

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL

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Office Hours TWTh
9AM-2PM, please call ahead

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Sacristan

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StTheodosiusCathedral@protonmail.com
Office Hours MTWTh
10:00AM-2:00PM

Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

ambo-theodosius@googlegroups.com

JULY 9, 2023

5TH SUNDAY OF PENTECOST

HIEROMARTYR
PANCRATIUS



The Hieromartyr Pancratius, Bishop of Taormina, was born when our Lord Jesus Christ yet lived upon the earth.

The parents of Pancratius were natives of Antioch. Hearing the good news of Jesus Christ, Pancratius' father took his young son with him and went to Jerusalem in order to see the great Teacher for himself. The miracles astonished him, and when he heard the divine teaching, he then believed in Christ as the Son of God. He became close with the disciples of the Lord, especially with the holy Apostle Peter. It was during this period that young Pancratius got to know the holy Apostle Peter.

After the Ascension of the Savior, one of the Apostles came to Antioch and baptized the parents of Pancratius together with all their household. When the parents of Pancratius died, he left behind his inherited possessions and went to Pontus and began to live in a cave, spending his days in prayer and deep spiritual contemplation. The holy Apostle Peter, while passing through those parts,

visited Pancratius at Pontus. He took him along to Antioch, and then to Sicily, where the holy Apostle Paul then was. There the holy Apostles Peter and Paul made Saint Pancratius Bishop of Taormina in Sicily.

Saint Pancratius toiled zealously for the Christian enlightenment of the people. In a single month he built a church where he celebrated divine services. The number of believers quickly grew, and soon almost all the people of Taormina and the

surrounding cities accepted the Christian Faith.

Saint Pancratius governed his flock peacefully for many years. However, pagans plotted against the saint, and seizing an appropriate moment, they fell upon him and stoned him. Thus, Saint Pancratius ended his life as a martyr.

The saint's relics are in the church named for him in Rome. He is also commemorated on February 9.



The Synaxis of the Archangel Gabriel is celebrated on the day after the Annunciation, and a second time on July 13. It was instituted in the ninth century, perhaps to celebrate the dedication of a church at Constantinople. Originally, the Feast was observed on October 16 (Juan Mateos, *Le Typikon De La Grande Eglise*).

An account of the Holy Archangel Gabriel is found under March 26 and November 8.

Consider Sponsoring Coffee Hour!

For those who would like to HELP with Coffee Hour but don't cook, you can now *sponsor* a Coffee Hour! By donating **\$65** you can sponsor a Coffee Hour, just put it in a white envelope marked "coffee hour" and place it in the collection basket or coffee hour basket in the Hall.

Event Committee Meeting:

On Sunday, July 16th, the Event Committee is meeting during Coffee Hour to discuss the July 30th picnic

Visiting the Elderly

Jill Morinec is looking for someone who could stay with an 92 year old friend during the day when she is at work. He is still cognitively intact and loves to read and talk. She could pay a little bit. Jill works 12h shifts and doesn't want him to be alone for almost 14 hours. He is able bodied (with a walker) and can heat up his own meals, but needs human connection. You could just come for a visit or stay part of the day. He will be up here from North Carolina on the 27th of July. Contact Jill Morinec at 216-633-0751. Thank you.

WEDDING!

Nicholas and McKenna are getting married in our Cathedral on Saturday July the 15th at 1:00 PM.

ST. MATTHEW'S

HOMESCHOOL ENRICHMENT

PANORTHODOX HOMESCHOOL GROUP

FRIDAYS 9:30-1:30

Classes run August-April

Ages 0-13

Mommy and Me

Preschool

Primary School

Catechism

Science

Language

Arts and more

St. Matthew's Orthodox Church - North Royalton
Contact Olivia Harmon @ oharmon15@gmail.com



Upcoming Social Events



July 30th- Church Picnic

August 15th- Altar Society Dinner

September 10th- Patron Saints Day Banquet

October 5th- Wine Tasting Event



November 5th- Chili Cook Off



December 17th- Christmas Choir
Concert

Don't forget to mark your calendars! More specific details for all events will be shared when they become available.

PRAYER REQUESTS

as of 7/9/2023

Deceased

Stephan

John

Tibor

Special Intentions:

Subdeacon Theodore Lentz

Subdeacon Roger Pinta

Reader Paul Pangrace

Reader Frank Tkacz

Stephan Chwalyk

Horia Dascalescu (*Lavinia's brother*)

Diane Kearsey (*Janice Tkacz's Sister*)

Janice Tkacz

Eleanor Wachovec (*friend of Karen Felon*)

Rachel Ohlin (*relative of Tatiana*)

Erin Zawolowycz

Carol Nielsen (*Paul Pangrace's sister*)

Virginia Medvec

Jeffrey Parhamovich (*brother of Karen Felon*)

Margaret Parhamovich (*sister-in-law of Karen Felon*)

Margaret Peyton (*Cathy's aunt*)

Jean Woycitzky Thompson (*Frank's cousin*)

Anna Marie Luvison (*daughter of Matthew & Katie (Ellis) Luvison*)

Debra Parhamovich (*sister of Karen Felon*)

Grace Mary Parhamovich (*mother of Karen Felon*)

Gayle Vidovich

Elizabeth Balasz

Christina Hile (*Nisi & Cindy's sister*)

Lonnie Ellis (*Husband to Debra Ellis*)

Robert Martin Prock

Valentina Zawolowycz (*mother of Paul Z*)

Michael and **Nichole** Zolikoff and **unborn child Mark**

Michael Kapeluck (*friend of Cathy*)

Elena Rich (*Daughter of Jerry*)

Edward Aleerty

Jack Zimmerman – (*Uncle to Cindy Zdinak, Nisi Pozdarec and Father John Zdinak*)

Robert McKay (*friend of Andrew Myrtrohovic*)

Matej, Anrea, Julia, Jana and family

Gwyneth Seddon (*daughter of Eric and Elisa*)

Please submit names to the Prayer List by emailing them to Fr. Jan Cizmar
st.theodosiuscathedral@gmail.com

Or calling at 1(440) 732-8182

Names remain on the list for 30 days unless requested otherwise.

ST. THEODOSIUS IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



VISITATIONS

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason. His phone number and email address are printed on the front of every Ambo, and are repeated here:

Father Jan Cizmar - 1(440) 732-8182 - st.theodosiuscathedral@gmail.com

Return of the **Parish Picnic! (Note: Date Correction)**

July 30th, 2023 following Divine Liturgy at St. Theodosius Parish Hall in Tremont. Meat and Beverages provided, Bring sides and deserts (and a change of clothes). Sing up sheet is in the Vestibule and Parish Hall.



Sunday, July 9

5th Sunday after Pentecost
Hieromartyr Pancratius, Bishop of Taormina in Sicily (1st c.)
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour

Monday, July 10

Ven. Anthony of the Kiev Caves, Founder of Monasticism in Russia (1073)

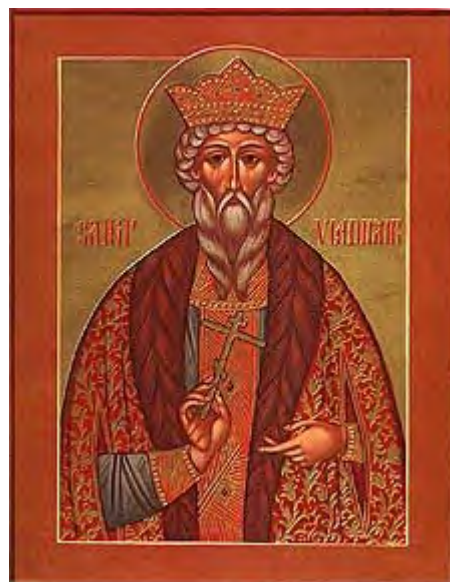
Tuesday, July 11

Finding of the Relics of Saint Hilarion, Archbishop of Verey (1998)

Wednesday, July 12

Venerable Paisios of the Holy Mountain
6:00 PM Akathist to the Holy Theotokos

WEEKLY SCHEDULE 2023



Thursday, July 13
Synaxis of the Archangel Gabriel

Friday, July 14
Apostle Aquila of the Seventy (1st c.)

Saturday, July 15
Holy Great Prince Vladimir (Basil in Baptism), Equal of the Apostles, and Enlightener of Rus' (1015)
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
6:00 PM Great Vespers

Sunday, July 16
6th Sunday after Pentecost
Fathers of the 1st Six Ecumenical Councils
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour