

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL

733 Starkweather Avenue
Cleveland, Ohio 44113

www.sttheodosius.org

Father Jan Cizmar
1(440) 732-8182
st.theodosiuscathedral@gmail.com

Office Hours TWTh
9AM-2PM, please call ahead

Subdeacon Michael Tabeling
Sacristan

Subdeacon Igor Gajewsky
Sacristan

Reader Julius Kovach
Ecclesiarch & Choirmaster

Denise "Nisi" Pozderac
dpozderac.tlc@gmail.com
Parish Council President

Mary Swit
Parish Secretary
1(216) 574-4886
StTheodosiusCathedral@protonmail.com
Office Hours MTWTh
10:00AM-2:00PM

Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

ambo-theodosius

@googlegroups.com

APRIL 21, 2024

FIFTH SUNDAY OF LENT

ST. MARY OF EGYPT



The Holy Apostle and Evangelist Mark, also known as John Mark (Acts 12:12), was one of the Seventy Apostles, and was also a nephew of Saint Barnabas (June 11). He was born at Jerusalem. The house of his mother Mary adjoined the Garden of Gethsemane. As Church Tradition relates, on the night that Christ was betrayed he followed after Him, wrapped only in a linen cloth. He was seized by soldiers, and fled away naked, leaving the cloth behind (Mark 14:51-52). After the Ascension of the Lord, the house of his mother Mary became a place where Christians gathered, and a place of lodging for some of the Apostles (Acts 12:12).

Saint Mark was a very close companion of the Apostles Peter and Paul (June 29) and Barnabas. Saint Mark was at Seleucia with Paul and Barnabas, and from there he set off to the island of Cyprus, and he traversed

the whole of it from east to west. In the city of Paphos, Saint Mark witnessed the blinding of the sorcerer Elymas by Saint Paul (Acts 13:6-12).

After working with the Apostle Paul, Saint Mark returned to Jerusalem, and then went to Rome with the Apostle Peter. From there, he set out for Egypt, where he established a local Church.

Saint Mark met Saint Paul in Antioch. From there he went with Saint Barnabas to Cyprus, and then he went to Egypt again, where he and Saint Peter founded many churches. Then he went to Babylon. From this city the Apostle Peter sent an Epistle to the Christians of Asia Minor, in which he calls Saint Mark his son (1 Pet 5:13).

When the Apostle Paul came to Rome in chains, Saint Mark was at Ephesus, where Saint Timothy (January 22) was bishop. Saint Mark went with him to Rome. There he also wrote his holy Gospel (ca. 62-63).

From Rome Saint Mark traveled to Egypt. In Alexandria he started a Christian school, which later produced such famous Fathers and teachers of the Church as Clement of Alexandria, Saint Dionysius of Alexandria (October 5), Saint Gregory Thaumaturgos (November 5), and others. Zealous for Church services, Saint Mark composed a Liturgy for the Christians of Alexandria.

Saint Mark preached the Gospel in the inner regions of Africa, and he was in Libya at Nekepolis.

During these journeys, Saint Mark was inspired by the Holy Spirit to go again to Alexandria and confront the pagans. There he visited the home of Ananias, and healed his crippled hand. The dignitary happily took him in, listened to his words, and received Baptism.

Following the example of Ananias, many of the inhabitants of that part of the city where he lived were also baptized. This roused the enmity of the pagans, and they wanted to kill Saint Mark. Having learned of this, Saint Mark made Ananias a bishop, and the three Christians Malchos, Sabinos, and Kerdinos were ordained presbyters to provide the church with leadership after his death.

The pagans seized Saint Mark when he was serving the Liturgy. They beat him, dragged him through the streets and threw him in prison. There Saint Mark was granted a vision of the Lord Jesus Christ, Who strengthened him before his sufferings. On the following day, the angry crowd again dragged the saint through the streets to the courtroom, but along the way Saint Mark died saying, "Into Your hands, O Lord, I commend my spirit."

The pagans wanted to burn the saint's body, but when they lit the fire, everything grew dark, thunder crashed, and there was an earthquake. The pagans fled in terror, and Christians took up the body of Saint Mark and buried it in a stone crypt. This was on April 4, 63. The Church celebrates his memory on April 25.

In the year 310, a church was built over the relics of Saint Mark. In 820, when the Moslem Arabs had established their rule in Egypt and oppressed the Christian Church, the relics of Saint Mark were transferred to Venice and placed in the church named for him.

In the ancient iconographic tradition, which adopted symbols for the holy Evangelists borrowed from the vision of Saint John the Theologian (Rev 4:7) and the prophecy of Ezekiel (Ez. 1:10), the holy Evangelist Mark is represented by a lion, symbolizing the might and royal dignity of Christ (Rev 5:5).

Saint Mark wrote his Gospel for Gentile Christians, emphasizing the words and deeds of the Savior which reveal His divine Power. Many aspects of his account can be explained by his closeness to Saint Peter. The ancient writers say that the Gospel of Mark is a concise record of Saint Peter's preaching.

One of the central theological themes in the Gospel of Saint Mark is the power of God achieving what is humanly impossible. The Apostles performed remarkable miracles with Christ (Mark 16:20) and the Holy Spirit (Mark 13:11) working through them. His disciples were told to go into the world and preach the Gospel to all creatures (Mark 13:10, 16:15), and that is what they did.

ST. THEODOSIUS ORTHODOX CHRISTIAN CATHEDRAL

JOURNEY TO HEAVEN

ACCORDING TO ST. TIKHON OF ZADONSK

March 22 The fall of Adam

March 29 Remember the love of God

April 5 The way of salvation

April 12 Spiritual struggles

April 19 The way of duty

April 26 The Last Judgment

Each class will be about 15min long and will follow a 6pm
Presanctified liturgy

Save the date!

His Eminence Archbishop Daniel

will visit the Cathedral on October 19th & 20th. He will award Fr. John Zdinak the miter, a synodal award in recognition of his long, faithful, and meritorious service in Christ's holy Church, both in parish life and in the diocesan administration.

AXIOS!

Pascha Candles

The signup sheet for Pascha candles will be on the candle stand starting Sunday, April 14th. Fully decorated candles are \$70 and the simpler candles are \$35.

Consider Sponsoring Coffee Hour!

For those who would like to HELP with Coffee Hour but don't cook, you can now sponsor a Coffee Hour! By donating \$65 you can sponsor a Coffee Hour, just put it in a white envelope marked "coffee hour" and place it in the collection basket or coffee hour basket in the Hall.

St. Theodosius Orthodox Cathedral



Made by members of our Altar Society and parishioners

NUT - POPPY SEED - APRICOT

ROLLS @ \$15.00 each

For sale and pick-up on
Palm Sunday, April 28th, 2024



Pre-orders can be made by contacting:

Susan Lentz (216) 258-8048

or

Joyce Tabeling (216) 408-7187

Session 1:

June 30 – July 6, 2024
ages 8-12

Session 2:

July 7 – July 13, 2024
FOCA "Sports Week"
ages 10-18

Session 3:

July 14 – July 20, 2024
Ages 13-18

St. Vladimir's Summer Camp



Matthew 19:14 -
Jesus said, "Let the
little children come
to me, and do not
hinder them, for the
kingdom of heaven
belongs to such as
these."

Due to increasing costs for the first time in over 5 years we have to increase the camp tuition. We have also changed the payment method as well, all fees are due upon registration. There are scholarships and some financial aid available if needed, please contact Matushka Catrina Kovalak if you need such assistance. Some parishes also have programs in place to help off set the tuition price so, please check with your parish priest.

The new tuition prices are as follows:

- \$450 for first child / week
- \$400 for second child / week
- \$375 for each additional children / weeks



Session 1 & 3

These sessions are more service based camping experiences. These weeks also include craft projects daily along with learning sessions with the resident clergy.



Session 2
FOCA JUNIOR OLYMPICS

This week takes sports and orthodoxy and combines them. The campers have a different sport everyday with both individual and team events. The campers also have learning sessions with the resident clergy.

