

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL

733 Starkweather Avenue
Cleveland, Ohio 44113

www.sttheodosius.org

Archpriest Jan Cizmar
1(440) 732-8182
st.theodosiuscathedral@gmail.com

Office Hours TWTh
9AM-2PM, please call ahead

Subdeacon Michael Tabeling
Sacristan

Subdeacon Igor Gajewsky
Sacristan

Reader Julius Kovach
Ecclesiarch & Choirmaster

Denise "Nisi" Pozderac
dpozderac.tlc@gmail.com
Parish Council President

Mary Swit
Parish Secretary
1(216) 574-4886
StTheodosiusCathedral@protonmail.com
Office Hours MTWTh
10:00AM-2:00PM

Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

ambo-theodosius

@googlegroups.com

MARCH 16, 2025

2ND SUNDAY OF LENT

ST. GREGORY
PALAMAS



Basil Muraviev (the future **Saint Seraphim**, March 21) was born in 1865 in the town of Cheremovskiy in the Yaroslavl province. His parents, Nicholas and Chione, were peasants. When Basil was ten years old, his father died, and he was left to care for his ailing mother and his sister Olga.

A kind neighbor took Basil with him to Saint Petersburg, and found him a job as a store clerk. The boy had a secret desire to become a monk, so one day he went to the Saint Alexander Nevsky Lavra to speak to one of the Elders about this. The Elder advised him to remain in the world and raise a family, then after their children had grown, he and his wife were to serve God in the monastic life.

Basil accepted these words as the will of God, and so he lived his life as the Elder had directed. Returning to the store, Basil continued to

work and send money home to his family. When he was twenty-four years old, Basil married his wife Olga.

He started his own business as a furrier, and became very wealthy. He had a son, Nicholas and a daughter, Olga. After their daughter's death, Basil and his wife agreed to live together as brother and sister from that time forward.

When he was around thirty, Basil gave away most of his wealth, donating money to various monasteries. When Nicholas was grown, Basil and Olga went to monasteries to serve God. Olga was tonsured in 1919 with the name Christina, and lived in the Resurrection-New Divyevo Monastery in Saint Petersburg. Later, she was tonsured into the schema and was given the name Seraphima. She died in 1945.

We do not know where Basil received monastic tonsure (some say it was on Mt Athos), nor the new name he was given at that time.

In 1927, he arrived at the Saint Alexander Nevsky Lavra, where he became Father Confessor to the monks. There he was tonsured into the schema with the name Seraphim. Soon it became apparent that Saint Seraphim had received from God the gifts of clairvoyance and healing, and many people came to him seeking his help and advice.

Bishop Alexei (Shimansky) of Novgorod came to the Elder in 1927 to ask if he should leave Russia, since many bishops and priests were facing arrest and execution under the Communist yoke. Before the bishop could utter a word, Saint Seraphim said, "Many now wish to leave Russia, but there is nothing to fear. You are needed here. You will become Patriarch and will rule for twenty-five years."

A time of trial came for the Lavra. Monks were arrested, exiled, and sent to labor camps. Many of them were executed. Beginning in 1929, the Elder was arrested fourteen times. He continued his priestly ministry in the prison camps, where he strengthened and encouraged his fellow-prisoners.

In 1933, the Elder returned from the camps and settled in Vyritsa. This was a very beautiful place with forests and a river, and it was known for its healthy climate. Saint Seraphim's health had deteriorated in the prison camps, and he had been beaten many times.

A wooden church in honor of the Kazan Icon of the Most Holy Theotokos had been built in Vyritsa in 1913 to commemorate the three hundredth anniversary of the Romanov dynasty. The upper church has two altars: one dedicated to the Kazan Icon, the other to Saint Nicholas. The lower church was dedicated to Saint Seraphim of Sarov.

After he had recovered somewhat, Father Seraphim began to receive visitors who came seeking advice and comfort from him. Many of those afflicted with illness received healing by his prayers. The authorities soon noticed the great numbers of people who came to him. His cell was searched many times, usually at night. Once, the police came to arrest the Elder, but a doctor told them that Father Seraphim would not survive the trip because of his many infirmities. They decided to leave him alone, and so the Lord preserved the life of His servant.

The Germans entered Vyritsa in September of 1941, but no one was harmed, and there was no looting. During the War, Father Seraphim became weak and now served only rarely in the chapel of Saint Seraphim. Starting in 1945, Father Alexei Kibardin began serving in the Kazan church.

By the spring of 1949, Saint Seraphim was very weak and had to remain in bed. Still, he permitted visitors to come to him as before.

Shortly before his death, the Most Holy Theotokos appeared to Saint Seraphim and told him to receive Holy Communion every day. Father Alexei Kibardin would bring him Communion at 2 AM, but once he overslept and did not come until 4 AM. He apologized to the Elder for his tardiness, and noticed that there was a certain radiance around the saint. The Elder said, "Father, do not worry. The holy angels have already brought me Communion." Seeing his face, Father Alexei knew that this was absolutely true!

The Elder told Father Alexei to go to Moscow and inform Patriarch Alexei I that he would depart to the Lord in two weeks. When Father Alexei relayed the message, the Patriarch turned to the holy icons and crossed himself. When he turned around again, tears were streaming down his cheeks. "I have been Patriarch for four years," he said. "Twenty-one years remain to me. This is what the holy Elder told me." Patriarch Alexei died in 1970, just as Saint Seraphim foretold.

Saint Seraphim departed to the Lord on March 21, 1949 (April 3 N.S.). In the hours before his death, he asked that the Akathists to the Most Holy Theotokos, to Saint Seraphim of Sarov, and to Saint Nicholas be read. For a week after his blessed repose, a sweet fragrance permeated Vyritsa.

Saint Seraphim was buried in the cemetery next to the church of the Kazan Icon in Vyritsa. Great throngs of people came for the funeral, and Vyritsa became a place of pilgrimage.

The schemamonk Saint Seraphim was glorified by the Church of Russia in August of 2000.

Coffee Hour Quarter 1 2025

Questions/Concerns: Cathy Weber (412-215-1928)

January 5 Tammy & Mary	February 2 Mat. Jana, (sponsored by Una & John Alexandrovic)	March 2 PARISH POTLUCK
January 12 Wayne Vidovich & Shawna Whitlock	February 9 Sarah & Mike Brennan	March 9 Sarah & Mike Brennan
January 19 Joyce Tabeling & Judy Schwind	February 16 Cathy & Tammy	March 16 Georgi & Tsvetelina Galevi (Sponsored by William Lynk)
January 26 Mat. Zdinak & Nikol Gammalo	February 23 (Meatfare) Shawna Whitlock (Sponsored by William Lynk)	March 23 Joyce Tabeling & Judy Schwind
		March 30 Mat. Jana



Orthodox Church in America
DIOCESE OF THE MIDWEST

Monday, 3 March 2025
Monday of the First Week of Lent
№. 025

ARCHPASTORAL GREETINGS OF ARCHBISHOP DANIEL
ON THE FIRST DAY OF GREAT LENT

*“Let us begin the fast with joy!
Let us prepare ourselves for spiritual efforts!
Let us purify our soul and cleanse our flesh!
Let us fast from every passion as we fast from food!
Let us rejoice in virtues of the Spirit and fulfill them in love,
that we all may see the most sacred Passion of Christ our God,
and rejoice in spirit at the Holy Pascha!”*
(Sticheron at Vespers, Monday of the First Week of Lent)

Beloved Fathers, Sisters, and Brothers in the Lord,

As we enter the spirit of prayer and repentance today, please know that I am remembering all of you with love and gratitude. On this first day of the Great Fast, I pray with you and for you that the Lord will grant us all a grace-filled forty days. May our shared Lenten journey bring all of us to also share in the fullness of Christ’s joy as we celebrate Pascha, the glorious Feast of Feasts!

With love in Christ our Savior,

DANIEL
Archbishop of Chicago and the Midwest



VACATION BIBLE SCHOOL

KINDERGARTEN
THROUGH
5TH GRADE



June 2-6
9am-noon

St. Matthew the Evangelist Antiochian Orthodox Church
10383 Albion Rd
North Royalton

NO COST- free will donations accepted

Email oharmon15@gmail.com to receive a registration form.
Registration ends May 1.

VOLUNTEERS of all ages and abilities are needed! Email Olivia at
oharmon15@gmail.com or call her at 440 220 2624

Homemade Paska Bread *Sale!*



Plain
\$8.50 each

with Raisins
\$9.00 each

Supporting Archangel Michael Orthodox Church

ORDER PICK UP IS THURSDAY, APRIL 17

**ALL ORDERS to be picked up at
the Woodside Event Center **Shanty** (drive up)**

2pm to 7 pm

No Shipping - Local Orders Only

****Deadline to order is April 1, 2025****

Contact the Parish Office (440) 526-5192 with questions.

Parishioners of Archangel Michael Orthodox Church can make
arrangements to pickup on Sunday's following Divine Liturgy



**ARCHANGEL MICHAEL
ORTHODOX CHURCH**

Order Online amocmarket.square.site

PRAYER REQUESTS

as of 3/16/2025

Deceased

Daniela Raisovich

Vincent (*friend of Gabriel & Nicholas*)

Special Intentions:

Archpriest Jason Kappanadze

Subdeacon Theodore Lentz

Subdeacon Roger Pinta

Subdeacon Leon Felon

Subdeacon Peter Zolikoff

Reader Frank Tkacz

Reader Daniel Morris

Horia Dascalescu (*Lavinia's brother*)

Janice Tkacz

Eleanor Wachovec (*friend of Karen Felon*)

Rachel Ohlin (*relative of Tatiana*)

Erin Zawolowycz

Jeffrey Parhamovich (*brother of Karen Felon*)

Margaret Parhamovich

(*sister-in-law of Karen Felon*)

Jean Woycitzky Thompson (*Frank's cousin*)

Debra Parhamovich (*sister of Karen Felon*)

Robert Martin Prock

Valentina Zawolowycz (*mother of Paul Z*)

Child McKenna Kranek

Betty Balasz

Jeremy, Yvonne, and Unborn Child

Herman Leslie Levin

Russell Schafer

Sonia Vorell

Ivan Lavrasiuk

Elisabeth Lavrasiuk

Phyllis Gindlesperger

Alexander Medvec

Mary Ann Reck

Lenore Miroewski

(*Sister-in-law to Barbara Clos*)

Michael Weaver

Mary (*friend of Henry*)

Matushka Ludmila Timko

Please submit names to the Prayer List by
emailing them to Fr. Jan Cizmar
st.theodosiuscathedral@gmail.com

Or calling at 1 (440) 732-8182

Names remain on the list for 30 days unless
requested otherwise.

ST. THEODOSIUS IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



ALTAR SOCIETY

2nd Sunday of each month:

3/9, 4/13, 5/11, 6/8

JOIN THE ALTAR SOCIETY!

\$10 Membership

See Joyce Labeling for details

Sunday, March 16

Second Sunday of Great Lent

St. Gregory Palamas

Synaxis of the Venerable Fathers of the Kiev Caves Lavra.

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour

Monday, March 17

Ven. Aleksy (Alexius) the Man of God (411)

Tuesday, March 18

Repose of St. Nikolai of Zhicha (1956)

Wednesday, March 19

Martyrs Chrysanthus and Daria, and those with them at Rome: Claudius, Hilaria, Jason, Maurus, Diodorus the Presbyter, and Marianus the Deacon (283)

5:00 PM Panichida for Andrew Mytrohovich & Confessions

5:30 PM 9th Hour & Typica

6:00 PM Presanctified Liturgy

Thursday, March 20

The Holy Fathers who were slain at the Monastery of St. Savva: Ven. John, Sergius, Patrick, and others (796)

9:00 AM Akathist to St. Herman

(At St. Herman House 4410

Franklin Blvd Cleveland)

Friday, March 21

St. James (Jacob, Iago) the Confessor, Bishop of Catania (8th-9th c.)

5:00 PM Confessions

5:30 PM 9th Hour & Typica

6:00 PM Presanctified Liturgy

Saturday, March 22

Memorial Saturday

Hieromartyr Basil of Ancyra (362-363)

5:00 PM Memorial Saturday Panichida

5:20 PM Confessions

6:00 PM Great Vespers

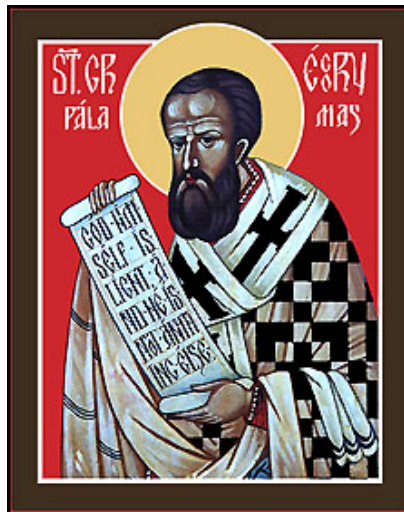
Sunday, March 23

Third Sunday of Great Lent

Veneration of the Cross

Martyr Nikon and 199 disciples with him in Sicily (251)

BIWEEKLY SCHEDULE



Saint Gregory combined his priestly duties with the life of a hermit. Five days of the week he spent in silence and prayer, and only on Saturday and Sunday did he come out to his people. He celebrated divine services and preached sermons. For those present in church, his teaching often evoked both tenderness and tears. Sometimes he visited theological gatherings of the city's educated youth, headed by the future patriarch, Isidore. After he returned from a visit to Constantinople, he found a place suitable for solitary life near Thessalonica the region of Bereia.

St. Theodosius Orthodox Cathedral Ambo - Page 7

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour

5:00 PM Akathist to the Holy Cross

(At St. Nicholas Orthodox Church

9650 Johnnycake Ridge Rd, Mentor)

Monday, March 24

Forefeast of the Annunciation

Ven. Zachariah the Recluse. St. Artemius (Artemon), Bishop of Seleucia (1st-2nd c.)

6:00 PM Great Vespers

Tuesday, March 25

The Annunciation of our Most Holy Lady, Theotokos and Ever-Virgin Mary

6:00 PM Vespers Divine Liturgy

Festal Evening Meal to follow

Wednesday, March 26

Leavetaking of the Annunciation

Synaxis of the Archangel Gabriel

Thursday, March 27

Martyr Matrona of Thessalonica (3rd-4th c.)

Friday, March 28

Ven. Hilarion the New, Abbot of Pelekete (ca. 754)

5:00 PM Confessions

5:30 PM 9th Hour & Typica

6:00 PM Presanctified Liturgy

Saturday, March 29

Memorial Saturday

Hieromartyr Mark, Bishop of Arethusa, Martyr Cyril the Deacon, of Heliopolis, and others who suffered under Julian the Apostate (ca. 364)

5:00 PM Memorial Saturday Panichida

5:20 PM Confessions

6:00 PM Great Vespers

Sunday, March 30

Fourth Sunday of Great Lent

St. John Climacus (of The Ladder)

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour

FOCA Meeting to follow