

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL

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Cleveland, Ohio 44113

www.sttheodosius.org

Father Jan Cizmar
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Office Hours TWTh
9AM-2PM, please call ahead

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Sacristan

Subdeacon Igor Gajewsky
Sacristan

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Office Hours MTWTh
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Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

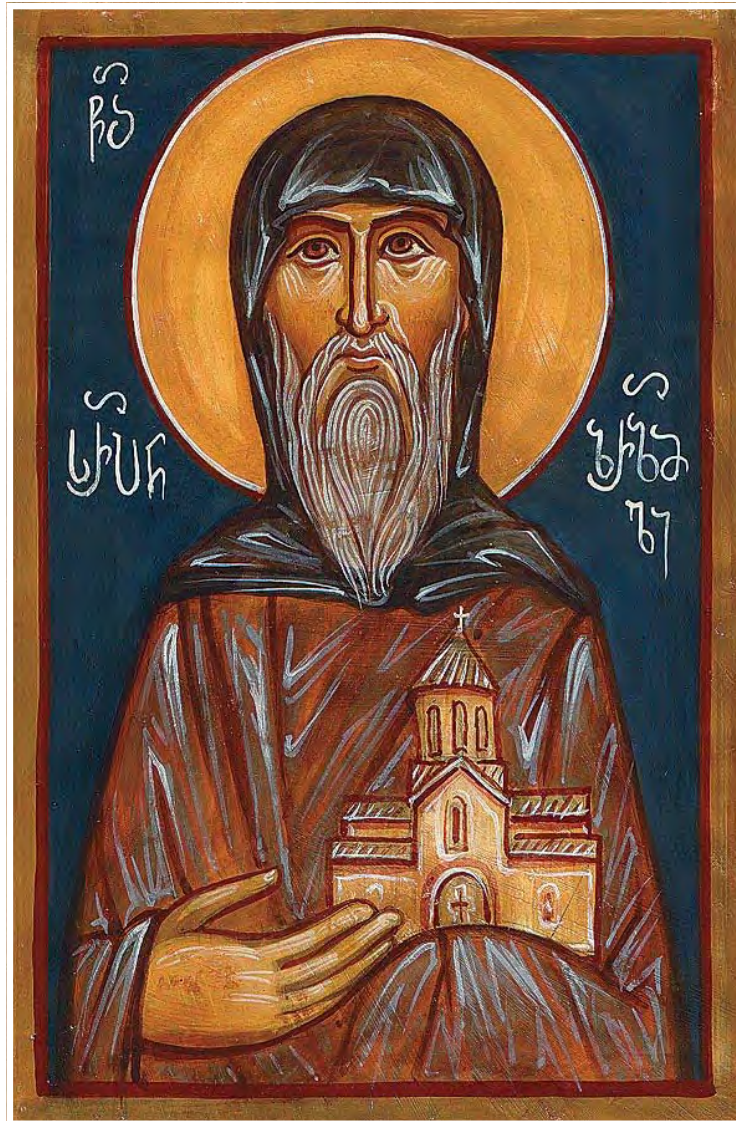
ambo-theodosius

@googlegroups.com

OCTOBER 29, 2023

21ST SUNDAY OF PENTECOST

MONASTIC MARTYR
ANASTASIA OF ROME



Saint Serapion of Zarzma (Oct 29) was the son of a Klarjeti aristocrat famed for his wealth and good deeds. Serapion had two brothers, who were still young when their mother died.

Their father also reposed soon after.

From childhood Saint Serapion longed to lead the life of a hermit. With his younger brother, John, he set off for Parekhi Monastery, where he requested the spiritual guidance of "the spiritual father and teacher of orphans," the great wonderworker Michael of Parekhi.

The older brother remained at home to continue the family tradition of caring for wanderers and the poor.

Saint Michael perceived in the young Serapion true zeal for a divine min-

istry and blessed him to enter the priesthood.

Once, while he was praying, Saint Michael was instructed in a vision to send his disciples Serapion and John to Samtskhe to found a monastery.

Serapion was alarmed at the thought of such a great responsibility, but he submitted to his spiritual father's will and set off for Samtskhe with several companions. He took with him a wonderworking icon of Our Lord's Transfiguration.

The monks climbed to the peak of a very high mountain and, having looked around at their environs, decided to settle there and begin construction of the monastery. But soon the villagers chased the monks away, and the holy fathers located the exact place that their shepherd, Saint Michael, had seen in the vision. At that time a faithful nobleman named George Chorchaneli ruled in this mountainous region. Once, while he was out hunting, George saw smoke over the dense forest and sent a servant to discover the cause. He was soon informed that two remarkable monks had settled in that place. Immediately he set off for the spot, humbly greeted the monks, venerated the wonderworking icon, and asked for the fathers' blessings.

