

# Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL



**Mailing:**  
733 Starkweather Avenue  
Cleveland, Ohio 44113

[www.sttheodosius.org](http://www.sttheodosius.org)

- Protodeacon Daniel Boerio  
1(216) 513-5307  
[dboerio79@yahoo.com](mailto:dboerio79@yahoo.com)

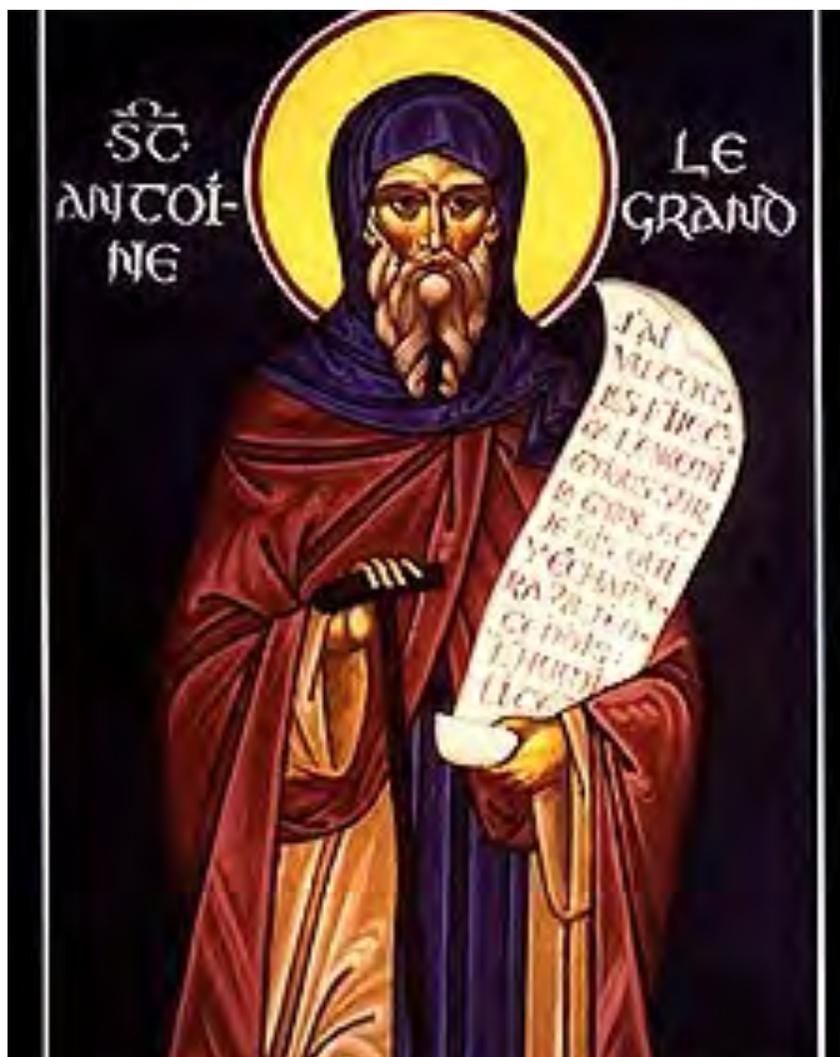
- Subdeacon Michael Tabeling,  
Sacristan

- Reader Julius Kovach,  
Ecclesiarch & Choirmaster

- Erin Zawolowycz  
Ambo Editor

JANUARY 12, 2020

Sunday After Theophany



Venerable and Godbearing Fr. Anthony the Great  
(January 17)

## Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

AMBO: Articles for publica-  
tion should be submitted to:

[ambo-theodosius](mailto:ambo-theodosius@googlegroups.com)

[@googlegroups.com](mailto:ambo-theodosius@googlegroups.com)

by Wednesday of each week  
before noon.

\* CALENDAR: Event dates  
must be submitted by the  
15th of each month.

**Saint Anthony the Great** is known as the Father of monasticism, and the long ascetical sermon in *The Life of Saint Anthony* by Saint Athanasius (Sections 16-34), could be called the first monastic Rule.

He was born in Egypt in the village of Coma, near the desert of the Thebaid, in the year 251. His parents were pious Christians of illustrious lineage. Anthony was a serious child and was respectful and obedient to his parents. He loved to attend church services, and he listened to the Holy Scripture so attentively, that he remembered what he heard all his life.

When Saint Anthony was about twenty years old, he lost his parents, but he was responsible for the care of his younger sister. Going to church about six months later, the youth reflected on how the faithful, in the Acts of the Apostles (4:35), sold their possessions and gave the proceeds to the Apostles for the needy.

Then he entered the church and heard the Gospel passage where Christ speaks to the rich young man: "If you would be perfect, go, sell what you possess and give it to the poor, and you will have treasure in heaven; and come follow Me" (Mt.19:21). Anthony felt that these words applied to him. Therefore, he sold the property that he received after the death of his parents, then distributed the money to the poor, and left his sister in the care of pious virgins in a convent.

Leaving his parental home, Saint Anthony began his ascetical life in a hut not far from his village. By working with his hands, he was able to earn his livelihood and also alms for the poor. Sometimes, the holy youth also visited other ascetics living in the area, and from each he sought direction and benefit. He turned to one particular ascetic for guidance in the spiritual life.

In this period of his life Saint Anthony endured terrible temptations from the devil. The Enemy of the race of man troubled the young ascetic with thoughts of his former life, doubts about his chosen path, concern for his sister, and he tempted Anthony with lewd thoughts and carnal feelings. But the saint extinguished that fire by meditating on Christ and by thinking of eternal punishment, thereby overcoming the devil.

Realizing that the devil would undoubtedly attack him in another manner, Saint Anthony prayed and intensified his efforts. Anthony prayed that the Lord would show him the path of salvation. And he was granted a vision. The ascetic beheld a man, who by turns alternately finished a prayer, and then began to work. This

was an angel, which the Lord had sent to instruct His chosen one.

Saint Anthony tried to accustom himself to a stricter way of life. He partook of food only after sunset, he spent all night praying until dawn. Soon he slept only every third day. But the devil would not cease his tricks, and trying to scare the monk, he appeared under the guise of monstrous phantoms. The saint however protected himself with the Life-Creating Cross. Finally the Enemy appeared to him in the guise of a frightful looking black child, and hypocritically declaring himself beaten, he thought he could tempt the saint into vanity and pride. The saint, however, vanquished the Enemy with prayer.

For even greater solitude, Saint Anthony moved farther away from the village, into a graveyard. He asked a friend to bring him a little bread on designated days, then shut himself in a tomb. Then the devils pounced upon the saint intending to kill him, and inflicted terrible wounds upon him. By the providence of the Lord, Anthony's friend arrived the next day to bring him his food. Seeing him lying on the ground as if dead, he took him back to the village. They thought the saint was dead and prepared for his burial. At midnight, Saint Anthony regained consciousness and told his friend to carry him back to the tombs.

Saint Anthony's staunchness was greater than the wiles of the Enemy. Taking the form of ferocious beasts, the devils tried to force the saint to leave that place, but he defeated them by trusting in the Lord. Looking up, the saint saw the roof opening, as it were, and a ray of light coming down toward him. The demons disappeared and he cried out, "Where have You been, O Merciful Jesus? Why didn't You appear from the very beginning to end my pain?"

The Lord replied, "I was here, Anthony, but wanted to see your struggle. Now, since you have not yielded, I shall always help you and make your name known throughout all the world." After this vision Saint Anthony was healed of his wounds and felt stronger than before. He was then thirty-five years of age.

Having gained spiritual experience in his struggle with the devil, Saint Anthony considered going into the Thebaid desert to serve the Lord. He asked the Elder (to whom he had turned for guidance at the beginning of his monastic journey) to go into the desert with him. The Elder, while blessing him in the then as yet unheard of exploit of being a hermit, decided not to accompany him because of his age.

Saint Anthony went into the desert alone. The devil tried to hinder him, by placing a large silver disc in his path, then gold, but the saint ignored it and passed by. He found an abandoned fort on the other side of the river and settled there, barricading the entrance with stones. His faithful friend brought him bread twice a year, and there was water inside the fort.

Saint Anthony spent twenty years in complete isolation and constant struggle with the demons, and he finally achieved perfect calm. The saint's friends removed the stones from the entrance, and they went to Saint Anthony and besought him to take them under his guidance. Soon Saint Anthony's cell was surrounded by several monasteries, and the saint acted as a father and guide to their inhabitants, giving spiritual instruction to all who came into the desert seeking salvation. He increased the zeal of those who were already monks, and inspired others with a love for the ascetical life. He told them to strive to please the Lord, and not to become faint-hearted in their labors. He also urged them not to fear demonic assaults, but to repel the Enemy by the power of the Life-Creating Cross of the Lord.

In the year 311 there was a fierce persecution against Christians, in the reign of the emperor Maximian. Wishing to suffer with the holy martyrs, Saint Anthony left the desert and went to Alexandria. He openly ministered to those in prison, he was present at the trial and interrogations of the confessors, and accompanying the martyrs to the place of execution. It pleased the Lord to preserve him, however, for the benefit of Christians.

At the close of the persecution, the saint returned to the desert and continued his exploits. The Lord granted the saint the gift of wonderworking, casting out demons and healing the sick by the power of his prayer. The great crowds of people coming to him disrupted his solitude, and he went off still farther, into the inner desert where he settled atop a high elevation. But the brethren of the monasteries sought him out and asked him to visit their communities.

Another time Saint Anthony left the desert and arrived in Alexandria to defend the Orthodox Faith against the Manichaeian and Arian heresies. Knowing that the name of Saint Anthony was venerated by all the Church, the Arians said that he adhered to their heretical teaching. But Saint Anthony publicly denounced Arianism in front of everyone and in the presence of the bishop. During his brief stay at Alexandria, he converted a great multitude of pagans to Christ.

People from all walks of life loved the saint and sought his ad-

vice. Pagan philosophers once came to Abba Anthony intending to mock him for his lack of education, but by his words he reduced them to silence. Emperor Constantine the Great (May 21) and his sons wrote to Saint Anthony and asked him for a reply. He praised the emperor for his belief in Christ, and advised him to remember the future judgment, and to know that Christ is the true King.

Saint Anthony spent eighty-five years in the solitary desert. Shortly before his death, he told the brethren that soon he would be taken from them. He instructed them to preserve the Orthodox Faith in its purity, to avoid any association with heretics, and not to be negligent in their monastic struggles. "Strive to be united first with the Lord, and then with the saints, so that after death they may receive you as familiar friends into the everlasting dwellings."

The saint instructed two of his disciples, who had attended him in the final fifteen years of his life, to bury him in the desert and not in Alexandria. He left one of his monastic mantles to Saint Athanasius of Alexandria (January 18), and the other to Saint Serapion of Thmuis (March 21). Saint Anthony died peacefully in the year 356, at age 105, and he was buried in the desert by his disciples.

The Life of the famed ascetic Saint Anthony the Great was written by Saint Athanasius of Alexandria. This is the first biography of a saint who was not a martyr, and is considered to be one of the finest of Saint Athanasius' writings. Saint John Chrysostom recommends that this Life be read by every Christian.

"These things are insignificant compared with Anthony's virtues," writes Saint Athanasius, "but judge from them what the man of God Anthony was like. From his youth until his old age, he kept his zeal for asceticism, he did not give in to the desire for costly foods because of his age, nor did he alter his clothing because of the infirmity of his body. He did not even wash his feet with water. He remained very healthy, and he could see well because his eyes were sound and undimmed. Not one of his teeth fell out, but near the gums they had become worn due to his advanced age. He remained strong in his hands and feet.... He was spoken of everywhere, and was admired by everyone, and was sought even by those who had not seen him, which is evidence of his virtue and of a soul dear to God."

The following works of Saint Anthony have come down to us:

Twenty Sermons on the virtues, primarily monastic (probably spurious).

Seven Letters to various Egyptian monasteries concerning moral perfection, and the monastic life as a spiritual struggle.

A Rule for monastics (not regarded as an authentic work of Saint Anthony).

In the year 544 the relics of Saint Anthony the Great were transferred to Alexandria, and after the conquest of Egypt by the Saracens in the seventh century, they were transferred to Constantinople. The holy relics were transferred from Constantinople in the tenth-eleventh centuries to a diocese outside Vienna. In the fifteenth century they were brought to Arles (in France), to the church of Saint Julian.

**BIBLE READINGS FOR THE WEEK OF January 12**

Jan 12 John 20:11-18  
Eph 4:7-13  
Matt 4:12-17

Jan 15 James 1:1-18  
Mark 8:30-34

Heb 13:17-21  
Luke 6:17-23  
James 2:1-13  
Mark 9:33-41

Jan 13 Heb 11:17-23, 27-31  
Mark 8:11-21

Jan 16 James 1:19-27  
Mark 9:10-16

Jan 18 Col 1:3-6  
Luke 14:1-11

Jan 14 Heb 12:25-26, 13:22-25  
Mark 8:22-26

Jan 17 Wis 5:15-6:3  
Wis 3:1-9  
Wis 4:7-15  
Matt 11:27-30

Jan 19 John 20:19-31  
1 Tim 1:15-17

If anyone has need of a priest for confession, visitation, illness, funeral, panikhida, counseling, or an emergency, please contact either Protodeacon Daniel Boerio at 1(216) 513-5307 or Paul Zawolowycz at 1(440) 941-7099 for scheduling.

**COFFEE HOUR & GREETERS SCHEDULES**

**Coffee Hour:**

- 1/12/20 Lauren Miklos & Chanda Czaruk
- 1/19/20 Cathy Weber & Mat. Jenn Boerio
- 1/26/20 Dan & Lavinia Morris

**Greeters:**

- Eppele
- Vorell
- Felon



We are now serving lunch at St. Herman's on the SECOND Saturday of each month.  
We are then making sandwiches for them the very NEXT DAY (Sunday) in the Parish Hall during coffee hour.  
Everyone is welcome to help, kids included.  
Thank you to all who have been making these events successful - may God bless each of you.  
See Dan Morris with any questions.

## Welcome Visitors

*Our parish welcomes you and thanks you for joining us at today's Divine Liturgy. While only Orthodox Christians may approach the chalice for Holy Communion, everyone is welcome to partake of the Holy Bread after Liturgy.*

# F.O.C.A. News



The Cathedral Chapter of the FOCA is back in the maple syrup (selling) business! We are again offering Trumbull Countys finest syrup produced by a commercial supplier and neighbor of St. Vladimir Camp. He has been kind enough to keep our cost the same as last year, so we are able to offer it at \$7.50/ bottle. Proceeds from this project will be directed to our ongoing project to build a new pool at St. Vladimir Camp.

Update: After months of dealing with the Ohio State Health Department and two EPA departments, our effort for the new pool has met all requirements and we have begun the building process. Our construction company assures us that we can have everything in place next spring (2020), in plenty of time for camping season! Thank you so much for your continuing support of this very important project.

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### 2020 Tremont History Project Calendar for Sale

- Featuring historic images of Tremont including cover of July photo of the famous painting by [Ora Coleman](#), designer of the Jefferson Library. The painting shows Saint Theodosius Orthodox Cathedral, and is displayed in the library.
- April features a view of the Cathedral from the Valley View Homes (known and the projects) and now home of Tremont Pointe.
- Cost \$10.00
- See Virginia [Medvec](#) or Dorothy [Winovich](#) to make your purchase.
- The Tremont History Project is a non-profit organization

# Amazing Success

Our **Matching Campaign**, initiated by a *most generous* donor, has inspired a similar spirit in many others to *great effect*:

In total this effort has raised over **\$70,000!**

**THANK YOU ALL AND  
GOD GRANT YOU MANY YEARS!**

## St. Theodosius Call Tree - Updated as of 1/12/2020

Fr. Dn. Daniel & Mat. Jennifer (216-513-5667) – (CALL #2's LISTED BELOW, highlighted)

2. Svetislav Mirolovich (216-453-0919) or (216-548-3173)
2. Zdinak (Fr. John & Mat. Cindy) (216-554-7282)
2. Ken Kovach (216-952-9501) (CALL #3's LISTED BELOW)
  3. Nina & Elizabeth Antonik (440-391-4839) (call all 3a's below)
    - 3a. Linda Smotzer (440-845-7313) (call 3b)
      - 3b. Steve Smotzer (330-425-4123)
    - 3a. Catherine Weber (412-215-1928)
    - 3a. Alex & Deborah Wojnicz (440-773-3334)
    - 3a. Alex Derkaschenko (440-845-3217)
    - 3a. Donald & Maria Tipka (440-835-2678)
  3. Tom & LaVerne Jacobson (440-845-5115) (call 3c's below)
    - 3c. David & Jessica Jacobson (216-221-1984)
    - 3c. Tom & Nancy Mitchell (858-531-5315)
    - 3c. Beverly Buriss & Barbara Toone (216-671-1793)
  3. Richard & Judith Gartman (216-749-7937) (call 3d's below)
    - 3d. Jeffrey Petkac (216-749-0270)
    - 3d. William & Suzanne Frazier (440-743-7573)
  3. Lydia Mytrohovich (440-888-5397) (call 3e's below)
    - 3e. Michael Mytrohovich (no phone number listed)
    - 3e. Nina & Juliana Mytrohovich (440-888-5397)
    - 3e. Frank & Janice Tkacz (216-789-3267)
  3. Judy Schwind (440-235-5468) (call 3f's listed)
    - 3f. Alex & Jerilyn Oppenheim (440-360-7152)
  3. Barb & Leon Sheean (216-371-1173) (call 3g's listed)
    - 3g. Robert Starr (216-533-1413)
    - 3g. Nicholas Kozak (330-605-3684)
2. Michael & Joyce Tabeling (216-521-9418) (CALL #4'S LISTED BELOW)
  4. Gabriel & Shyanne Tabeling (216-408-7382)
  4. Sankovic Family (440-838-8732)
  4. Zolikoff Family (phone number not listed) (call 4a's listed below)
    - 4a. Igors & Natalia Pricinovskis (440-878-1838)  
Maria Pricinovckis (440-842-2534)
    - 4a. Lisa Theodore (440-237-2214)
  4. Michael Udell (216-288-0346) (call 4b's listed below)
    - 4b. Lacey Kihn (216-577-5946)
2. Ted & Susan Lentz (216-621-2282) or (216-258-8048)
2. Gregory & Tammy Ponomarenko (440-572-8727) (CALL #5'S LISTED BELOW)
  5. Sarah & Michael Boerio (440-749-9070) (call 5a's listed below)
    - 5a. Edward & Maria Hanzel (216-267-0179)
    - 5a. Valentina Ponomarenko (216-524-8290)
    - 5a. Victor Ponomarenko (440-888-1004)
  5. Epele Family (330-840-4399)
  5. Anastasia Pogorily (216-661-3888)
  5. Mary Swit & Family (216-485-9751)
2. Gary & Lydia Byndas (216-398-1533) (CALL #6'S LISTED BELOW)
  6. Christopher & Judy Byndas (216-398-5506) (call 6a's listed below)

7733)

- 6a. David & Lauren Miklos (216-659-0753)
- 6a. Tim & Chanda Czaruk (440-242-5475 or 440-242-7733)
6. Marshall & Nancy Prock (216-398-7917) (call 6b's listed below)
  - 6b. Robby & Jacqui Prock (216-375-0275)
  - 6b. Steve & Laura Svava (216-965-8113)
  - 6b. James & Kathleen Spickler (440-238-0154)
6. William & Petra Turko (440-886-5126) (call 6c's listed below)
  - 6c. Anatole & Kathleen Zubko (440-843-7975)
2. Alex & Carol Machaskee (no phone number listed) (CALL #7'S LISTED BELOW)
  7. Paul & Deborah Finley (no phone number listed) (call 7a's listed below)
    - 7a. Kyle Wright (216-961-3806)
  7. Wayne & Gayle Vidovich (440-989-6165)
  7. Shawna Whitlock (216-870-0076)
2. Darrell & Karen Felon (440-238-3837) (CALL #8'S LISTED BELOW)
  8. Steve & Eileen Bondor (216-739-1846) (call 8a's listed below)
    - 8a. Mr & Mrs Greg Potulski (216-256-6036)
    - 8a. Karen Slowey (no phone number listed)
  8. Douglas & Larissa Evans (216-661-7015) (call 8b's listed below)
    - 8b. Natalie & Richard Thombs (216-337-0939)
    - 8b. Debra Ellis (216-385-9309)
    - 8b. Nadine Ellis (440-539-5892)
    - 8b. Katherine Ellis (216-741-1564)
  8. Tatiana Boryczewski (440-934-2209)
  8. Anna Durr (440-885-2023)
2. Igor Gajewsky (330-225-0070) (CALL #9'S LISTED BELOW)
  9. Steve Chwalyk (440-884-8644)
  9. Paul Pangrace (440-884-3115) (call 9a's listed below)
    - 9a. Sonia Vorell (440-238-6912) (call 9b's listed below)
      - 9b. Betty Balasz (440-886-4029)  
McIntyre Family (216-328-8936)
      - 9b. Phyllis Gindlesperger (216-661-0201)
      - 9b. Virginia Medvec (440-892-4562)
      - 9b. Victor & Donna Jacak (330-225-0939)
    - 9a. Melissa McCutcheon (216-225-4461)
    - 9a. Steve Rusnak (440-417-4934)
  9. Paul & Erin Zawolowycz (216-856-0420) (call 9c's listed below)
    - 9c. Sonya Sasarak (440-877-9270)
    - 9c. Haralambos Steingass (no phone listed)
    - 9c. Una & John Alexandrovic (440-655-0036 – Una's cell)
    - 9c. Mihaela Deselnicu (419-210-3733)
  9. Joseph Rusynyk (440-238-7867)
  9. Jerry & Arlene Czajkowski (440-888-2052) or (216-392-7164)
2. Dan & Lavinia Morris (440-871-8537) (CALL #10'S LISTED BELOW)
  10. Bradley & Victoria Foran (216-533-0473) or (216-973-6412)
  10. Eric Seddon (440-343-5479)
  10. Joseph Bucha (216-990-3947)
  10. Daniel & Valentina Kaczor (440-526-4823)
  10. John Slapakovs (440-225-4218)
  10. Kevin & Donna Spencer (216-731-2590)

# *ZOE for Life!*<sup>®</sup>

Requests the honor of your presence for the

## ***2020 MARCH FOR LIFE***

**Friday January 24, 2020**

**Washington D. C.**

**Van departing from the ZOE House (5454 State Road Parma)  
Thursday January 23, 2020 at 10AM.**

**We will be staying overnight in Washington and return to ZOE House  
at about 11PM on Friday January 24, 2020.**

**Join us and hundreds of other Orthodox Christians as we witness to  
*The truth of the SANCTITY OF LIFE.***

**“Speak up for those who cannot speak for themselves...”  
(Proverbs 31:8)**

**For more information and to reserve a seat, please call  
Kathy Kovalak (440) 842-6639**

*Please join ZOE for Life!® as we*

## ***Pray for the Unborn***



***Sunday, January 19, 2020***

***6:00***

***Supplication Service at  
St. Matthew the Evangelist Orthodox Church  
10383 Albion Road  
North Royalton, OH 44133***

***Guest Speaker: Bishop Anthony Michaels  
of the Antiochian Archdiocese***

***Light Refreshments Will be Served  
For Information call: 440-893-9990***



## PRAYER REQUESTS



### **Special Intentions:**

**Deacon Paul Mitchell** (*Tom Mitchell's father*)

**Subdeacon Theodore Lentz**

**Reader Paul Pangrace**

**Child Mary Kate Zweidunger**

**Child Vivian Sherer**

**Melissa** (*cousin of Mary Ann Kovach*)

**Lyndsey** (*friend of Melissa McCutcheon*)

**Elizabeth (Betty) Balasz**

**Marie Borland**

**Sandra Brello**

**Elsie Conrad**

**Horia Dascalescu**

**Debra Ellis**

**Gregory Galan**

**Aleksei Green**

**Virginia Haupt** (*Lisa Theodore's mother*)

**Don Hinkl**

**Matthew Hunly** (*Phyllis Gindlesperger's brother-in-law*)

**Diane Kearsey** (*Janice Tkacz's sister*)

**Lacey Udell** (*wife of Michael Udell*)

**Mara Kilbane** (*Melissa McCutcheon's granddaughter*)

**Janet Laganiak** (*cousin to Pogorily family*)

**Annamarie Luvison** (*Daughter of Kaite Ellis-Luvison*)

**Chris Magee** (*Erin Zawolowycz's brother*)

**Melissa McCutcheon**

**Michael McCutcheon**

**Marguerite Mihal** (*Paul Mihal's mother*)

**Paul Mihal**

**Natalya Miller** (*Arlene Neale's great-niece*)

**Andrew Mytrohovich**

**Debra Parhamovich** (*Karen Felon's sister*)

**Grace Parhamovich** (*Karen Felon's mother*)

**Jim Paulitzky** (*Jerry Czajkowski's son-in-law*)

**James Peter Petkac**

**Anastasia Pogorily**

**Susan Reese** (*friend of Jerry & Arlene Czajkowski and Betty Balasz*)

**Elena Rich** (*Jerry Czajkowski's daughter*)

**Joseph Rusynyk**

**Andrew Smotzer**

**David Smotzer**

**Andrew Sykaluk**

**Elaine Sudnick** (*Joy Pfeiffer's mother*)

**Tony Sykaluk** (*friend of Lydia Mytrohovich*)

**Janice Tkacz**

**Joanne Theodore** (*Lisa Theodore's mother-in law*)

**Gayle Vidovitch**

**Eleanor Wachovec** (*friend of Karen Felon*)

**Robert Walsh** (*friend of the Felons*)

**Colleen Walsh** (*friend of the*

*Felons*)

**Rolf Weber** (*Cathy Weber's grandfather*)

**Erin Zawolowycz**

**Dominic & Megan Theodore and unborn child**

**Nicholas & Erin Reidy and unborn child**

Sunday, Jan 12  
Sunday after Theophany.  
Martyr Tatiana of Rome  
and those who suffered with her  
9:00 AM Divine Liturgy

Monday, Jan 13  
Martyrs Hermylus and  
Stratonicus of Belgrade

Tuesday, Jan 14  
St. Sava I, first Archbishop of Serbia

Wednesday, Jan 15  
Ven. Paul of Thebes

## WEEKLY SCHEDULE

2020

### REMINDER:

Please be sure that cell  
phones are turned off  
before entering the  
temple.

THANK YOU.



Thursday, Jan 16  
Veneration of the Precious Chains of the Holy  
and All-glorious Apostle Peter

Friday, Jan 17  
Venerable and Godbearing  
Father Anthony the Great

Saturday, Jan 18  
Ss. Athanasius the Great (373)  
and Cyril (444), Archbishops of Alexandria  
Great Vespers 6:00 PM

Sunday, Jan 19  
31st SUNDAY AFTER PENTECOST  
Ven. Macarius the Great of Egypt.  
9:00 AM Divine Liturgy



St. Theodosius Orthodox Cathedral  
733 Starkweather Avenue  
Cleveland, Ohio 44113