

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL



MARCH 10, 2024
SUNDAY OF THE
LAST JUDGEMENT

733 Starkweather Avenue
Cleveland, Ohio 44113

www.sttheodosius.org

Father Jan Cizmar
1(440) 732-8182
st.theodosiuscathedral@gmail.com

Office Hours TWTh
9AM-2PM, please call ahead

Subdeacon Michael Tabeling
Sacristan

Subdeacon Igor Gajewsky
Sacristan

Reader Julius Kovach
Ecclesiarch & Choirmaster

Denise "Nisi" Pozderac
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Parish Council President

Mary Swit
Parish Secretary
1(216) 574-4886
StTheodosiusCathedral@protonmail.com

Office Hours MTWTh
10:00AM-2:00PM

Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

ambo-theodosius

@googlegroups.com



Commemoration of all our God-bearing Fathers and Mothers who shone forth in asceticism (March 16).

On this day, we commemorate all the righteous and God-bearing Fathers and Mothers, both known and unknown, who shone forth in asceticism. With these two weeks of Meatfare and Cheesefare, the Church gradually eases us into the full fasting which begins on Monday.

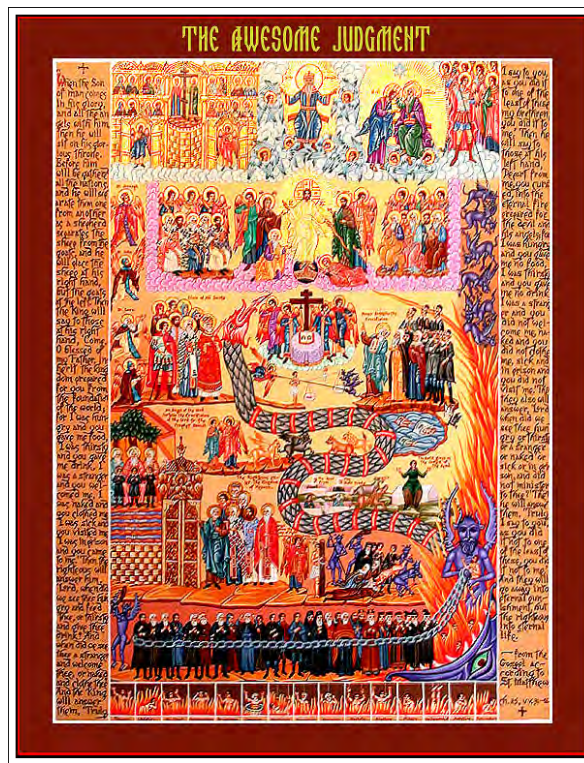
The holy acetics are virtuous men and women who contended against the devil and their own passions. By examining their lives and their struggles against the Enemy, we take courage from the victory they have achieved, and are inspired to imitate their God-pleasing conduct. They also teach us that fasting is not merely abstinence from food, but involves re-

fraining from inappropriate speech and unseemly actions.

Since these holy ascetics share the same human nature that we have, their example is an encouragement to us as we embark on our own spiritual struggles. Their lives are a model for us to follow as we seek to acquire and practice the various virtues and to turn away from everything evil. If we undertake these same struggles of prayer, fasting, and good works, we shall receive from God the same reward they did.

Most of the holy ascetics commemorated today have their own separate Feast Day during the year, while some are remembered only on this day.

Today's Gospel reading is Matthew 25:31-46, the parable of the **Last Judgment**. It reminds us that while trusting in Christ's love and mercy, we must not forget His righteous judgment when He comes again in glory. If our hearts remain hardened and unrepentant, we should not expect the Lord to overlook our transgressions simply because He is a good and loving God. Although He does not desire the death of a sinner, He also expects us to turn from our wickedness and live (Ezek. 33:11). This same idea



is expressed in the prayer read by the priest after the penitent has confessed his or her sins (Slavic practice).

The time for repentance and forgiveness is now, in the present life. At the Second Coming, Christ will appear as the righteous Judge, "Who will render to every man according to his deeds" (Rom. 2:6). Then the time for entreating God's mercy and forgiveness will have passed.

As Father Alexander Schmemmann reminds us in his book **GREAT LENT** (Ch. 1:4), sin is the absence of love, it is separation and isolation. When Christ comes to judge the world, His criterion for judgment will be love. Christian love entails seeing Christ in other people, our family, our friends, and everyone else we may encounter in our lives. We shall be judged on whether we have loved, or not loved, our neighbor. We show Christian love when we feed the hungry, give drink to the thirsty, clothe the naked, visit

those who are sick or in prison. If we did such things for the least of Christ's brethren, then we also did them for Christ (Mt.25:40). If we did not do such things for the least of the brethren, neither did we do them for Christ (Mt.25:45).

Today is the last day for eating meat and meat products until Pascha, though eggs and dairy products are permitted every day during the coming week. This limited fasting prepares us gradually for the more intense fasting of Great Lent.

MEMORIAL SATURDAYS

With the coming of Great Lent it is again time to submit names for Memorial Saturdays.

We ask for the names of your departed, to be remembered in prayer.

We also invite you to join us in prayer for the departed. The Ambo schedule will list each Memorial Saturday service.

Consider Sponsoring Coffee Hour!

For those who would like to **HELP** with Coffee Hour but don't cook, you can now sponsor a Coffee Hour! By donating **\$65** you can sponsor a Coffee Hour, just put it in a white envelope marked "coffee hour" and place it in the collection basket or coffee hour basket in the Hall.



**EASTERN ORTHODOX WOMEN'S GUILD
OF GREATER CLEVELAND
Unity Through Participation**

**Saturday, March 23, 2024
10:00 A.M.**

Memorial Service for Deceased EOWG Members

St. Theodosius Cathedral

**733 Starkweather Ave
Cleveland, OH 44113**

Program following Memorial Service

- **Lenten Refreshments**
- **Presentation by Father Ján Čižmár**
- Mini retreat explaining the significance of Memorial Saturday, why we have a memorial service and why we pray for the departed





SAINT GREGORY PALAMAS MONASTERY

Ecumenical Patriarchate – Greek Orthodox Archdiocese of America
METROPOLIS OF PITTSBURGH
His Eminence Metropolitan SAVAS

February 9, 2024

Dear brother and concelebrant,

It has been a few years since we have had our traditional St. Gregory Palamas Pilgrimage on the second Saturday of Great Lent. These were wonderful times of gathering with our hierarch for the Divine Liturgy, sharing a Lenten meal and meeting other Orthodox Christians from other parishes and jurisdictions. We are planning to resume this event. This year, the second Saturday in Great Lent is **March 30** and this will be the date for the **Spring Pilgrimage**.

We cordially invite you to attend and serve with His Eminence Metropolitan Savas. The presence of the area priests is a great blessing and support for us and we are very grateful for the time that you would take from your busy schedule to be with us. We also ask you publish our invitation to your faithful in your church bulletins.

The schedule:

Saturday March 30: 9:30 a.m. entrance of the bishop

(Clergy, please be present at 9:15 a.m.)

10:00 a.m. Hierarchal Divine Liturgy

Followed by a Lenten Meal in the large trapeza

We ask that if you are able to attend and if any of the faithful are accompanying you that you would notify us in advance so that we can appropriately prepare the meal. You may call us at 419-368-5335 or email us at monastery@palamasmonastery.org

With our prayers and good thoughts.

In Christ,

Fr. Joseph and the Brotherhood of St. Gregory Palamas Monastery

934 CR 2256, PERRYSVILLE, OH 44864
TELEPHONE (419) 368-5335 • FAX (419) 368-5300
E-MAIL: MONASTERY@PALAMASMONASTERY.ORG



GREATER CLEVELAND COUNCIL OF
Orthodox Clergy

31 January 2024

Beloved Friends in the Lord,

Greetings! The Orthodox Christian Community of Greater Cleveland and Lorain will soon be honoring the Sunday of Orthodoxy, the first Sunday of the Great Fast. A celebration of this triumph of our Faith will take place on the evening of 24 March 2024, at 4:00pm. This service of Great Vespers will be hosted by Saint Theodosius Orthodox Cathedral (OCA), located at 733 Starkweather Avenue, Cleveland, Ohio 44113. His Eminence, the Most Reverend Nicolae, Metropolitan of the Romanian Orthodox Archdiocese of the Americas, will preside as well as offer the homily.

Each year, the Greater Cleveland Council of Orthodox Clergy (GCCOC) solicits donations to help underwrite this celebration of our Faith, and this year, donations will be given to International Orthodox Christian Charities for humanitarian relief in Gaza. We humbly ask that you consider providing a contribution to the GCCOC; in return, you will be listed as a "Patron" within the handout at this special service.

If you wish to donate, we ask that you make checks payable to the "Greater Cleveland Council of Orthodox Clergy," or simply the "GCCOC." Checks can either be given to your parish priest, or they can be mailed to the address below no later than 12 March 2024.

In Christ,
>>>Father Peter Simko
GCCOC Treasurer

2024 SUNDAY OF ORTHODOXY | PATRON DONATION

YOUR NAME _____

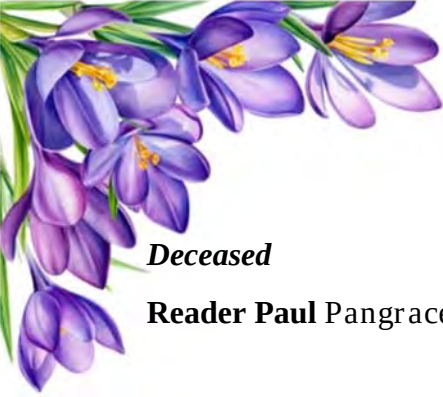
MAILING ADDRESS _____

EMAIL ADDRESS _____

YOUR PARISH NAME _____

DONATION AMOUNT _____

GCCOC, c/o St. Innocent Orthodox Church, PO Box 38208, Olmsted Falls, Ohio 44138



PRAYER REQUESTS

as of 3/10/2024

Deceased

Reader Paul Pangrace

Special Intentions:

Fr. Micah Chisholm

Subdeacon Theodore Lentz

Subdeacon Roger Pinta

Subdeacon Leon Felon

Reader Frank Tkacz

Stephan Chwalyk

Horia Dascalescu (*Lavinia's brother*)

Diane Kearsey (*Janice Tkacz's Sister*)

Janice Tkacz

Eleanor Wachovec (*friend of Karen Felon*)

Rachel Ohlin (*relative of Tatiana*)

Erin Zawolowycz

Jeffrey Parhamovich (*brother of Karen Felon*)

Margaret Parhamovich (*sister-in-law of Karen Felon*)

Margaret Peyton (*Cathy's aunt*)

Jean Woycitzky Thompson (*Frank's cousin*)

Anna Marie Luvison (*daughter of Matthew & Katie (Ellis) Luvison*)

Debra Parhamovich (*sister of Karen Felon*)

Grace Mary Parhamovich (*mother of Karen Felon*)

Lonnie Ellis (*Husband to Debra Ellis*)

Robert Martin Prock

Valentina Zawolowycz (*mother of Paul Z*)

Aaron and Nadine Drummond (Ellis) & new-born child **Isaac**

Justina Zolikoff

Daniel Steingass

Melissa and Yohnathan King and **unborn child**

Julie Velikoff

Kevin Reck (*Stepfather of Cathy Weber*)

Mark

Gazzilo Family

Please submit names to the Prayer List by emailing them to Fr. Jan Cizmar
st.theodosiuscathedral@gmail.com

Or calling at 1 (440) 732-8182

Names remain on the list for 30 days unless requested otherwise.



ST. THEODOSIUS IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



Coffee Hour Sign-Up

Questions/Concerns: Cathy Weber (412-215-1928)

Jan 7	Gayle and Wayne	Feb 18	Sponsored by William Lynk (Mike and Sarah Brennan to host)
Jan 14	Sponsored by Mat. Ludmila Timko (Mat. Jana to host)	Feb 25	Georgi and Lina
Jan 21	Cindy and Nikol	Mar 3	Sarah and Mike Brennan
Jan 28	Sponsored by William Lynk (Joyce & Judy to host)	Mar 10	(Meatfare) Cathy and Tammy
Feb 4	Sponsored by Greg Born (Georgi and Lina to host)	Mar 17	(Cheesefare) Dan & Lavinia
Feb 11	Shawna	Mar 24	(Great Lent) Jana
		Mar 31	Joyce & Judy

Parish Directories Available

If you would like a hard copy of our recently updated Parish Directory, please contact Fr. Jan Cizmar or the church office. Thank you!

Sunday, March 10

Sunday of the Last Judgment

Sunday of Meatfare

Martyr Quadratus and those with him:

Cyprian, Dionysius, Anectus, Paul,

Crescens, Dionysius (another)

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour

Monday, March 11

St. Sophronius, Patriarch of Jerusalem (638-644)

Tuesday, March 12

Ven. Theophanes the Confessor, of Sigriane (818)

6:30 PM Parish Council Meeting

Wednesday, March 13

Translation of the relics of St.

Nikephoros, Patriarch of Constantinople (846)

6:00 PM Akathist to the Theotokos

Thursday, March 14

Ven. Benedict of Nursia (543)

Friday, March 15

Martyrs Agapius, Publius (Pausis), Timolaus, Romulus, two named Dionysius, and two named Alexander, at Caesarea in Palestine (303)

Saturday, March 16

Saturday of Cheesefare

Memorial Saturday

Commemoration of All Departed

Righteous Monastics

5:00 PM Panichida for Rozalia,

Panteleimon by Alex Derkasheko

6:00 PM Great Vespers

Sunday, March 17

Sunday of the Last Judgment

Sunday of Cheesefare

The Expulsion of Adam and Eve from Paradise

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour

12:00 PM Forgiveness Sunday Vespers

Monday, March 18

Beginning of the Great Fast

6:00 PM Canon of St. Andrew of Crete

WEEKLY SCHEDULE 2024