Overjoyed and inspired by Serapion's preaching, the prince fell on his knees before him and promised to help him in every way to establish the new monastery. Having donated this land and the surrounding area to the monastery, he presented the monks with a deed assigning ownership of all the territory the monks could cover on foot in one day to the future monastery. The prince sent his servant to accompany them.

The brothers walked over unexplored territory, through dense forests, and over rocky paths. Two local residents, the God-fearing Ia and Garbaneli, accompanied them. But not all the local people received the monks so warmly: the residents of Tsiskvili met them with hostility and tried to

block their path.

That very same night a miracle occurred: an earthquake split the rocks that were holding back Lake Satakhve and washed away the entire village of Tsiskvili. Only two brothers survived. To this day this place has been called "Zarzma" [the word "zari" is often used to denote a tragic occurrence].

The brethren began to search for a suitable place to build their church. Saint Serapion wanted to construct the church on a high hill, but John and the other brothers objected. "It is not necessary, Holy Father, to build in this place," they said. "It is high and cold here, and the brothers are dressed only in rags."

To resolve this question, the holy fathers filled two small icon lamps with equal amounts of oil. Serapion placed one of them at the top of the hill, John placed the other near a stream on the southern side of the hill, and they began to pray. At daybreak Serapion's lamp had already gone out, but John's lamp continued to burn until midday. Thus they began to build the church in the place that John had chosen.

The monks faced many obstacles in the construction of their church. The area was covered with dense forest, and the stones necessary for building could be found only in the river. At George Chorchaneli's suggestion, they salvaged the stone from a church that had been destroyed by the earthquake.

After three years of construction, the monastery was completed, and the wonderworking icon of the Transfiguration was placed in the altar of the church. The monks fashioned cells, and Saint Serapion established the Rule of the monastery.

When he was approaching death, Michael of Parekhi sent two of his disciples to Serapion and John. When he learned that the construction of

the monastery was completed, he rejoiced exceedingly and blessed its benefactor, George Chorchaneli. Then he took the withered branch of a box tree and presented it to him, saying, "My son, plant this tree near the church and, if it blossoms again, know that it is God's will that you zealously continue the work you have begun in His name." After some time the branch blossomed,

and this miracle became known to many. When the blessed Serapion sensed the approach of death, he summoned the brothers, bade them farewell, and appointed Hieromonk George his successor as abbot. He was buried with great honor on the eastern side of the altar at the monastery church.

VISITATIONS

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason. His phone number and email address are printed on the front of every Ambo, and are repeated here:

Father Jan Cizmar - 1(440) 732-8182 - st.theodosiuscathedral@gmail.com

Notice: The St. Theodosius Parish Budget Meeting will be on November 19th after Divine Liturgy

ST. THEODOSIUS ORTHODOX CHRISTIAN CATHEDRAL

THE CHRISTIAN WAY OF LIFE ACCORDING TO OUR CHURCH FATHERS

November 1 Fear of God

November 15 Obedience

November 20 Despondency

November 29 Struggle

December 12 Stillness

Each class will follow a worship service beginning
at 6:00 PM

Boys' Night Out

Gents, it's once again time for the pre-Nativity fast Boys' Night Out!

Mark your calendars **for Sunday November 12, 5PM, at**

The Treehouse in Tremont

820 College Ave., at the corner of College and Professor, just a short walk from the Cathedral.

PLEASE let Dan Morris know if you plan to make it - we do need a headcount!



THE ALTAR SOCIETY CHRISTMAS COOKIE WALK WILL BE HERE BEFORE WE KNOW IT!

Can you help make it a success? Our group baking sessions held in the Parish

Center will begin at 9:30A.M. on

Monday, October 23rd

Friday, October 27th

Monday, November 6th

Friday, November 10.

Call Susan Lentz 216-258-8048, Joyce Tabeling 216-408-7187 or LaVerne Jacobson 440-845-5115 to say YES!

The list for Individual parish bakers will be posted in the Parish Center on November 5th.



Consider Sponsoring Coffee Hour!

For those who would like to HELP with Coffee Hour but don't cook, you can now sponsor a Coffee Hour! By donating \$65 you can sponsor a Coffee Hour, just put it in a white envelope marked "coffee hour" and place it in the collection basket or coffee hour basket in the Hall.

Q4 2023 Coffee Hour Sign-Up

Questions/Concerns: Cathy Weber (412-215-1928)

Oct 29 Cathy and Tammy

Nov 5 CHILI COOKOFF

(Sponsored by event committee)

Nov 12 Sarah and Mike Brennan

Nov 19 (Fast Week) M.Jana

Nov 26 (Fast Week) Dan & Lavinia

Dec 3 (Fast Week) Joyce and Judy

Dec 10 (Fast Week) Nikol and M.Cindy

Dec 17 (Fast Week) Gayle/Wayne/Shawna

Dec 24 (Fast Week) Sponsored by: Una Alexandrovic

Dec 31 M.Jana

St. Herman House FOCUS Cleveland Presents

ENCOUNTERING CHRIST

On Our Daily Pilgrimage



His Eminence
**ARCHBISHOP
DANIEL**

**MONDAY,
NOVEMBER 13**

**630-730 Appetizers
730-830 Program**

Holy Trinity Orthodox Church
6822 Broadview Rd, Parma, OH 44134

TICKETS \$30

[To Purchase Tickets Click This Link](#)



Theotokos of Vladimir

**EASTERN ORTHODOX WOMEN'S GUILD
OF GREATER CLEVELAND
UNITY THROUGH PARTICIPATION**

*"O give thanks to the Lord, for he is good, for his steadfast
love endures forever!" Psalm 107:1*



**Saturday, November 11, 2023
10:00 A.M.**

**St. Demetrios Greek Orthodox Church
22909 Center Ridge Road
Rocky River, OH 44116**

- ♥ **Fellowship and Refreshments**
- ♥ **Distribute gifts** for Nursing Home and shut-in parishioners
- ♥ **Speaker and Topic – Joanne Stoyka – Touring the Eastern Orthodox Churches in Eastern Europe**



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Middle / Senior HS girls
fellowship and devotional group

Material: *Woven: An Interactive Book for the Modern Teenage Girl on Orthodox Christianity*

By the Metropolis of Atlanta's Family Life Ministry,
available through Ancient Faith

Starting November, 2023

1st sessions Nov 13 and Nov 27, 6:30-7:30pm

Remaining dates TBD

Location: Holy Trinity Orthodox Church

6822 Broadview Rd, Parma, OH

Contact: Mat Jen Moore

Jenlewis82@hotmail.com

765 480 8801

Lots & lots of upcoming opportunities for Orthodox fellowship!

Please be informed of the following:

- 1) This Weekend (Away) - Spots are still available at the 2023 Young Adult Retreat @ Camp Nazareth! Visit tinyurl.com/vafall2023 for details.
- 2) This Saturday (Local) - Fellowship dinner at the Farage Home in Fairlawn @ 4:30 p.m. Contact Fr. Nick at nmanuel@annunciationakron.org for the address and more details.
- 3) This Monday, October 30th - Movie Monday and YAL (Young Adult League) ally their Forces in a belated "OXI Day" celebration in the Cultural Hall to screen *The Guns of Navarone* (1961, 2 hours & 38 minutes.) A team of Allied soldiers, disguised as Greek fishermen, must infiltrate a Nazi-occupied Greek island to destroy two enormous field guns that prevent the rescue of POWs. Filmed on location on the island of Rhodes. This Oscar-winning film stars Gregory Peck, Anthony Quinn, and Irini Pappas. Enjoy Greek meze & 'shots during shots'. This event is at St. Demetrios Church (22909 Center Ridge Rd, Rocky River, 44116).
- 4) Monday, November 6th - Orthodoxy on Tap at The Chop House, 9519 E Market St, Warren, OH 44484 at 7:30 p.m.
- 5) Wednesday, November 8th - Man of God (St. Nektarios Biopic) showing at Sts. Constantine & Helen, Cleveland Heights. Potluck at 6PM, movie at 6:45 PM. Special Note: Courtesy of our friends at Annunciation, Cleveland, a relic of the saint will be available for veneration. Questions? Contact tcherpas@stsconstantine.com
- 6) Saturday, November 11th - St. Kyranna Cooking Class at Sts. Constantine & Helen, Cleveland Heights. Vespers @ 5pm; class @ 6pm.
- 7) Saturday, December 2nd (North) - Taverna Night at Sts. Constantine & Helen, Cleveland Heights. Visit <https://form.jotform.com/232823569991167> for details.
- 8) Saturday, December 2nd (South) - St. Kyranna Cooking Class at Annunciation, Akron. Vespers @ 4pm; class @ 5pm.

Cheers,

REAL Cleveland

PRAYER REQUESTS

as of 10/29/2023

Deceased

George (cousin of N. Cambouris)

Irene Hrywko

Special Intentions:

Fr. Micah Chisholm

Subdeacon Theodore Lentz

Subdeacon Roger Pinta

Subdeacon Leon Felon

Reader Paul Pangrace

Reader Frank Tkacz

Stephan Chwalyk

Horia Dascalescu (Lavinia's brother)

Diane Kearsey (Janice Tkacz's Sister)

Janice Tkacz

Eleanor Wachovec (friend of Karen Felon)

Rachel Ohlin (relative of Tatiana)

Erin Zawolowycz

Carol Nielsen (Paul Pangrace's sister)

Virginia Medvec

Jeffrey Parhamovich (brother of Karen Felon)

Margaret Parhamovich (sister-in-law of Karen Felon)

Margaret Peyton (Cathy's aunt)

Jean Woycitzky Thompson (Frank's cousin)

Anna Marie Luvison (daughter of Matthew & Katie (Ellis) Luvison)

Debra Parhamovich (sister of Karen Felon)

Grace Mary Parhamovich (mother of Karen Felon)

Gayle Vidovich

Elizabeth Balasz

Christina Hile (Nisi & Cindy's sister)

Lonnie Ellis (Husband to Debra Ellis)

Robert Martin Prock

Valentina Zawolowycz (mother of Paul Z)

Mark

Michael Kapeluck (friend of Cathy)

Jack Zimmerman (Uncle to Cindy Zdinak, Nisi Pozdarec and Father John Zdinak)

Robert McKay (friend of Andrew Myrtrohovic)

Gwyneth Seddon (daughter of Eric and Elisa)

Paul Eppelle (father-in-law of Lauren Eppelle)

Elena Rich (Jerry Czajkowski's daughter)

Aaron and Nadine Drummond (Ellis) & unborn child

Wasył Miroewski (Uncle of Tim Closs)

Amelia Thombs (Sister of Ethan)

Milan Shumkaroff (friend of Cindy Zdinak)

Bernadette Seddon (daughter of Eric and Elisa)

Jeanine

Martha (friend of Linda Kovach)

Please submit names to the Prayer List by emailing them to **Fr. Jan Cizmar**

st.theodosiuscathedral@gmail.com

Or calling at 1(440) 732-8182

Names remain on the list for 30 days unless requested otherwise.

ST. THEODOSIUS IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



UPCOMING SOCIAL EVENTS

- November 5th—Chili Cook Off
- December 17th—Annual Christmas Choir Concert



REMINDER: FAITH ENRICHMENT BOOK STUDY

Faith Enrichment is covering the book *Orthodox Christian Reflections on the Wisdom of Sirach*

Thursdays at the Parish Hall at 11:00 AM. Two days remaining: 11/2, 11/9



St Theodosius Chili Cook-off November 5th!

Last day to enter the cook-off is today, October 29th!

To enter, contact waynevidovich@gmail.com

This is the deadline to enter as a contestant making chili, for the rest of us it's just going to be an amazing Coffee Hour! No sign-up needed.

Sunday, October 29

21st Sunday after Pentecost
Monastic Martyr Anastasia of Rome
(3rd c.)
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour

Monday, October 30

Hieromartyr Zenobios and his sister
Zenobia, of Aegæ in Cilicia (285)

Tuesday, October 31

Hieromartyr Archpriest John Korchurov (1917)
6:00 PM Kievan Chant Troparion Tones

Wednesday, November 1

Holy Wonderworkers Cosmas and
Damian of Mesopotamia, and their
mother, St. Theodota
6:00 PM Akathist, followed by
*The Christian Way of Life, according to
our Church Fathers*

WEEKLY SCHEDULE 2023



Monastic Martyr
Anastasia of Rome

Thursday, November 2

Martyrs Acindynus, Pegasius,
Aphthonius, Elpidephorus,
Anempodistus, and 7,000 with them, of
Persia (ca. 341-345)
11:00 AM Faith Enrichment

Friday, November 3

Martyrs Akepsimas the Bishop, Joseph
the Presbyter, and Aeithalas the Deacon,
of Persia (4th c.)

Saturday, November 4

Hieromartyr Seraphim (Samoilovich),
Archbishop of Uglich (1937)
4:45 PM Church School
6:00 PM Great Vespers
(Daylight Saving Time Ends)

Sunday, November 5

22nd Sunday after Pentecost
Martyrs Galaction and his wife,
Epistemis, at Emesa (3rd c.)
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour