

Ambo

ST. THEodosius ORTHODOX CATHEDRAL



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Reader Julius Kovach,
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Erin Zawolowycz
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Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule
for specific days

AMBO: Articles for publica-
tion should be submitted to:

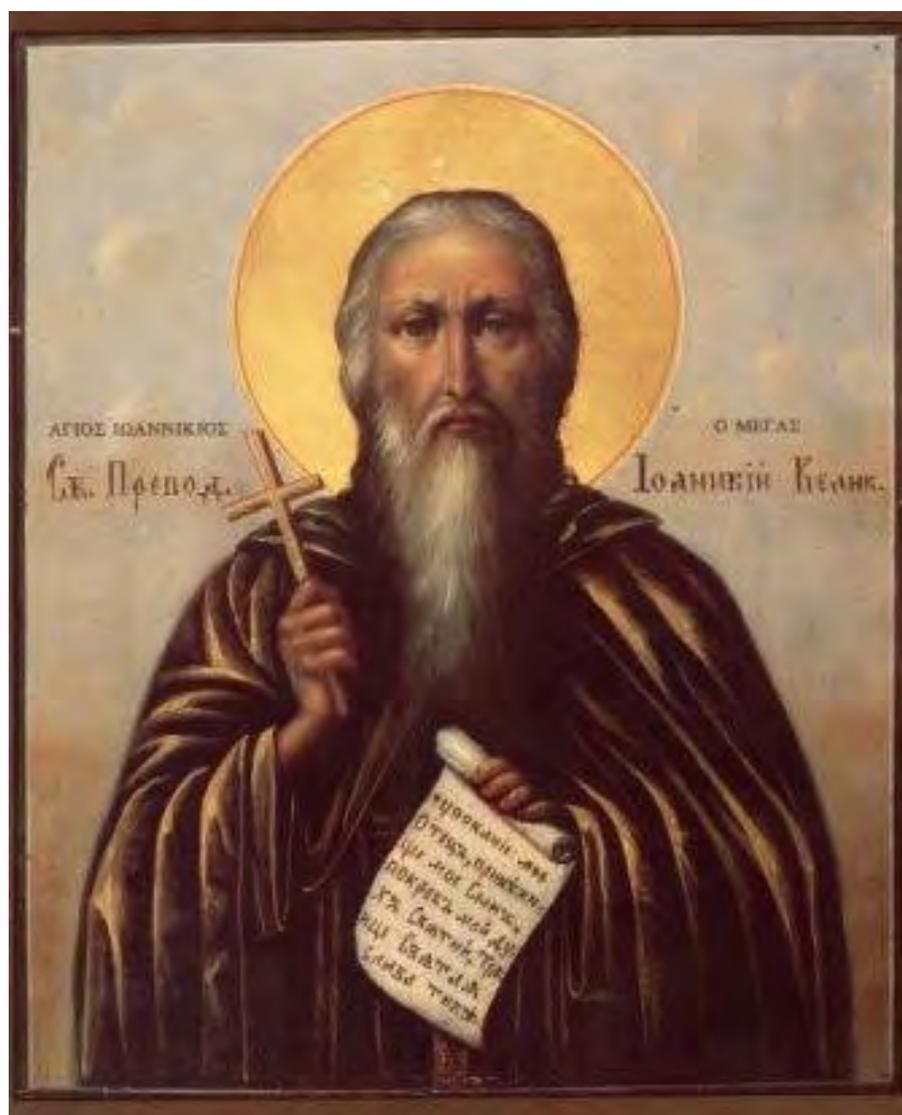
ambo-theodosius

[@googlegroups.com](mailto:ambo-theodosius@googlegroups.com)

by Wednesday of each week
before noon.

NOVEMBER 1, 2020

HOLY WONDERWORKERS
AND UNMERCENARIES
COSMAS AND DAMIAN AND THEIR
MOTHER, ST. THEODOTA



Venerable Joannicius the Great

(November 4)

Saint Joannicius the Great was born in Bithynia in the year 752 in the village of Mariakat. His parents were destitute and could not provide him even the basics of an education. From childhood he had to tend the family cattle, their sole wealth. Love for God and prayer completely dominated the soul of the child Joannicius. Often, having shielded the herd with the Sign of the Cross, he went to a secluded place and spent the whole day praying, and neither thieves nor wild beasts came near his herd.

By order of the emperor Leo IV (775-780), a multitude of officials went through the cities and towns to draft young men for military service. Young Joannicius was also drafted into the imperial army. He earned the respect of his fellow soldiers for his good disposition, but he was also a brave soldier who struck fear in the hearts of his enemies. Saint Joannicius served in the imperial army for six years. More than once he was rewarded by his commanders and the emperor. But military service weighed heavily on him; his soul thirsted for spiritual deeds and solitude.

Saint Joannicius, having renounced the world, longed to go at once into the wilderness. However, on the advice of an Elder experienced in monastic life, he spent a further two years at the monastery. Here the saint became accustomed to monastic obedience, to monastic rules and practic-

es. He studied reading and writing, and he learned thirty Psalms of David by heart.

After this, commanded by God to go to a certain mountain, the monk withdrew into the wilderness. For three years he remained in deep solitude in the wilderness, and only once a month a shepherd brought him some bread and water. The ascetic spent day and night in prayer and psalmody. After each verse of singing the Psalms Saint Joannicius made a prayer, which the Orthodox Church keeps to this day in a somewhat altered form, "The Father is my hope, the Son is my refuge, the Holy Spirit is my protection."

By chance, he encountered some of his former companions from military service. The saint fled the wilderness and withdrew to Mount Kountourea to hide himself from everyone. Only after twelve years of ascetic life did the hermit accept monastic tonsure. The saint spent three years in seclusion after being tonsured. Then he went to a place called Chelidon to see the great ascetic Saint George (February 21). The ascetics spent three years together. During this time Saint Joannicius learned the entire Psalter by heart. As he grew older, Saint Joannicius settled in the Antidiev monastery and dwelt there in seclusion until his

Saint Joannicius spent seventy years in ascet-



ic deeds and attained to a high degree of spiritual perfection. Through the mercy of God the saint acquired the gift of prophecy, as his disciple Pachomius has related. The Elder also levitated above the ground when he prayed. Once, he crossed a river flooded to overflowing. The saint could make himself invisible for people and make others also hidden from sight.

Once, Saint Joannicius led Greek captives out of prison under the very eyes of the guards. Poison and fire, with which the envious want-

ed to destroy the saint, did him no harm, and predatory beasts did not touch him. He freed the island of Thasos from a multitude of snakes. Saint Joannicius also saved a young nun who was preparing to leave the monastery to marry; he took upon himself the agonized maiden's suffering of passion, and by fasting and prayer, he overcame the seductive assault of the devil.

Foreseeing his death, Saint Joannicius fell asleep in the Lord on November 4, 846, at the age of 94.



Theotokos of Vladimir

EASTERN ORTHODOX WOMEN'S GUILD OF GREATER CLEVELAND

UNITY THROUGH PARTICIPATION

"Make ready, O Bethlehem, for Eden hath been opened."

Saturday, November 14, 2020

10:00 A.M.

BUNA VESTIRE
7140 Fitch Road
Olmsted Falls, OH 44138

♥ **Fellowship and Refreshments**

Prepared by Ladies of Buna Vestire

♥

♥ **Fall Fundraiser** update and drawing

♥

♥ **Distribute gifts** for Nursing Home and shut-in parishioners

♥

♥ **Questions and discussion with Father Petru Neaga**

regarding preparation for advent, the mystery of the Nativity of our Lord Jesus Christ or questions on Orthodoxy.



THE MUSICAL “TONES” CONTINUED: TONE 4

*When the women disciples of the Lord learned from the angel
the joyous message of Your Resurrection,
they cast away the ancestral curse
and elatedly told the apostles:
“Death is overthrown! Christ God is risen,
granting the world great mercy!”*

We continue to explore the Resurrection themes in the Sunday troparia. This week we sing a most common and familiar melody: Tone 4. Many times this seems to be the “default” musical setting which we use throughout the liturgical year, and is perhaps one of the easiest to sing as well.

In this hymn, we sing the praises of, and give honor to the Women Disciples.

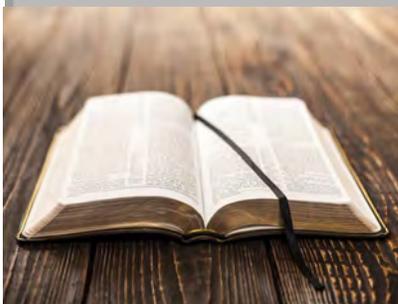
In the Gospel according to St. Matthew, we read: *Now after the sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the sepulcher. And behold, there was a great earthquake; for an angel of the Lord descended from heaven and came and rolled back the stone, and sat upon it. His appearance was like lightning, and his raiment white as snow. And for fear of him the guards trembled and became like dead men. But the angel said to the women, “Do not be afraid; for I know that you seek Jesus who was crucified. He is not here; for He has risen, as He said. Come, see the place where He lay. Then go quickly and tell His disciples that He has risen from the dead...! (Mt 28:1-7). We find similar narratives in the Gospels of St. Mark and St. Luke. The Gospel of St. John relates the story through the eyes of Equal to the Apostles Mary Magdalene.*

This tropar begins with this Scriptural reference. It is noteworthy that it is the Women Disciples who first received the great news of Christ’s Resurrection! *The*

male Disciples were still in hiding, but it was the Women Disciples who in their love for Jesus went to the Tomb at sunrise to complete the task of embalming the Lord which they were unable to accomplish before the sabbath.

They were the first to hear those wonderful words of the angels that Jesus had resurrected Himself from the dead! They were then filled with joy, awe, and fear, unable to fully comprehend this event. Surely they had seen Jesus die on the Cross, and placed in the tomb. They had begun the anointing of His Precious Body before they had to stop as the sun was setting and could do no more work on the holy day of the Passover.

As they were literally running away from the scene, they couldn't wait to share this great news with the others. By so doing, they “cast away the ancestral curse” (the curse of death caused by the original disobedience of Adam and Eve), and with joy in their hearts proclaim this Good News with the Apostles! These women proclaimed that now death itself is overthrown, as Christ, God, is risen from the dead! Now, we are able to inherit eternal life as Jesus, by His death on the Cross, entombment, descent into hell, and the Resurrection, now gives us everlasting life. Therefore, the world, the cosmos, itself receives great mercy.



FAITH ENRICHMENT RESUMES

Faith Enrichment is back! Thursdays at 11:00 AM in the Parish Hall next to the Cathedral. Please contact Subdeacon Leon Felon at (440) 666-7601 or Reader Paul Pangrace for more information.

Note: No Faith Enrichment November 5th, resumes next week.



PRAYER REQUESTS



Departed:

Metropolitan Theodosius

Special Intentions:

Deacon Paul Mitchell (*Tom Mitchell's father*)

Subdeacon Theodore Lentz

Reader Paul Pangrace

Arlene Czajkowski

Child Mary Kate Zweidunger

Child Vivian Sherer

Melissa (*cousin of Mary Ann Kovach*)

Lyndsey (*friend of Melissa McCutcheon*)

Elizabeth (Betty) Balasz

Marie Borland

Sandra Brello

Elsie Conrad

Horia Dascalescu

Debra Ellis

Gregory Galan

Aleksei Green

Virginia Haupt (*Lisa Theodore's mother*)

Don Hinkl

Matthew Hunly (*Phyllis Gindlesperger's brother-in-law*)

Diane Kearsy (*Janice Tkacz's sister*)

Mara Kilbane (*Melissa McCutcheon's granddaughter*)

Annamarie Luvison (*Daughter of Kaite Ellis-Luvison*)

Chris Magee (*Erin Zawolowycz's brother*)

Melissa McCutcheon

Marguerite Mihal (*Paul Mihal's mother*)

Paul Mihal

Natalya Miller (*Arlene Neale's great-niece*)

Andrew Mytrohovich

Debra Parhamovich (*Karen Felon's sister*)

Grace Parhamovich (*Karen Felon's mother*)

Jim Paulitzky (*Jerry Czajkowski's son-in-law*)

James Peter Petkac

Susan Reese (*friend of Jerry & Arlene Czajkowski and Betty Balasz*)

Elena Rich (*Jerry Czajkowski's daughter*)

Joseph Rusynyk

Andrew Sykaluk

Elaine Sudnick (*Joy Pfeiffer's mother*)

Tony Sykaluk (*friend of Lydia Mytrohovich*)

Janice Tkacz

Joanne Theodore (*Lisa Theodore's mother-in law*)

Gayle Vidovitch

Eleanor Wachovec (*friend of Karen Felon*)

Robert Walsh (*friend of the Felons*)

Colleen Walsh (*friend of the Felons*)

Erin Zawolowycz

Kristin Robinson

Janet Budko (*sister-in-law of Arlene Neale*)

Laurie Budko (*niece of Arlene Neale*)

Alex Ponomarenko

Mary Kay Weber

Mirta Szewczyk (*friend of Tatiana*)

Mickey O'Brien (*friend of Arlene*)

Roger Pinta Jr.

Kelly Buehner

Anna Sykaluk (*friend of Tatiana*)

Edward Zewczyk (*friend of Tatiana*)

Joe Czajkowski (*son of Jerry*)

Patrick Gallagher

Nathan Pozderac

Elliott Udell (*grandson of Michael Udell*)

Constance Zimmerman (*Cindy's cousin*)

Denny Kovach

Karen Felon

Jeremy & Yvonne Pozderac and newborn daughter **Adalyn Jayne**

BIBLE READINGS FOR THE WEEK OF November 1

Nov 1
 John 21:1-14
 Gal 2:16-20
 Luke 8:26-39

Nov 2
 Col 2:13-20
 Luke 11:29-33

Nov 3
 Col 2:20-3:3
 Luke 11:34-41

Nov 4
 Col 3:17-4:1
 Luke 11:42-46

Nov 5
 Col 4:2-9
 Luke 11:47-12:1

Nov 6
 Col 4:10-18
 Luke 12:2-12

Nov 7
 2 Cor 5:1-10
 Luke 9:1-6

Nov 8
 Josh 5:13-15
 Judges 6:2, 7, 11-24
 Isa 14:7-20
 Isa 43:9-14
 Wis 3:1-9
 Wis 5:15-6:3
 John 21:15-25
 Heb 2:2-10
 Luke 10:16-21
 1 Cor 12:27-13:8
 Matt 10:1, 5-8
 Gal 6:11-18
 Luke 8:41-56

ST. THEODOSIUS IS NOW A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate> Special thanks to Council Vice President Cathy Weber and our new Webmaster Kate Zolikoff for making this happen.



Sunday, Nov 1

Holy Wonderworkers Cosmas and Damian and their mother St. Theodota
 3rd and 6th Hours read at 8:40 AM
 Liturgy Begins 9:00 AM

Monday, Nov 2

Martyrs Acindynus, Pegasus, Aphthonius, Epidephorus, Anempodistus and 7,000 with them

Tuesday, Nov 3

Martyrs Akepsimas the Bishop, Joseph the Presbyter, and Aithalas the Deacon, of Persia

Wednesday, Nov 4

Ven. Joannicius the Great

WEEKLY SCHEDULE

2020

Thursday, Nov 5
 Martyrs Galcaction and his wife, Epistemis, at Emesa
 No Faith Enrichment this week

Friday, Nov 6
 St. Paul the Confessor, Archbishop of Constantinople

Saturday, Nov 7
 Holy 33 Martyrs of Melitene
 6:00 PM Great Vespers

Sunday, Nov 8
 Synaxis of the Archangel Michael and the Other Bodiless Powers
 3rd and 6th Hours read at 8:40 AM
 Liturgy Begins 9:00 AM