## Ambo

St. Theodosius Orthodox Cathedral

733 Starkweather Avenue Cleveland, Ohio 44113

### www.sttheodosius.org

Father Jan Cizmar 1(440) 732-8182 <u>st.theodosiuscathedral@gmail.com</u> Office Hours TWTh

Subdeacon Michael Tabeling, Sacristan

9AM-2PM, please call ahead

Subdeacon Igor Gajewsky Sacristan

Reader Julius Kovach, Ecclesiarch & Choirmaster

Denise "Nisi" Pozderac dpozderac.tlc@gmail.com Parish Council President

Mary Swit, Parish Secretary 1(216) 574-4886
StTheodosiusCathedral
@protonmail.com
Office Hours MTWTh

Office Hours M I W I h 10:00AM-2:00PM

Paul Zawolowycz Ambo Editor

## **Divine Services**

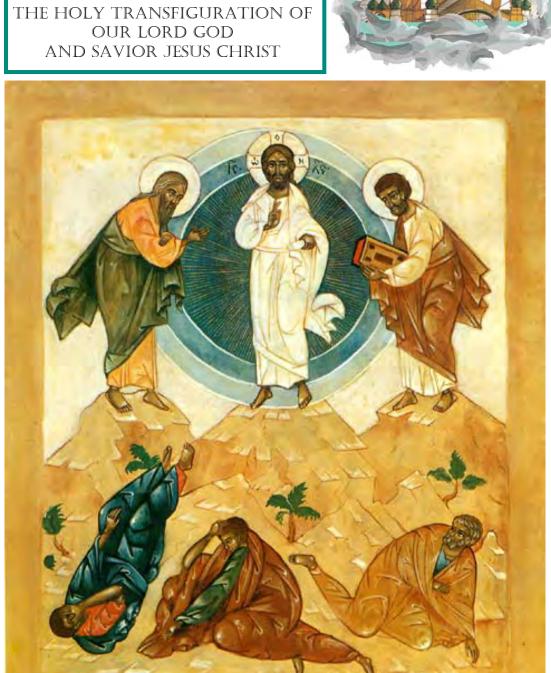
Eve Sundays & Feast Days 5:00 PM Confessions 6:00 PM Great Vespers Sundays and Feast Days 8:40 AM 3rd and 6th Hour 9:00 AM Divine Liturgy

Please check weekly schedule for specific days (last page). Previous Ambos on website.

Articles for publication should be submitted to: <a href="mailto:ambo-theodosius">ambo-theodosius</a> <a href="mailto:@googlegroups.com">@googlegroups.com</a>

## AUGUST 6, 2023

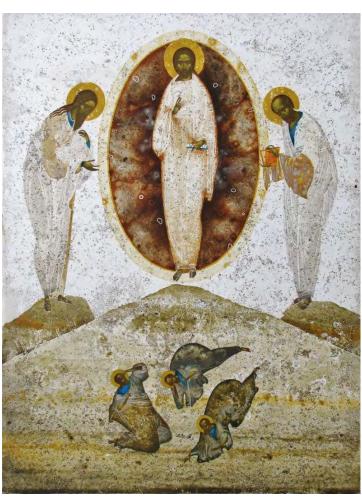
9TH SUNDAY OF PENTECOST



Transfiguration of Our Lord

The Lord had begun warning his disciples about the dangers they would face, and also about His Passion and death. He also told them that they would be persecuted by pagans and enemies of the Gospel. He explained that these things pertain to the present life, but what is essential is eternal life. Desiring to give His disciples a foretaste of eternal life, he took three of them, Peter, James and John, and brought them up to Mount Tabor.

There He was transfigured before them and His face shone like light. Moses and Elias appeared and spoke with Jesus. The Lord took



only those disciples because they were more preeminent than the others. Peter was chosen because he loved Christ very much, Iohn because he also loved Christ, and James because he was able to drink the cup that Christ drank (Matthew 20:23). The Lord showed them Moses and Elias in order to correct their erroneous ideas of who He was, as though He were Saint John the Baptist, or some great prophet. That is why He revealed His glory to them 'as far as they could bear it.' All this took place during the Transfiguration of our Lord **Iesus Christ on Mount** Tabor.

## **VISITATIONS**

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason. His phone number and email address are printed on the front of every Ambo, and are repeated here:

Father Jan Cizmar - 1(440) 732-8182 - st.theodosiuscathedral@gmail.com

## **Consider Sponsoring Coffee Hour!**

For those who would like to HELP with Coffee Hour but don't cook, you can now <u>sponsor</u> a Coffee Hour! By donating <u>\$65</u> you can sponsor a Coffee Hour, just put it in a white envelope marked "coffee hour" and place it in the collection basket or coffee hour basket in the Hall.

## Visiting the Elderly

Jill Morinec is looking for someone who could stay with an 92 year old friend during the day when she is at work. He is still cognitively intact and loves to read and talk. She could pay a little bit. Jill works 12h shifts and doesn't want him to be alone for almost 14 hours. He is able bodied (with a walker) and can heat up his own meals, but needs human connection. You could just come for a visit or stay part of the day. He will be up here from North Carolina on the 27th of July. Contact Jill Morinec at 216-633-0751. Thank you.

## FOCA Family Festival

Saturday August 26, Following vespers (Rain or Shine) Featuring

Family Friendly Drive - in Movie Disney's



Join us for vespers at 6:00 pm and a cookout to follow. Burgers, Dogs, Chips and a drink for all!



Sponsored by the Ohio District of the FOCA Hosted by St. Nicholas Church, 755 S Cleveland Ave., Mogadore OH

## Things you'll need to bring;

Folding Chairs, Blankets, an fm radio for sound, Popcorn, snacks, and additional drinks, Summer cookout games and most important you and your family!



Free Event!!! - Reservations Required!!!

Reserve your spot by scanning the QR code or clicking the link below;

https://www.eventbrite.com/e/foca-family-festival-tickets-681637344647

Everyone Welcome! Let's get together!!!

St. Theodosius Orthodox Cathedral Ambo - Page 3



## Orthodox Church in America DIOCESE OF THE MIDWEST

4 August 2023
The Seven Holy Sleepers of Ephesus
№. 106

## ARCHPASTORAL MESSAGE ON THE FEAST OF THE TRANSFIGURATION OF THE LORD

## Dearly beloved in Christ,

This Sunday, August 6, the Church celebrates the Feast of the Transfiguration of the Lord. The Gospel passage proclaimed at the Divine Liturgy of the Feast tells the story of what we commemorate on this day. The Apostles Peter, James, and John were with the Lord and He "led them up a on a high mountain by themselves" (St Matthew 17:1). As the Lord prayed, His face changed in appearance: it "shone like the sun," and "His clothes became as white as the light" (v. 2). Then appeared Moses, the great Giver of the Law, and with him Elijah, the greatest of the prophets. The two of them stood on either side of Jesus, and they began to speak with Him, and He with them. We can only begin to imagine how overwhelmed the Apostles must have been to see all of this! In that moment and in their very presence, their Lord and Master, the One with whom they walked and talked and lived their daily lives, was transfigured as He revealed His glory. And as if that were not enough, they witnessed Jesus speaking with the two great heroes and spiritual pillars of God's chosen people. Overcome by this sight, Peter spoke up and said to Jesus, "Lord, it is good for us to be here; if you wish, let us build three tabernacles: one for you, one for Moses, and one for Elijah" (v. 4). The Gospel account further tells us that Peter had not yet finished speaking when a Bright Cloud covered them all, and a Voice "from the Excellent Glory" (2 Peter 1:17) testified to Christ.

There are many lessons to be taken from this high point in the Lord's earthly ministry. The Apostles' ascent to the top of Mount Tabor invites us to reflect upon the importance of stepping away from our daily worries and worldly concerns so that we might contemplate the Lord Jesus. We remember that we too are invited to "ascend the mountain of the Lord" (Isaiah 2:3; Micah 4:2), and to share in the transforming glory of the Lord's Presence (cf. 2 Corinthians 3:18). We are regularly reminded of this call to leave behind the distractions of daily life during the celebration of the Divine Liturgy, as we sing the words: "Let us ... now lay aside all earthly cares." Only in this way can we come into the Presence of the Lord, unhindered and unburdened by the cares of this worldly existence.

Still, at the end of this spectacular experience on Mount Tabor, the Apostles came down from the heights they had ascended. Having experienced this singular moment at the very summit of a notably high mountain, they returned to the valley down below. They had to go back to their daily lives, despite Peter's eagerness to set up three tents as a way to preserve the experience for a while longer. Yet Peter, James, and John had also been transformed and transfigured; their lives were forever changed as a result of that amazing moment. They had seen the Lord, literally, in a new light. They understood and recognized Him more fully. Truly, He was the fulfillment of the Law and the Prophets. Truly, the glory of His divinity had been revealed, and these chosen Apostles took that experience with them as they descended from the mountain. They returned to their daily lives energized by their faith in the One Whom God had sent, and they were prepared for the life of the world to also be transformed.

This happens with us as well: we too have our own experiences "at the mountaintop." Our experience of Christ takes many forms, but it can most easily be identified in the Mysteries of the Church, and most particularly in the Holy Mystery of the Eucharist. In the moment in which we receive the Holy Gifts, we experience Christ directly, physically, and spiritually. He comes to us and into our souls and bodies us so that we might be transformed and transfigured with Him, as were the Apostles Peter, James, and John. But then, having had this direct experience of the Transfigured and Transfiguring Christ, we return to the valley of our lives, to our daily concerns and activities. We return to our daily lives and regular routines in order to fulfill our call to be Christ's transforming presence in the midst of a wounded and hurting world.

In the revelatory moment of the Transfiguration, the Voice of the heavenly Father is heard saying, "This is My beloved Son, in whom I am well pleased. Hear Him!" (St Matthew 17:5). Beloved, let us hear the Lord in the many ways in which He speaks to us! Let us hear His voice calling us to unite ourselves to Him in order to be transfigured with Him. And during this Dormition Fast, as we prepare for the celebration of the Falling Asleep of the Most Holy Theotokos, let us turn to her, the one who most fully heard the word of the Lord and kept it (cf. St Luke 11:28), asking Her to teach us to listen to the voice of the Lord, so that we too may experience the ultimate transfiguration that awaits us in the Kingdom of Heaven.

Wishing you and yours a blessed and joyous Feast, I remain,

Yours in Christ,

DANIEL
Archbishop of Chicago and the Midwest

St. Theodosius Orthodox Cathedral Ambo - Page 5

## HOLY ASSUMPTION ORTHODOX CHURCH HALUPKI FESTIVAL

EVENT - HALUPKI FESTIVAL (pronounced hah-LOOP-key; they're cabbage rolls)

WHEN - Sunday, August 20, 2023; 11:30 am to 6 pm

WHERE - Holy Assumption Orthodox Church parish grounds

114 East Main Street (Route 163); Marblehead, Ohio

**CONTACTS** - Rectory (419) 798-4591

Publicity Chairman Wayne Golob (419) 625-1040

It's Summertime, and in Marblehead, Ohio, folks will soon smell the cabbage rolls a-cookin' and hear the lively sounds of polka music at the big 66th Annual **HALUPKI FESTIVAL**. The **HALUPKI FESTIVAL**, a celebration of Carpatho-Russian foods and culture, is presented each year on the third Sunday of August by Holy Assumption Orthodox Church, 114 East Main Street (Route 163), in picturesque Marblehead on Lake Erie. 2023 marks the 125th Anniversary of Holy Assumption as a parish, in 1898. This year's event takes place on Sunday, August 20<sup>th</sup>.

The day's activities begin with worship at Divine Liturgy in the beautiful, historic church at 10:00 am. The choir of SS. Peter and Paul Orthodox Church in Lorain will sing at Liturgy. All are welcome to join us in worship.

The festival begins at 11:30 am with the serving of their *Carpatho-Russian Dinner* of 2 halupki, 2 perohi, kolbasi, and baklava for dessert. At 2 pm, the *Eastern European Ala Carte* will open, featuring halupki (cabbage rolls), perohi (pierogies), halushki (cabbage and noodles), kolbasi (smoked sausage), spanakopita (spinach pie). and much more.

Delicious Old World-Style baked goods, including nut and poppy seed rolls (kolach, or koh-LAHCH), as well as baklava, will be sold.

Live entertainment gets underway at 11:30 am as the local acapella chorus North Coast Tempo makes their festival debut singing your favorite Do-Wop tunes. Dance music takes over at 12 Noon with polka music by the Frank Moravcik Orchestra and another new-to-the-festival group, the Culkar-Golob Band, both of Cleveland, alternating every hour throughout the afternoon.

The parish church, the oldest Orthodox church in Ohio and a historic landmark, will be open with tours for visitors. Orthodox religious items will be for sale. A demonstration of the Rusyn art of Pysanky (pih-SAHN-key), or Easter egg decorating, will be given by local artist Helen Jean Cooley. Herman Halupki's Craft Fest, with 25+ vendors, will be on the lawn during the Festival. Fun for the kids includes a bounce/slide, a rock wall for climbing, and "Face Painting by Summer". Refreshments and raffles complete the offerings. It all adds up to a day of fun on the Marblehead Peninsula.

The **HALUPKI FESTIVAL** is held on the parish grounds of Holy Assumption Orthodox Church; look for "the little stone church with the golden domes". Admission to the festival is absolutely free of charge. There is ample free parking in easy walking distance, and a shuttle bus running between parking areas and the festival grounds.

For more info, visit us on Facebook at "Halupki Festival", or check out our parish website at www.holyassumptionmarblehead.org.

St. Theodosius Orthodox Cathedral Ambo - Page 6

## Holy Assumption Orthodox Church

# Halupki Festival SUNDAY AUGUST 20, 2023 110 E. MAIN STREET (SR 163) MARBLEHEAD, OHIO 43440

**Parish 125 Anniversary** 

Divine Liturgy 10:00 AM

## **FOOD**

## Carpatho-Russian Dinner Starting at 11:30am

2 Halupki

2 Perohi

Kielbasa

Baklava

Roll & Butter

## Eastern European Ala Cart Starting at 2:00 pm

Halupki

Perohi

Kielbasa & Kraut

Bratwurst

Halushki & Cabbage

And more!



## **ACTIVITIES**

## **Historic Church Tours** Live Polka Music

Frank Moravcik Orchestra

Culkar-Golob Band

## Herman Halupki's Craft Fest

25+ vendors

Rusyn (Pysanky) Easter Egg Art

**Bounce House** 

**Face Painting** 

by Summer

VIOC Rock Climbing Wall

Main Raffle

**Hourly 50/50** 

**Admission is FREE!** FREE SHUTTLE SERVICE FROM PARKING LOCATION

FOR MORE INFORMATION





HalupkiFestival



holyassumptionmarblehead.org info@holyassumptionmarlehead.org



## PRAYER REQUESTS

as of 8/6/2023

Deceased

**Annette** Lapso (nee Ressetar, family of Linda Ko-

vach)

**Marianne** Kormos

Marie Borland

**Special Intentions:** 

**Subdeacon Theodore** Lentz

Subdeacon Roger Pinta

Reader Paul Pangrace

**Reader Frank** Tkacz

Reader Dan Morris

**Stephan** Chwalyk

Horia Dascalescu (Lavinia's brother)

**Diane** Kearsey (Janice Tkacz's Sister)

Janice Tkacz

**Eleanor** Wachovec (friend of Karen Felon)

**Rachel** Ohlin (relative of Tatiana)

Erin Zawolowycz

**Carol** Nielsen (Paul Pangrace's sister)

Virginia Medvec

**Jeffrey** Parhamovich (brother of Karen Felon)

Margaret Parhamovich (sister-in-law of Karen Fel-

on)

Margaret Peyton (Cathy's aunt)

**Jean** Woycitzky Thompson (Frank's cousin)

**Anna Marie** Luvison (daughter of Matthew & Katie

(Ellis) Luvison)

**Debra** Parhamovich (sister of Karen Felon)

**Grace Mary** Parhamovich (mother of Karen Felon)

Gayle Vidovich

**Elizabeth** Balasz

**Christina** Hile (*Nisi* & Cindy's sister)

**Lonnie** Ellis (Husband to Debra Ellis)

**Robert** Martin Prock

**Valentina** Zawolowycz (mother of Paul Z)

Michael and Nichole Zolikoff and child Declan

Mark

**Michael** Kapeluck (friend of Cathy)

**Edward Aleerty** 

Jack Zimmerman – (Uncle to Cindy Zdinak, Nisi Poz-

darec and Father John Zdinak)

**Robert McKay** (friend of Andrew Myrtrohovic)

Matej, Anrea, Julia, Jana and family

**Gwyneth** Seddon (daughter of Eric and Elisa)

Emerson Joy Seddon (granddaughter of Eric and

Elisa)

**Paul** Eppele (father-in-law of Lauren Eppele)

Lavinia Cozmin-Morris

**Elena** Rich (*Jerry Czajkowski's daughter*)

Please submit names to the Prayer List by emailing them to Fr. Jan Cizmar

st.theodosiuscathedral@gmail.com
Or calling at 1(440) 732-8182
Names remain on the list for 30 days unless
requested otherwise.

## ST. THEODOSIUS IS & SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: https://www.sttheodosius.org/donate



## Daily Scripture Readings

Scripture readings are listed in the calendar. They are also available on the OCA website at https://www.oca.org/readings (clicking on a reading expands it for reading—very convenient)



## UPCOMING SOCIAL EVENTS

- August 15th—Altar Society Dinner
- September 10th—Patron Saints Day Banquet (His Eminence Archbishop Daniel to attend)
- October 5th—Wine Tasting Event
- November 5th—Chili Cook Off
- December 17th—Annual Christmas Choir Concert

## Sunday, August 6

9th Sunday after Pentecost

The Holy Transfiguration of our Lord God and Savior Jesus Christ

8:40 AM 3rd and 6th Hours 9:00 AM Divine Liturgy Coffee Hour St. Herman House Honey for

sale during coffee hour

## Monday, August 7

Afterfeast of the Transfiguration Holy Martyr Mercurius of Smolensk (13th c.)

### Tuesday, August 8

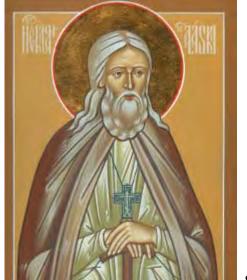
Afterfeast of the Transfiguration St. Emilian the Confessor, Bishop of Kyzikos (813-820)

## Wednesday, August 9

Afterfeast of the Transfiguration Glorification of Ven. Herman of Alaska, Wonderworker of All America (1970)

8:40 AM 3rd and 6th Hours 9:00 AM Divine Liturgy





### Thursday, August 10

Afterfeast of the Transfiguration Holy Martyr and Archdeacon Lawrence of Rome, Hieromartyr Sixtus, Bishop of Rome, and Martyrs Felicissimus and Agapitus, Deacons (258)

## Friday, August 11

Afterfeast of the Transfiguration Holy Martyr and Archdeacon Euplus (Euplius) of Catania (304)

## Saturday, August 12

Afterfeast of the Transfiguration Martyrs Anicletus and Photius (Photinus) of Nicomedia, and many with them (305-306) 6:00 PM Transfiguration Vespers

### Sunday, August 13

10th Sunday after Pentecost Leavetaking of the Transfiguration St. Tikhon, Bishop of Vorónezh, Wonderworker of Zadónsk and All Russia (1783) 8:40 AM 3rd and 6th Hours 9:00 AM Divine Liturgy Coffee Hour

