

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL



APRIL 7, 2024

THIRD SUNDAY OF LENT

VENERATION OF THE
CROSS

733 Starkweather Avenue
Cleveland, Ohio 44113

www.sttheodosius.org

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9AM-2PM, please call ahead

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Office Hours MTWTh
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Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

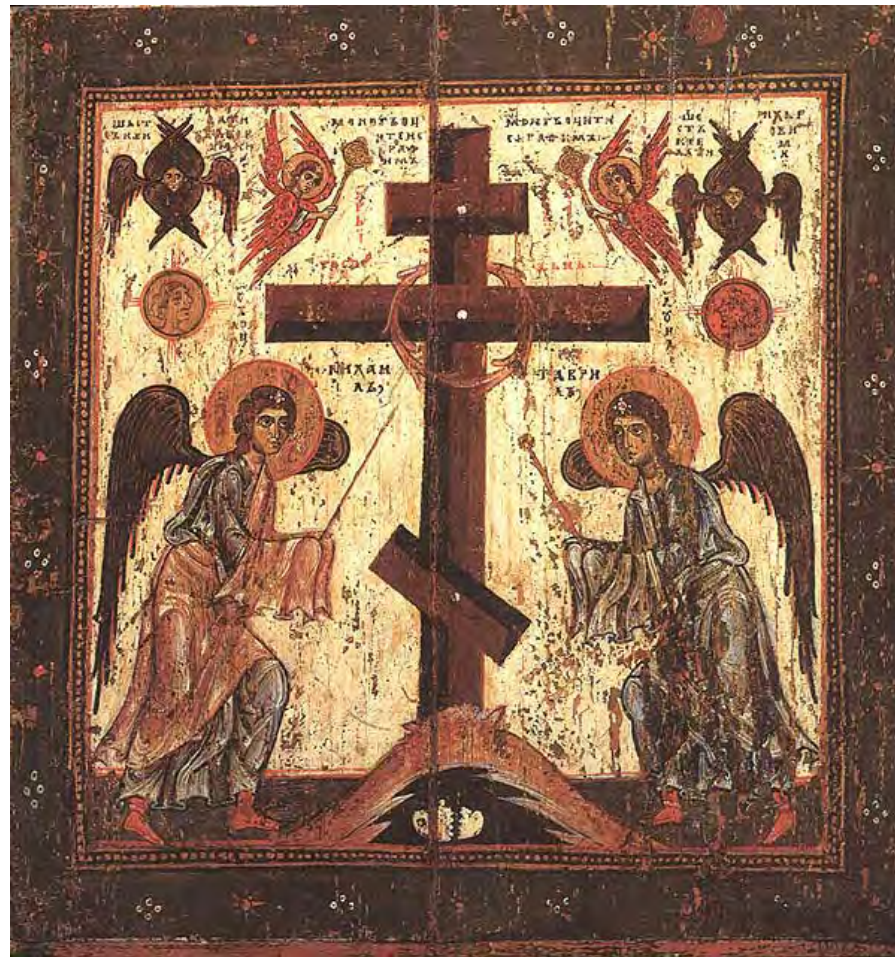
Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

ambo-theodosius

@googlegroups.com



The Third Sunday of Lent is that of the Veneration of the Cross. The cross stands in the midst of the church in the middle of the lenten season not merely to remind men of Christ's redemption and to keep before them the goal of

their efforts, but also to be venerated as that reality by which man must live to be saved. "He who does not take up his cross and follow me is not worthy of me" (Mt.10:38). For in the Cross of Christ Crucified lies both "the power of God and the wisdom of God" for those being saved (1 Cor.1:24).

The holy princess Anthusa of Constantinople (April 12) was the daughter of the Iconoclast emperor Constantine Copronymos (reigned 741-775) and his third wife Eudokia. She and her twin brother, the future emperor Leo the Khazar (775-780), were born on January 25, 750.



Constantine had tortured the holy Abbess Anthusa of Mantinea (July 27) because she venerated the holy icons. During a campaign in Paphlagonia, he had her brought before him again, promising her even harsher torments if she did not come around to his way of thinking. She remained steadfast in defending the icons, however. Constantine told her that his wife was having difficulty in her pregnancy, and he asked her to pray for the empress. She agreed to do so, and told him that the children would be born safely, and even spoke about their future life.

Empress Eudokia's daughter was given the name Anthusa, in thanksgiving for the safe delivery of the twins. When Saint Anthusa's prediction was fulfilled, she was allowed to return to her convent, where she died at a ripe old age.

When she grew up, the emperor began to urge his daughter to marry. But from her youth Saint Anthusa yearned for monasticism and refused to consider his suggestions. After the death of her father,

she shared her possessions with the poor, and used her wealth to adorn many churches. She became a mother to orphans, and was also a protector of widows. She devoted herself entirely to a life of piety, constantly offering prayers to the Lord and reading the Holy Scriptures. The devout empress Irene (780-802), wife of Leo the Khazar, regarded Saint Anthusa with love and esteem and invited her to be a co-regent. Saint Anthusa, however, did not desire any worldly honors. Since she lived at the palace, she

wore clothes befitting her position as an emperor's daughter, but underneath her finery she wore a hair-shirt.

Desiring a life of solitary asceticism, Anthusa entered the monastery of Saint Euthymia, and received the monastic tonsure from Saint Tarasius, the Patriarch of Constantinople (Feb. 25). She founded the Omonia (Concord, or Charity) monastery at Constantinople, which was known for its strict Rule. Saint Anthusa was an example of humility to the other nuns. She did hard work, she cleaned the church, and carried water. She never sat at the table during meals, but served the sisters instead. She made sure that no one left the monastery in need.

The humble and gentle ascetic lived until the age of fifty-two, and died peacefully in 801. Other sources say she reposed in 808 when she was fifty-seven.

Save the date!

His Eminence Archbishop Daniel

will visit the Cathedral on October 19th & 20th. He will award Fr. John Zdinak the miter, a synodal award in recognition of his long, faithful, and meritorious service in Christ's holy Church, both in parish life and in the diocesan administration.

AXIOS!

St. Theodosius Orthodox Cathedral Ambo - Page 2

ST. THEODOSIUS ORTHODOX CHRISTIAN CATHEDRAL

JOURNEY TO HEAVEN

ACCORDING TO ST. TIKHON OF ZADONSK

March 22 The fall of Adam

March 29 Remember the love of God

April 5 The way of salvation

April 12 Spiritual struggles

April 19 The way of duty

April 26 The Last Judgment

Each class will be about 15min long and will follow a 6pm
Presanctified liturgy

MEMORIAL SATURDAYS

With the coming of Great Lent it is again time to submit names for Memorial Saturdays.

We ask for the names of your departed, to be remembered in prayer.

We also invite you to join us in prayer for the departed. The Ambo schedule will list each Memorial Saturday service.

Parish Even Committee Meeting

The Even Committee will meet during Coffee Hour briefly on April 14th

Consider Sponsoring Coffee Hour!

For those who would like to HELP with Coffee Hour but don't cook, you can now sponsor a Coffee Hour! By donating \$65 you can sponsor a Coffee Hour, just put it in a white envelope marked "coffee hour" and place it in the collection basket or coffee hour basket in the Hall.

St. Theodosius Orthodox Cathedral



Made by members of our Altar Society and parishioners

NUT - POPPY SEED - APRICOT

ROLLS @ \$15.00 each

For sale and pick-up on
Palm Sunday, April 28th, 2024



Pre-orders can be made by contacting:

Susan Lentz (216) 258-8048

or

Joyce Tabeling (216) 408-7187

Session 1:

June 30 – July 6, 2024
ages 8-12

Session 2:

July 7 – July 13, 2024
FOCA “Sports Week”
ages 10-18

Session 3:

July 14 – July 20, 2024
Ages 13-18

St. Vladimir’s Summer Camp



Matthew 19:14 -
Jesus said, “Let the
little children come
to me, and do not
hinder them, for the
kingdom of heaven
belongs to such as
these.”

Due to increasing costs for the first time in over 5 years we have to increase the camp tuition. We have also changed the payment method as well, all fees are due upon registration. There are scholarships and some financial aid available if needed, please contact Matushka Catrina Kovalak if you need such assistance. Some parishes also have programs in place to help off set the tuition price so, please check with your parish priest.

The new tuition prices are as follows:

- \$450 for first child / week
- \$400 for second child / week
- \$375 for each additional children / weeks



Session 1 & 3

These sessions are more service based camping experiences. These weeks also include craft projects daily along with learning sessions with the resident clergy.



Session 2
FOCA JUNIOR OLYMPICS

This week takes sports and orthodoxy and combines them. The campers have a different sport everyday with both individual and team events. The campers also have learning sessions with the resident clergy.



Please visit the camp website to register and pay tuition. You may also make a donation to camp there too. www.stvladimirscampohio.com you may also visit our facebook and instagram pages both are St. Vladimir’s Summer Camp.



PRAYER REQUESTS

as of 4/7/2024

Deceased

Patriarch Neophyt of Bulgaria

Priest Anthony Karbo

Antonina Clos

Walter Dimitrijevs

Andrew Mytrohovich

Lori Harbaruk

Linda Smotzer (*wife of Steve Smotzer*)

Special Intentions:

Fr. Micah Chisholm

Subdeacon Theodore Lentz

Subdeacon Roger Pinta

Subdeacon Leon Felon

Reader Frank Tkacz

Stephan Chwalyk

Horia Dascalescu (*Lavinia's brother*)

Diane Kearsey (*Janice Tkacz's Sister*)

Janice Tkacz

Eleanor Wachovec (*friend of Karen Felon*)

Rachel Ohlin (*relative of Tatiana*)

Erin Zawolowycz

Jeffrey Parhamovich (*brother of Karen Felon*)

Margaret Parhamovich (*sister-in-law of Karen Felon*)

Margaret Peyton (*Cathy's aunt*)

Jean Woycitzky Thompson (*Frank's cousin*)

Anna Marie Luvison (*daughter of Matthew & Katie (Ellis) Luvison*)

Debra Parhamovich (*sister of Karen Felon*)

Grace Mary Parhamovich (*mother of Karen Felon*)

Lonnie Ellis (*Husband to Debra Ellis*)

Robert Martin Prock

Valentina Zawolowycz (*mother of Paul Z*)

Justina Zolikoff

Melissa and Yohnathan King and **newborn**

Emery Rose

Kevin Reck (*Stepfather of Cathy Weber*)

Mark

Gazzilo Family

Daniel (*brother of James*)

Douglas and Katelyn Evans and **unborn child**



Please submit names to the Prayer List by emailing them to **Fr. Jan Cizmar** st.theodosiuscathedral@gmail.com

Or calling at 1 (440) 732-8182

Names remain on the list for 30 days unless requested otherwise.



ST. THEODOSIUS IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



Coffee Hour Sign-Up

Questions/Concerns: Cathy Weber (412-215-1928)

April 7 Joyce & Judy

April 14 Mary & Tammy

(In memory of the Pogorily Family)

April 21 Wayne & Gayle Vidovich & Shawna Whitlock

April 28 Lina & Georgi

May 5 HOLY PASCHA

May 12 Event Committee (sponsored by William Lynk and John & Patty Sankovic)

May 19 Cindy & Nikol

May 26 Event Committee (sponsored by Una & John Alexandrovic and anonymous)

June 2 Matushka Jana

June 9 Cathy & Tammy

June 16 Wayne & Gayle Vidovich & Shawna Whitlock

June 23 Sarah & Mike Brennan

June 30 Cathy (sponsored by John & Patty Sankovic)

Sunday, April 7

Third Sunday of Lent

Veneration of the Cross

Repose of St. Tikhon, Patriarch of Moscow and All Russia and Enlightener of North America

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour

Monday, April 8

Holy Apostles of the Seventy: Herodion, Agabus, Asyncritus, Rufus, Phlegon, Hermes, and those with them (1st c.)

Tuesday, April 9

Martyr Eupychius of Cæsarea in Cappadocia (362)

Wednesday, April 10

Martyrs Terence, Pompeius, Africanus, Maximus, Zeno, Alexander, Theodore, Macarius, and 33 others, beheaded at Carthage (3rd c.)

4:30 PM Confessions

5:30 PM 9th Hour and Typica

6:00 PM Presanctified Liturgy

Lenten Potluck to follow

WEEKLY SCHEDULE 2024



Apostle Herodion of the Seventy, and those with Him

Thursday, April 11

Hieromartyr Antipas, Bishop of Pergamum, disciple of St. John the Theologian (92)

Friday, April 12

St. Basil the Confessor, Bishop of Parium (8th c.)

4:30 PM Confessions

5:30 PM 9th Hour and Typica

6:00 PM Presanctified Liturgy

Talk to follow

(“Spiritual Struggles”)

Saturday, April 13

Fourth Saturday of Great Lent

Memorial Saturday

Hieromartyr Artemon of Laodikeia in Syria (303) 5:00 PM Memorial

Saturday Panichida

5:30 PM Confessions

6:00 PM Great Vespers

Sunday, April 14

Fourth Sunday of Lent

St. John Climacus (of The Ladder)

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour