 371 1173

All wish list items **MUST BE
DELIVERED TO THE SEMINARY BY
DECEMBER 3rd**

***If you live in the New Jersey area you
can drop them off at the Steffaro home
by December 4th***

Gift Cards Needed:

- Amazon
- Target
- Walmart
- Khols
- Barnes and Noble

PRAYER REQUESTS

as of 11/26/2023

Special Intentions:

Fr. Micah Chisholm

Subdeacon Theodore Lentz

Subdeacon Roger Pinta

Subdeacon Leon Felon

Reader Paul Pangrace

Reader Frank Tkacz

Stephan Chwalyk

Horia Dascalescu (*Lavinia's brother*)

Diane Kearsey (*Janice Tkacz's Sister*)

Janice Tkacz

Eleanor Wachovec (*friend of Karen Felon*)

Rachel Ohlin (*relative of Tatiana*)

Erin Zawolowycz

Carol Nielsen (*Paul Pangrace's sister*)

Virginia Medvec

Jeffrey Parhamovich (*brother of Karen Felon*)

Margaret Parhamovich (*sister-in-law of Karen Felon*)

Margaret Peyton (*Cathy's aunt*)

Jean Woycitzky Thompson (*Frank's cousin*)

Anna Marie Luvison (*daughter of Matthew & Katie
(Ellis) Luvison*)

Debra Parhamovich (*sister of Karen Felon*)

Grace Mary Parhamovich (*mother of Karen Felon*)

Gayle Vidovich

Elizabeth Balasz

Christina Hile (*Nisi & Cindy's sister*)

Lonnie Ellis (*Husband to Debra Ellis*)

Robert Martin Prock

Valentina Zawolowycz (*mother of Paul Z*)

Mark

Michael Kapeluck (*friend of Cathy*)

Jack Zimmerman (*Uncle to Cindy Zdinak, Nisi Pozdarec and Father John Zdinak*)

Robert McKay (*friend of Andrew Myrtrohovic*)

Gwyneth Seddon (*daughter of Eric and Elisa*)

Paul Eppel (*father-in-law of Lauren Eppel*)

Elena Rich (*Jerry Czajkowski's daughter*)

Aaron and Nadine Drummond (*Ellis*) & unborn child

Wasył Miroewski (*Uncle of Tim Clos*)

Amelia Thombs (*Sister of Ethan*)

Milan Shumkaroff (*friend of Cindy Zdinak*)

Jeanine

Martha (*friend of Linda Kovach*)

Elizabeth Ballasz

Teodor Stroie (*father-in-law of Fr. Petru*)

Andrea Hochmann (*Clos*)

Please submit names to the Prayer List by emailing them to Fr. Jan Cizmar
st.theodosiuscathedral@gmail.com

Or calling at 1(440) 732-8182

Names remain on the list for 30 days unless requested otherwise.

ST. THEODOSIUS IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



St. Theodosius Orthodox Christian Cemetery

8200 Biddulph Rd., Brooklyn OH 44144 • Paul Webb, Cemetery Manager 216-296-9739

Grave Prices

Effective January 2024

All graves \$2,100.00 + \$400.00 perpetual care fee = \$2,500.00 total

All infant graves \$ 1000.00

Fr. Emilian Hutnyan from St. Andrew Orthodox Church invites all to join them in celebrating the Patronal Feast Day of the **Holy Apostle Andrew, the First-Called** on November 30 at 10am. Fasting meal will be provided in the parish hall. If you plan to attend please sign up in the parish hall, or notify Fr. Jan.

Sunday, November 26

25th Sunday after Pentecost
The Righteous Gideon. Ven. Alypius
the Stylite of Adrianopolis (7th c.)
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour

Monday, November 27

Greatmartyr James the Persian (421)

Tuesday, November 28

Monastic Martyr and Confessor Stephen the New of Mt. St. Auxentius, Martyrs Basil, Stephen, two Gregories, John, Andrew, Peter, Anna, and many others (767)
6:00 PM Kievan Chant—Troparion Tones

Wednesday, November 29

Martyr Paramon and 370 Martyrs in Bithynia (250)
6:00 PM Akathist, followed by a talk on struggle

WEEKLY SCHEDULE 2023



Venerable Alexei (Dec 2)

Thursday, November 30

Holy and All-praised Apostle Andrew the First-called (62)
Ven. Sebastian Dabovich (1940)

Friday, December 1

Venerable Botolph of Iken (7th c.)

Saturday, December 2

Ven. Alexei (Kabalyuk) (1947).
Saint Porphyrios, Wonderworker of Kavsokaliva (20th c.). Prophet Habakkuk (Abbacum, Avakkum—6th c. B.C.)
4:45 PM Church School
6:00 PM Great Vespers

Sunday, December 3

26th Sunday after Pentecost
Prophet Zephaniah (Sophonias—635-605 B.C.)
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour