

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL

733 Starkweather Avenue
Cleveland, Ohio 44113

www.sttheodosius.org

Father Jan Cizmar
1(440) 732-8182
st.theodosiuscathedral@gmail.com

Office Hours TWTh
9AM-2PM, please call ahead

Subdeacon Michael Tabeling
Sacristan

Subdeacon Igor Gajewsky
Sacristan

Reader Julius Kovach
Ecclesiarch & Choirmaster

Denise "Nisi" Pozderac
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Parish Council President

Mary Swit
Parish Secretary
1(216) 574-4886
StTheodosiusCathedral@protonmail.com
Office Hours MTWTh
10:00AM-2:00PM

Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

ambo-theodosius@googlegroups.com

JANUARY 28, 2024

34TH SUNDAY AFTER PENTECOST

NEW MARTYRS AND
CONFESSORS OF RUSSIA



Saint Isaac the Syrian (Jan 28), Bishop of Ninevah, lived during the sixth century. He and his brother entered the monastery of Mar Matthew near Ninevah and received the monastic tonsure. His learning, virtue, and ascetic manner of life attracted the notice of the brethren, and they proposed that he head the monastery. Saint Issac did not want this burden, preferring a life of silence, so he left the monastery to live alone in the desert.

His brother urged him more than once to return to the monastery, but he would not agree. However, when the fame of Saint Isaac's holy life had spread, he was made Bishop of Ninevah. Seeing the crude manners and disobedience of the inhabitants of the city, the saint felt that it was beyond his ability to guide them, and moreover, he yearned for solitude.

Once, two Christians came to him, asking him

to settle a dispute. One man acknowledged that he owed money to the other, but asked for a short extension. The lender threatened to bring his debtor to court to force him to pay. Saint Isaac, citing the Gospel, asked him to be merciful and give the debtor more time to pay. The man said, "Leave your Gospel out of this!" Saint Isaac replied, "If you will not submit to Lord's commandments in the Gospel, then what remains for me to do here?" After only five months as bishop, Saint Isaac resigned his office and went into the mountains to live with the hermits. Later, he went to the monastery of Rabban Shabur, where he lived until his death, attaining a high degree of

spiritual perfection.

From the early eighth century until the beginning of the eighteenth century, nothing was known about Saint Isaac of Syria in Europe except for his name and works. Only in 1719 was a biography of the saint published at Rome, compiled by an anonymous Arab author. In 1896, more information on Saint Isaac came to light. The learned French soteriologist Abbot Chabot published some eighth century works on Syrian history by Iezudena, bishop of Barsa, where the account of Saint Isaac the Syrian was found.

The St. Theodosius Events Committee Requests Your Ideas!

Please share any ideas for events you might have with either Wayne Vidovich or Nicholas Zolikoff. We need your ideas!

VISITATIONS

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason. His phone number and email address are printed on the front of every

Ambo, and are repeated here:

Father Jan Cizmar - 1(440) 732-8182 - st.theodosiuscathedral@gmail.com

Fr. Jan is now blessing homes. He asks that anyone wishing to have their home blessed call him at (440) 732-8182 or email him at st.theodosiuscathedral@gmail.com to make the arrangement.

Consider Sponsoring Coffee Hour!

For those who would like to HELP with Coffee Hour but don't cook, you can now sponsor a Coffee Hour! By donating \$65 you can sponsor a Coffee Hour, just put it in a white envelope marked "coffee hour" and place it in the collection basket or coffee hour basket in the Hall.

AN UPDATE ON READER PAUL PANGRACE

Paul is now at Vista Springs Greenbriar Village. Consider paying a visit or giving him a call, he'd love to hear from us.

Vista Springs Greenbriar Village

8668 Day Drive Apt 320

Parma, OH 44129

Main Desk: (440) 340-4000

Room Phone: (440) 340-4071

Church Kiosk

We have a little Church kiosk (shop) with some basic items for daily Orthodox life like prayer books, an Orthodox study bible, baptismal crosses, wedding/baptismal candles, icons, prayer rope, Nativity cards, thank you cards, etc. If you need anything from the kiosk, it will be available for 10min after the Sunday liturgy, or by request; see McKenna Athineo for more details.



**Announcing the first-ever
Ancient Faith Men's Retreat!**

Antiochian Village in Bolivar, PA
August 22-25, 2024

Forge enduring connections with Orthodox brothers, strengthen your faith, be encouraged, and challenge yourself at the first-ever Ancient Faith Men's Retreat. The retreat features four engaging speakers, daily services and Sunday Divine Liturgy, fellowship with like-minded Orthodox men, and more at the beautiful Antiochian Village Conference Center. This is a four-day event, beginning Thursday evening and concluding after liturgy on Sunday.

SPEAKERS

Hieromonk Basil

of [Holy Cross Monastery](#) in Wayne, West Virginia

Fr. John Strickland

of St. Elizabeth Orthodox Church in Poulsbo, Washington, and author of the [Paradise and Utopia series](#) and [the podcast](#) of the same name

Fr. John Oliver

of St. Elizabeth Orthodox Christian Church in Murfreesboro, Tennessee, and author of [Touching Heaven](#) and [Giver of Life](#) and host of the ["Hearts and Minds" podcast](#)

Fr. Michael Marcantoni

of St. John Chrysostom Orthodox Church in Nashville, Tennessee, and host of the ["On the Battlefield"](#) podcast

[Click here to register for more information](#)

Join us for a 3-week series on **building intergenerational relationships!**

January 16th

Looking Inward: The Path to Building Healthy Habits with Elissa Bjeletich Davis

January 23rd

Looking Outward: The Practices of Liturgy Beyond the Church Walls with Steve Christoforou

January 30th

Looking Forward: The Pursuit of Forgiving Yourself with Fr. Daniel Reese

TO SIGN UP, PLEASE FILL OUT THE GOOGLE FORM BY JANUARY 15TH!

VISIT

yesnorthamerica.org/series

5-6:30PM PT

8-9:30PM ET

High school students, college students, and adults of all ages are welcome!

- **The speaker will reflect on the topic**
- **YES leaders will facilitate small group sessions**
- **Each participant will spend time with their Bridge Buddy, a person from another age group**

PRAYER REQUESTS

as of 1/28/2024

Deceased

Archpriest Moses Berry

Special Intentions:

Fr. Micah Chisholm

Subdeacon Theodore Lentz

Subdeacon Roger Pinta

Subdeacon Leon Felon

Reader Paul Pangrace

Reader Frank Tkacz

Stephan Chwalyk

Horia Dascalescu (*Lavinia's brother*)

Diane Kearsey (*Janice Tkacz's Sister*)

Janice Tkacz

Eleanor Wachovec (*friend of Karen Felon*)

Rachel Ohlin (*relative of Tatiana*)

Erin Zawolowycz

Carol Nielsen (*Paul Pangrace's sister*)

Virginia Medvec

Jeffrey Parhamovich (*brother of Karen Felon*)

Margaret Parhamovich (*sister-in-law of Karen Felon*)

Margaret Peyton (*Cathy's aunt*)

Jean Woycitzky Thompson (*Frank's cousin*)

Anna Marie Luvison (*daughter of Matthew & Katie*
(*Ellis*) Luvison)

Debra Parhamovich (*sister of Karen Felon*)

Grace Mary Parhamovich (*mother of Karen Felon*)

Gayle Vidovich

Elizabeth Balasz

Lonnie Ellis (*Husband to Debra Ellis*)

Robert Martin Prock

Valentina Zawolowycz (*mother of Paul Z*)

Mark

Michael Kapeluck (*friend of Cathy*)

Robert McKay (*friend of Andrew Myrtrohovic*)

Paul Epele (*father-in-law of Lauren Epele*)

Elena Rich (*Jerry Czajkowski's daughter*)

Aaron and Nadine Drummond (*Ellis*) & unborn child

Wasył Miroewski (*Uncle of Tim Clos*)

Amelia Thombs (*Sister of Ethan*)

Jeanine

Martha (*friend of Linda Kovach*)

Elizabeth Ballasz

Andrea Hochmann (*Clos*)

Yonathan and Melissa King (*Wojnicz*) & unborn child.
(*daughter of Alex Wojnicz*)

Carol Schigel (*President Nisi's and Matushka Cindy's*
aunt)

Justina Zolikoff

Walter Dimitrijevs

Please submit names to the Prayer List by
emailing them to Fr. Jan Cizmar
st.theodosiuscathedral@gmail.com

Or calling at 1(440) 732-8182

Names remain on the list for 30 days unless
requested otherwise.

ST. THEODOSIUS IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



St. Theodosius Orthodox Christian Cemetery

8200 Biddulph Rd., Brooklyn OH 44144 • Paul Webb, Cemetery Manager 216-296-9739

Grave Prices

Effective January 2024

All graves \$2,100.00 + \$400.00 perpetual care fee = \$2,500.00 total

All infant graves \$ 1000.00

Coffee Hour Sign-Up

Questions/Concerns: Cathy Weber (412-215-1928)

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|------------------------------------------------------------|-------------------------------------------------------------------|
| Jan 7 Gayle and Wayne | Feb 18 Sponsored by William Lynk (Mike and Sarah Brennan to host) |
| Jan 14 Sponsored by Mat. Ludmila Timko (Mat. Jana to host) | Feb 25 Georgi and Lina |
| Jan 21 Cindy and Nikol | Mar 3 Sarah and Mike Brennan |
| Jan 28 Sponsored by William Lynk (Joyce & Judy to host) | Mar 10 (Meatfare) Cathy and Tammy |
| Feb 4 Sponsored by Greg Born (Georgi and Lina to host) | Mar 17 (Cheesefare) Dan & Lavinia |
| Feb 11 Shawna | Mar 24 (Great Lent) Jana |
| | Mar 31 Joyce & Judy |

Sunday, January 28

34th Sunday after Pentecost
New Martyrs and Confessors of Russia
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour

Monday, January 29

Translation of the Relics of Hieromartyr Ignatius the Godbearer, Bishop of Antioch (107)

Tuesday, January 30

Synaxis of the Ecumenical Teachers and Hierarchs: Basil the Great, Gregory the Theologian, and John Chrysostom
6:00 PM Event Committee Meeting

Wednesday, January 31

Holy Wonderworkers and Unmercenaries Cyrus and John, and with them Martyrs Athanasia and her daughters: Theoctiste, Theodotia, and Eudoxia, at Canopus in Egypt (311)

WEEKLY SCHEDULE 2024



Thursday, February 1
Forefeast of the Meeting
Martyr Tryphon of Lampsacus near Apamea in Syria (250)
6:00 PM Great Vespers

Friday, February 2
The Meeting of our Lord and Savior, Jesus Christ, in the Temple
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy

Saturday, February 3
Afterfeast of the Meeting
Holy and Righteous Simeon the God-receiver and Anna the Prophetess
6:00 PM Great Vespers

Sunday, February 4
35th Sunday after Pentecost
Afterfeast of the Meeting
Ven. Isidore of Pelusium (ca. 436-440)
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour