

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL

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Office Hours MTWTh
10:00AM-2:00PM

Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

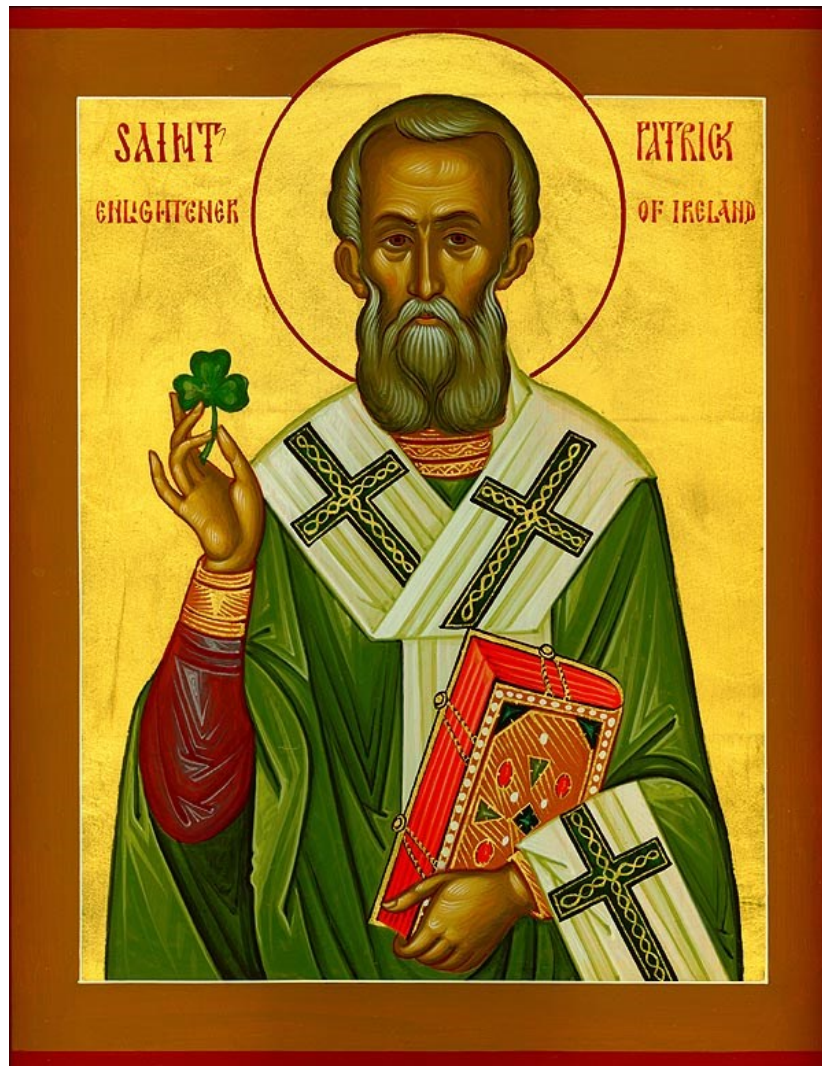
9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).
Previous Ambos on website.

Articles for publication
should be submitted to:

ambo-theodosius@googlegroups.com

MARCH 15, 2026
THIRD SUNDAY OF LENT
VENERATION OF
THE CROSS



Saint Patrick, the Enlightener of Ireland was born around 385, the son of Calpornius, a Roman decurion (an official responsible for collecting taxes). He lived in the village of Bannavem Taberniae, which may have been located at the mouth of the Severn River in Wales. The district was raided by pirates when Patrick was sixteen, and he was one of those taken captive. He was brought to Ireland and sold as a slave, and was put to work as a herder of swine on a mountain identified with Slemish in Co. Antrim. During his period of slavery, Patrick acquired a proficiency in the Irish language which was very useful to him in his

later mission.

He prayed during his solitude on the mountain, and lived this way for six years. He had two visions. The first told him he would return to his home. The second told him his ship was ready. Setting off on foot, Patrick walked two hundred miles to the coast. There he succeeded in boarding a ship, and returned to his parents in Britain.

Some time later, he went to Gaul and studied for the priesthood at Auxerre un-

der Saint Germanus (July 31). Eventually, he was consecrated as a bishop, and was entrusted with the mission to Ireland, succeeding Saint Palladius (July 7). Saint Palladius did not achieve much success in Ireland. After about a year he went to Scotland, where he died in 432.

Patrick had a dream in which an angel came to him bearing many letters. Selecting one inscribed "The Voice of the Irish," he heard the Irish entreating him to come back to them.

Although Saint Patrick achieved remarkable results in spreading the Gospel, he was not the first or only missionary in Ireland. He arrived around 432 (though this date is disputed), about a year after Saint Palladius began his mission to Ireland. There were also other missionaries who were active on the southeast coast, but it was Saint Patrick who had the greatest influence and success in preaching the Gospel of Christ. Therefore, he is known as "The Enlightener of Ireland."

His autobiographical Confession tells of the many trials and disappointments he endured. Patrick had once confided to a friend that he was troubled by a certain sin he had committed before he was fifteen years old. The friend assured him of God's mercy, and even supported Patrick's nomination as bishop. Later, he turned against him and revealed what Patrick had told him in an attempt to prevent his consecration. Many years later, Patrick still grieved for his dear friend who had publicly shamed him.

Saint Patrick founded many churches and monasteries across Ireland, but the conversion of the Irish people was no easy task. There was much hostility, and he was assaulted several times. He faced danger, and insults, and he was reproached for being a foreigner and a former slave. There was also a very real possibility that the pagans would try to kill him. Despite many

obstacles, he remained faithful to his calling, and he baptized many people into Christ.

The saint's Epistle to Coroticus is also an authentic work. In it he denounces the attack of Coroticus' men on one of his congregations. The Breastplate (Lorica) is also attributed to Saint Patrick. In his writings, we can see Saint Patrick's awareness that he had been called by God, as well as his determination and modesty in undertaking his missionary work. He refers to himself as "a sinner," "the most ignorant and of least account," and as someone who was "despised by many." He ascribes his success to God, rather than to his own talents: "I owe it to God's grace that through me so many people should be born again to Him."

By the time he established his episcopal See in Armagh in 444, Saint Patrick had other bishops to assist him, many native priests and deacons, and he encouraged the growth of monasticism.

Saint Patrick is often depicted holding a shamrock, or with snakes fleeing from him. He used the shamrock to illustrate the doctrine of the Holy Trinity. Its three leaves growing out of a single stem helped him to explain the concept of one God in three Persons. Many people now regard the story of Saint Patrick driving all the snakes out of Ireland as having no historical basis.

Saint Patrick died on March 17, 461 (some say 492). There are various accounts of his last days, but they are mostly legendary. Muirchu says that no one knows the place where Saint Patrick is buried. Saint Columba of Iona (June 9) says that the Holy Spirit revealed to him that Patrick was buried at Saul, the site of his first church. A granite slab was placed at his traditional grave site in Downpatrick in 1899.



Even Committee Announcement: There will be an *Event Committee meeting* on **Sunday March 22 2026** immediately after church. We will begin discussing potential events such as a Post Pascha event, restoration fundraising and our yearly picnic. ANYONE wishing to be on the committee should plan on being at the meeting if possible. ALL ARE WELCOME

Coffee Hour Quarter 1 2026

Questions/Concerns/volunteer? call Cathy Weber (412-215-1928)

January 4 Mary (anonymous sponsor)	February 8 Cathy & Tammy	March 8 (<i>Great Lent</i>) Heather Openshaw
January 11 Sarah & Mike Brennan	February 15 (<i>Meatfare</i>) Wayne, Gayle, & Shawna	March 15 (<i>Great Lent</i>) Cathy & Tammy
January 18 Joyce & Judy	(anonymous sponsor)	March 22 (<i>Great Lent</i>) Wayne, Gayle, & Shawna
January 25 Nikol	February 22 (<i>Cheesefare</i>) Parish Potluck	March 29 (<i>Great Lent</i>) Chris & Emiko Strah
February 1 Mary	March 1 (<i>Great Lent</i>) Joyce & Judy	

REAL BREAK 2026

A JOURNEY TO GEORGIA

May 19-29, 2026

Led by His Grace Bishop Gerasim of Fort Worth



College students and young adults (ages 18–25) are invited on a pilgrimage to Georgia, one of the world's oldest Christian nations, led by HG Bishop Gerasim of Fort Worth. Over ten days, we will venerate the relics of St. Nina, pray at Svetitskhoveli Cathedral where the Holy Robe of Christ is kept, and visit countless other sacred sites along the way.



**SCHOLARSHIPS ARE AVAILABLE!
SCAN TO LEARN MORE**



DEANERY MISSION AKATHIST TO THE CROSS

Come join your deanery family in prayer on the Third Sunday of Great Lent
The Sunday of the Cross

Sunday March 15, 2026 - 5:00PM
Archangel Michael Orthodox Church
5025 E Mill Rd, Broadview Heights, OH
A Lenten Meal Will Follow

It is customary during Great Lent to support the Deanery. Checks may be made out to St. Theodosius Orthodox Cathedral with Deanery in the memo field.



BUNA VESTIRE

OLMSTED TOWNSHIP, OHIO

ROMANIAN ORTHODOX CATHEDRAL

MAY THE
GOOD LORD
PROTECT
ALL HIS
PEOPLE
WITH THE
HOLY CROSS



DEAR FAITHFUL,

BUNA VESTIRE ROMANIAN ORTHODOX CATHEDRAL, IN OLMSTED TOWNSHIP OHIO, WOULD LIKE TO INVITE YOU TO REJOICE TOGETHER IN VENERATING THE MOST HOLY & LIFE-GIVING CROSS OF OUR LORD JESUS CHRIST!

THE HOLY CROSS VENERATION SCHEDULE:

FRIDAY, MARCH 20 (12PM- 8 PM)

SATURDAY, MARCH 21 (12 PM - 8 PM)

SUNDAY, MARCH 22 (12 PM - 8 PM)

THE IOCC CLEVELAND METROPOLITAN COMMITTEE

invites you to the

Bright Friday Dinner Dance

IOCC BANQUET FUNDRAISER

Friday, April 17 • Doors Open 6pm, Dinner 7pm

ST. SAVA SERBIAN ORTHODOX CHURCH

2151 W Wallings Road | Broadview Heights, OH 44147

Adult Ticket: \$60 | Children 6-12: \$20 | Children 5 & Under: Free

Families are welcome!

REGISTER ONLINE AT
ioccc.org/cleveland



Koinonia Akron

Inter Parish Young Adults Group

(ages 18 to 35 encouraged to attend)



Join us for our first
young adults get together.

- ◆ Meeting at The Nature Realm:
1828 Smith Rd. Akron
March 21st @ 10:00AM
- ◆ Lunch at Aladdin's
782 West Market St. Akron
- ◆ Enjoy easy hiking and fellowship.



For Questions Email Joshua Wherley: josh.wherley@gmail.com

PRAYER REQUESTS
3/15/2026

Deceased

Ivan Lavrisyuk

Kathleen Spickler

Special Intentions:

Subdeacon Theodore Lentz

Subdeacon Leon Felon

Reader Frank Tkacz

Reader Daniel Morris

Horia Dascalescu (*Lavinia's brother*)

Janice Tkacz

Eleanor Wachovec (*friend of Karen Felon*)

Rachel Ohlin (*relative of Tatiana*)

Jeffrey Parhamovich (*brother of Karen Felon*)

Margaret Parhamovich

(sister-in-law of Karen Felon)

Jean Woycitzky Thompson (*Frank's cousin*)

Debra Parhamovich (*sister of Karen Felon*)

Robert Martin Prock

Valentina Zawolowycz (*mother of Paul Z*)

Child McKenna Kranek

Betty Balasz

Elisabeth Lavrisiuk

Phyllis Gindlesperger

Jerry Czajkowski

Christopher Magee (*Brother of Erin Z*)

Barbara Sheean

Tamara Ponomarenko

Paige Benjamin (*Niece of Una Alexandrovic*)

Sara Wilmot (*friend of Tim Clos*)

Catherine (*niece of Judy Schwind*)

Elena Rich

Donald & Catherine & unborn child

Please submit names to the Prayer List by emailing them to Fr. Jan Cizmar
st.theodosiuscathedral@gmail.com

Or calling at 1 (440) 732-8182
Names remain on the list for 30 days unless requested otherwise.

ST. THEodosius IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



Sunday, March 15

Third Sunday of Great Lent

Veneration of the Cross

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour

5:00 PM Akathist to the Holy Cross

@ St. Michael the Archangel

5025 E. Mill Rd Broadview Heights, Ohio
44147

Monday, March 16

Martyr Sabinas of Egypt (287)

Tuesday, March 17

Ven. Aleksy (Alexius) the Man of God
(411)

6:30 PM Parish Council Meeting

Wednesday, March 18

Repose of St. Nikolai of Zhicha (1956)

4:30 PM Confessions

5:30 PM 9th Hour & Typika

6:00 PM Presanctified Liturgy

Brief lecture and Potluck to follow

Thursday, March 19

Martyrs Chrysanthus and Daria, and those
with them at Rome

Friday, March 20

The Holy Fathers who were slain at the
Monastery of St. Savva

4:30 PM Confessions

5:30 PM 9th Hour & Typika

6:00 PM Presanctified Liturgy

Saturday, March 21

Fourth Saturday of Great Lent

St. James (Jacob, Iago) the Confessor,
Bishop of Catania (8th-9th c.)

5:00 PM Confessions

5:30 PM Memorial Service

6:00 PM Great Vespers

Sunday, March 22

Fourth Sunday of Great Lent

St. John Climacus (of The Ladder)

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Coffee Hour

Event Committee Meeting to follow

BIWEEKLY SCHEDULE 2026



The Third Sunday of Lent is that of the Veneration of the Cross. The cross stands in the midst of the church in the middle of the lenten season not merely to remind men of Christ's redemption and to keep before them the goal of their efforts, but also to be venerated as that reality by which man must live to be saved. "He who does not take up his cross and follow me is not worthy of me" (Mt.10:38). For in the Cross of Christ Crucified lies both "the power of God and the wisdom of God" for those being saved (1 Cor.1:24).

3:00 PM A Concert of Sacred Music of
Lenten and Paschal Hymns
@Holy Trinity Orthodox Church 6822
Broadview Rd,
Parma

Monday, March 23
Martyr Nikon and 199 disciples with him
in Sicily (251)

Tuesday, March 24
Forefeast of the Annunciation
Ven. Zachariah the Recluse. St. Artemius
(Artemon), Bishop of Seleucia
(1st-2nd c.)

Wednesday, March 25
**The Annunciation of our Most Holy
Lady, Theotokos and Ever-Virgin Mary**
5:30 PM Typika
6:00 PM Great Vespers & Divine Liturgy
Festal Evening Meal to follow

Thursday, March 26
Great Canon of St. Andrew of Crete
Leavetaking of the Annunciation
Synaxis of the Archangel Gabriel

Friday, March 27
Martyr Matrona of Thessalonica
(3rd-4th c.)
4:30 PM Confessions
5:30 PM 9th Hour & Typika
6:00 PM Presanctified Liturgy

Saturday, March 28
Fifth Saturday of Great Lent
Saturday of the Akathist to the Most-holy
Theotokos
5:00 PM Confessions
5:30 PM Akathist
6:00 PM Great Vespers

Sunday, March 29
Fifth Sunday of Great Lent
St. Mary of Egypt
8:40 AM 3rd and 6th Hours
9:00 AM Divine Liturgy
Coffee Hour
*Holy Unction Mission Service @
St. Nicholas in Mogadore*
755 S. Cleveland Ave, Mogadore OH