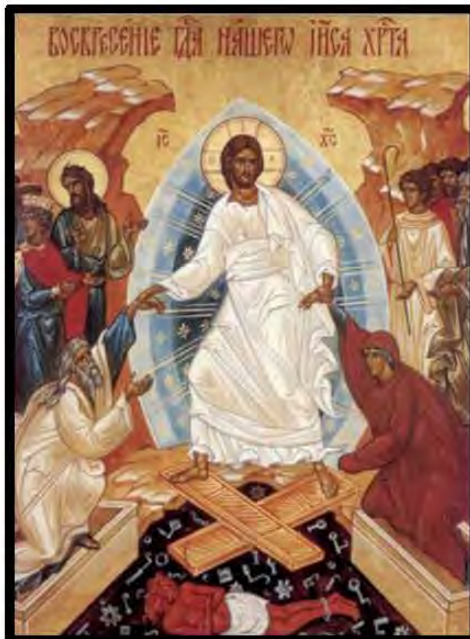


Please visit the camp website to register and pay tuition. You may also make a donation to camp there too. www.stvladimirscampohio.com you may also visit our facebook and instagram pages both are St. Vladimir's Summer Camp.



Youth Virtual Choir Concert 2024

Diocese of the Midwest, OCA



**Join us in celebrating the Feast of Feasts
by recording the youth of your parish singing a Paschal Troparion!**

- **What:** Virtual Concert of youth from across the Diocese of the Midwest, OCA
- **When:** Concert will be aired on Pascha - details will be shared soon
- **Who:** Any combination of youth singing ONE arrangement of the Paschal Troparion.

*Please note that ANY combination of youth choir will do!
~ small or large ~ young children or teenagers ~ in harmony or unison ~
This is an opportunity for our children to celebrate the Risen Lord and for the
faithful of our diocese to rejoice in their celebration!*

If interested in participating, please complete [this quick survey](#).
Instructions will be sent to the youth choir director upon
completion of the survey.



All video submissions are due by April 21.
Questions? Email Elena Monahan at kishka1122@gmail.com

St. Andrew of Crete Music Ministry

Chicago 2024

AN INTERNATIONAL ORTHODOX YOUTH
CONFERENCE

Orthodoxy Unleashed: Faith in Action

APPLICATIONS ARE OPEN

JUNE 21 -28 | HOLY TRINITY CATHEDRAL /
ST XAVIER UNIVERSITY CHICAGO, IL.





Who: The Metropolitan Cleveland Chapter of IOCC

Where: Woodside Event Center
5025 E. Mill Road
Broadview Hts., OH 44147

When: Monday, June 3rd, 2024 Doors open at 6:00 PM

Why: To celebrate 32 years of IOCC's world relief efforts as the official international humanitarian organization of the Orthodox Christian Church.

How: By bringing together clergy and faithful of the 30 Greater Cleveland area Orthodox Christian Churches.

*Please reserve _____ tickets at **\$70.00 each**. Total: \$_____ Check# _____

Please indicate on reverse side with whom you wish to be seated. Please include addresses.

Name: _____ Phone: _____

Address: _____ Email: _____

Church: _____

_____ Sorry, I am unable to attend. Enclosed is my gift of \$ _____

_____ Please accept my tax-deductible contribution. \$ _____

_____ Please accept my tax-deductible pledge which I will fulfill in 2024.

- Supporting Member: \$100 - \$249
- Sustaining Member: \$250 - \$499
- Sponsoring Member: \$500 - \$999
- Charter Member: \$1,000 - \$4,999
- Grand Benefactor: \$5,000 +

Please charge to my: VISA _____ MasterCard _____ Discover _____ American Express _____

Account Number: _____ Exp. Date: _____

Signature: _____

**Please return by May 20, 2024; Checks should be made payable to IOCC
c/o Julie Hall – 1320 Highland Rd., Macedonia, OH 44056; P.O. Box 560185**

PRAYER REQUESTS

as of 4/21/2024

Deceased

Patriarch Neophyt of Bulgaria

Priest Anthony Karbo

Antonina Clos

Walter Dimitrijevs

Andrew Mytrohovich

Lori Harbaruk

Linda Smotzer (*wife of Steve Smotzer*)

Special Intentions:

Fr. Micah Chisholm

Subdeacon Theodore Lentz

Subdeacon Roger Pinta

Subdeacon Leon Felon

Reader Frank Tkacz

Stephan Chwalyk

Horia Dascalescu (*Lavinia's brother*)

Diane Kearsey (*Janice Tkacz's Sister*)

Janice Tkacz

Eleanor Wachovec (*friend of Karen Felon*)

Rachel Ohlin (*relative of Tatiana*)

Erin Zawolowycz

Jeffrey Parhamovich (*brother of Karen Felon*)

Margaret Parhamovich (*sister-in-law of Karen Felon*)

Margaret Peyton (*Cathy's aunt*)

Jean Woycitzky Thompson (*Frank's cousin*)

Anna Marie Luvison (*daughter of Matthew & Katie (Ellis) Luvison*)

Debra Parhamovich (*sister of Karen Felon*)

Grace Mary Parhamovich (*mother of Karen Felon*)

Lonnie Ellis (*Husband to Debra Ellis*)

Robert Martin Prock

Valentina Zawolowycz (*mother of Paul Z*)

Justina Zolikoff

Melissa and Yohnathan King and **newborn**

Emery Rose

Kevin Reck (*Stepfather of Cathy Weber*)

Mark

Douglas and Katelyn Evans and **unborn child**

Martha (*friend of Linda*)

Elizabeth Balasz

Antonia Swyridenko

Jeff Zvara

Please submit names to the Prayer List by emailing them to Fr. Jan Cizmar

st.theodosiuscathedral@gmail.com

Or calling at 1 (440) 732-8182

Names remain on the list for 30 days unless requested otherwise.

ST. THEODOSIUS IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



Coffee Hour Sign-Up

Questions/Concerns: Cathy Weber (412-215-1928)

April 7 Joyce & Judy

April 14 Mary & Tammy

(In memory of the Pogorily Family)

April 21 Wayne & Gayle Vidovich & Shawna
Whitlock

April 28 Lina & Georgi

May 5 HOLY PASCHA

May 12 Event Committee (sponsored by
William Lynk and John & Patty
Sankovic)

May 19 Cindy & Nikol

May 26 Event Committee (sponsored by Una
& John Alexandrovic and anonymous)

June 2 Matushka Jana

June 9 Cathy & Tammy

June 16 Wayne & Gayle Vidovich & Shawna
Whitlock

June 23 Sarah & Mike Brennan

June 30 Cathy (sponsored by John & Patty
Sankovic)

Sunday, April 21

Fifth Sunday of Lent

St Mary of Egypt

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour

Monday, April 22

St. Theodore the Sykeote, Bishop of
Anastasiopolis (613)

Tuesday, April 23

Holy Glorious Greatmartyr,
Victorybearer, and Wonderworker
George (303)

Wednesday, April 24

Martyr Savva Stratelates
("the General") of Rome, and 70
soldiers with him (272)
4:30 PM Confessions
5:30 PM 9th Hour and Typica
6:00 PM Presanctified Liturgy
Lenten Potluck

Thursday, April 25

Holy Apostle and Evangelist Mark (1st c.)

WEEKLY SCHEDULE 2024



Friday, April 26

Hieromartyr Basil, Bishop of Amasea
(ca. 322)

4:30 PM Confessions

5:30 PM 9th Hour and Typica

6:00 PM Presanctified Liturgy

Talk to follow

("The Way of Duty")

Saturday, April 27

Lazarus Saturday

Hieromartyr Simeon, kinsman of the
Lord, second Bishop of Jerusalem
(107)

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

5:00 PM Panichida for Andrew

Mytrohovich 40days

5:30 PM Confessions

6:00 PM All Night Vigil

Sunday, April 28

ENTRY OF OUR LORD INTO
JERUSALEM

Palm Sunday

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour

FOCA Meeting

6:00 PM Bridegroom Matins